

innovate

ISSUE NO. 16



Train 2 Gain

PRESENTS



WOMEN
OF THE YEAR

MEN
OF THE YEAR

Appreciation • Recognition • Motivation

2019

ISSUE DATE 17 DECEMBER 2019 NO.16



TABLE OF CONTENT

EDITORIAL

WOMEN OF THE YEAR

- Women Superachievers
- Most Influential Women
- Promising Talent
- Recognition Award

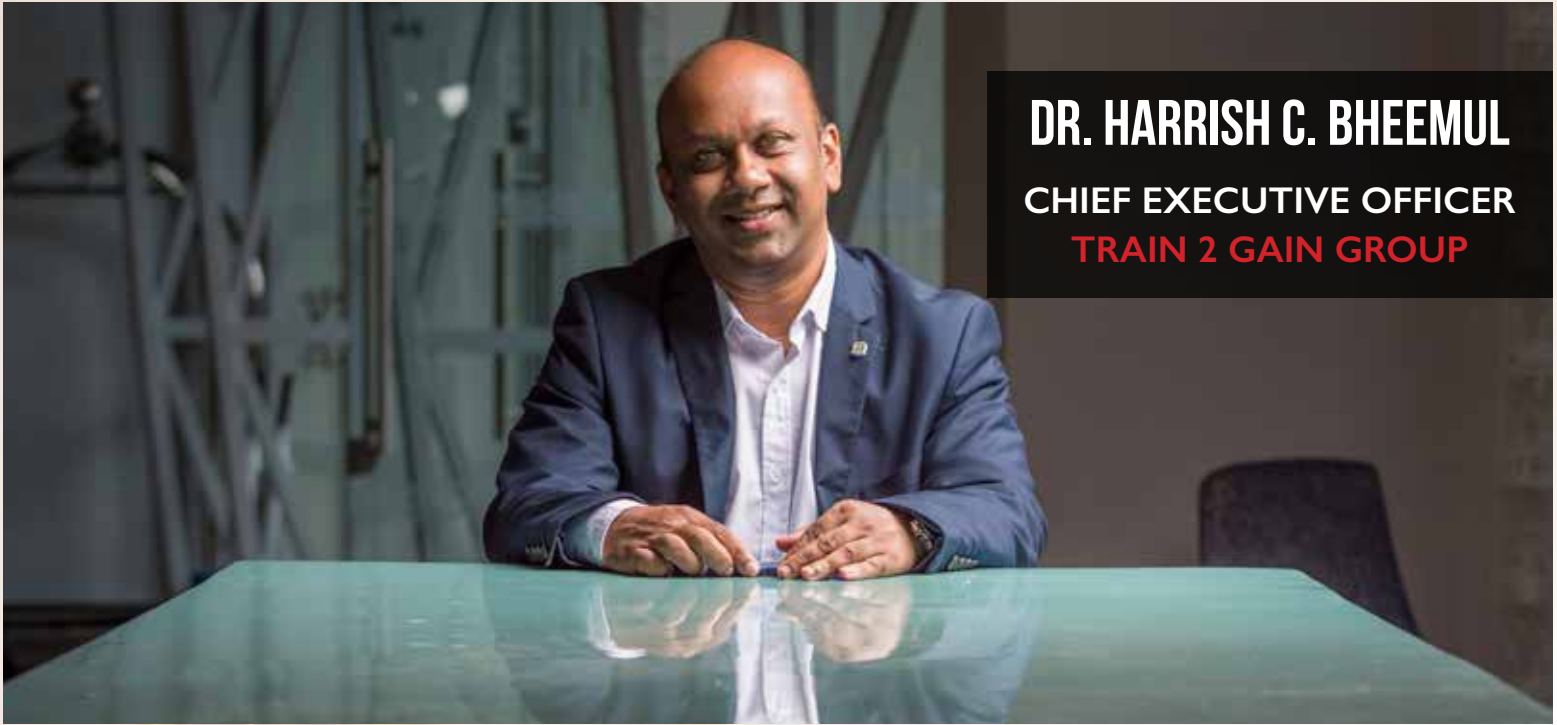
MEN OF THE YEAR

- Lifetime Achievement
- Men Superachievers
- Promising Talent

SECTORS

- AGRICULTURAL & ENVIRONMENTAL DEVELOPMENTS
- ARTS & CULTURE
- BANKING, FINANCE & INSURANCE
- BEAUTY, HEALTH & QUALITY OF LIFE
- BUSINESS & ENTREPRENEURSHIP
- CHARITY, VOLUNTARY & HUMANITARIAN
- EDUCATION, TRAINING, RESEARCH & CONSULTANCY
- FASHION & ENTERTAINMENT
- HOSPITALITY, TOURISM & CULINARY
- MEDIA & COMMUNICATION
- POLITICS, LEGAL AFFAIRS, PUBLIC SERVICES & GOOD GOVERNANCE
- SCIENCE, TECHNOLOGY & INNOVATION
- SPORTS & IMAGE AMBASSADORS





DR. HARRISH C. BHEEMUL
CHIEF EXECUTIVE OFFICER
TRAIN 2 GAIN GROUP

At Train 2 Gain, it was a tradition to celebrate womanhood every end of the year, and like the last three years, we were again au 'rendez-vous' to celebrate *'Women of the Year'* en fanfare...but this time, with a difference. For the very first time, *'Men of the Year'* has joined the party.

In fact, I have been frequently pestered by male friends, and somehow blamed for not doing enough to recognise their efforts in their particular areas. After serious considerations, the organisation committee finally decided to host *'Men of the Year'* to encourage the male counterpart in their endeavours as well as recognise and reward their outstanding contribution to their sectors of specialisation.

Initially, it seems to be a daunting challenge as the project management was more bulky, as well as the cost. Also with the general election closing in, the entire population was more focussed towards that national event, and the project was not a priority for many specially the potential sponsors. Despite few obstacles on the way, it was decided to execute *'Men of the Year'*, and today we are very pleased with the outcomes.

Scheduled on the 29 November at Pearle Beach Resorts and Spa, the event was graced by Lady Sarojini Jugnauth, the Chief Guest on the occasion. Although it was an event that will live in the memory of many of those present on the day, there were also a few important lessons learned. Firstly, men and women are here to co-exist; so let's celebrate success and happiness together, putting aside 'ego' and 'superiority complex' to the other side for a better survival. Also, I have seen individuals trying to tarnish this project with their acidic intention and destructive social media posts, while a few copycats have unsuccessfully attempted to replicate same.

Every time an attempt has been made to reduce the integrity of project, we rose to the challenge, re-invent ourselves and execute the project even better. Today, we stood tall, strong, and proud of what we have been able to bring upfront. We may be a small company, but the staffs at Train 2 Gain are the true heroes with big, big hearts and are behind the success of *'Men of the Year'* and *'Women of the Year'*. Without them, Train 2 Gain is nothing! Without forgetting all those individuals and companies who supported us unconditionally – our proud sponsors, stakeholders, business partners, family members and a few friends.

As the festive season is fast approaching, I only wish that '2020' brings us even more happiness, prosperity, success, wealth, better health, and many more reasons to celebrate.

Merry Christmas and Happy New Year 2020



Dr. Harrish Bheemul awarded *Outstanding Contribution to Business* on 4th December 2019 at the *Africa Leadership Awards 2019*.

LADY SAROJINI JUGNAUTH

WOMAN OF SUBSTANCE

Chief Guest







RAJESHWARI SUMBOO
MASTER OF CEREMONY



RAJESHWARI SUMBOO

MASTER OF CEREMONY

Rajeshwari is an outgoing and ambitious person with a unique blend of talents. Acting, dancing, playing football and badminton form part of her life. She is someone who believes that in order to achieve success in life, one has to keep going regardless of what comes in his/her way. With this determination, Rajeshwari has excelled in everything that she did till now: 1st

Princess (1st Runner-up) Miss India Worldwide Mauritius 2016; Miss Congeniality 2016; Rising Star – 100 Most Influential Women in Mauritius 2017; Emerging Leader – 100 Most Influential Women in Mauritius 2018; Winner of a Skit competition on the theme 'I have a dream for Mauritius' organised by the US Embassy in 2013 and Winner of a Reading Aloud Competition by the MCA in 2008.

Rajeshwari has been into sports since her childhood days - playing football with the neighbors, badminton with other children at school, and was involved in several other activities that shaped her into a better version of herself. In addition to being in the sports world, she is actively present in some of the NGOs: member of The Invaders Youth club, Secretary of the Shivaji Raje Bhosle Mahasangh association and member of the Art of Living Foundation (Mauritius). In 2018, she worked on a 40 weeks programme with the Art of Living Foundation, teaching the joy of dancing to around 40 children of 7 to 11 years.

She engaged herself in community service projects since an early age. Bringing a smile on many faces, making a difference in someone's life, creating happiness in simple ways and empowering others are what make her happy.

Her favorite quote: 'Go out and rock your goals!'

Keep going; ONWARD, UPWARD and FORWARD!



The world is a book, and those who do not travel read only a page.

- Augustine of Hippo



 **Train2Gain**
Team

DR. HARRISH C. BHEEMUL
Chief Executive Officer

SWASTI APPADOO
Head - Sales & Marketing

MANISHA POKHUN
Head - Business Operations

OORUSHA NUZOOA
Graphic Designer

PRIYANKA ITTEA
Project Support & PA to Director

RAJEEV ANNATOOAH
Logistics & Admin Officer



YKBS
HONORIS UNITED UNIVERSITIES

17 YEARS
OF TEACHING
EXCELLENCE

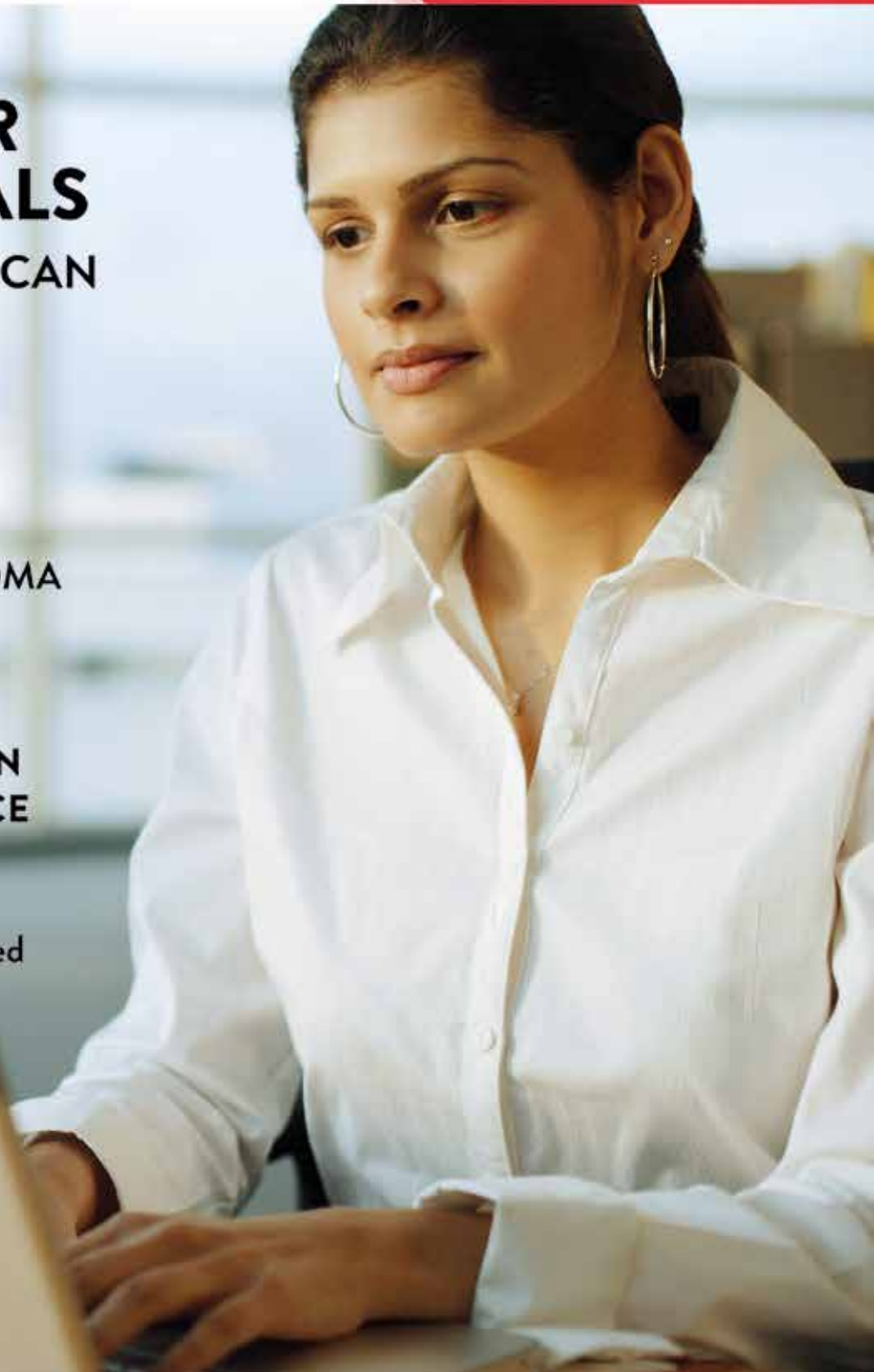
REACH YOUR CAREER GOALS

WITH A SOUTH AFRICAN
QUALIFICATION

CERTIFICATE
BACHELOR
POSTGRADUATE DIPLOMA
MBA

PREPARE TO COMPETE IN
THE GLOBAL WORKPLACE

- Internationally benchmarked
- Work-based assignments
- Online academic support
- Flexible payment plans
- Weekend workshops



DEGREES AWARDED BY



REGENT
BUSINESS SCHOOL
HONORIS UNITED UNIVERSITIES

2020 REGISTRATION
NOW OPEN

Belle Terre Road, Highlands 73604
698 9000 / 4087 / 5907 0719
registration@ykbs.ac.mu / ykbs.ac.mu


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR

WOMEN SUPERACHIEVER


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR



ADILA BUDULLAH

Exemplary Leader of the Year
Education, Training, Research & Consultancy

Adila Budullah is a woman entrepreneur, owner and director of Embrace Uniqueness Ltd. She was recently celebrated as being part of Africa’s Most Influential Women in Business & Government, 100 Most Influential Women in Mauritius and Promising Indian in Arts & Culture, CEO global Pan African Awards, Africa’s Most influential Woman in Business and Government Country Winner IOC 2018/19, World Woman leadership Congress & Awards and Pioneer Woman Leader 2019.

Born in Cape Town, South Africa, Adila has a General Psychology and a Montessori Education background as well as being a certified yoga practitioner. In 2008 she started working with children in Lagos, Nigeria, where she discovered her passion for education and making a difference in people’s life. She was engaged in teaching at schools and found her predilection for storytelling time with young children. Adila volunteered at orphanages and charity fundraising events in the city. Working as a teacher with Helen O’ Grady Drama Academy Nigeria brought a new

awakening in her with witnessing how effective and powerful “educating through drama” is.

Pursuing her dream of helping individuals to reach their full potential, she provides development through theatre arts courses, speech & communications courses, yoga classes and motivational talks. Performed by Adila with the objective of helping people on an emotional and mental level to make changes in their lives and within themselves.

Adila does talks in various events, organisations and schools while she relates her personal experiences to the audience. Not everyone evaluates their significant life experiences to determine if those experiences could be helpful to others.

The idea of Embrace Uniqueness originated from the belief that as individuals we are unique and embracing this notion can only lead us to become better beings. Everyone has the capacity and capability to do something phenomenal with their life. When one unlocks one’s imagination, possibilities open up. The path to discovery of the self and what makes us unique requires passion, confidence, self-esteem, serenity and a healthy body.

HER STORY

The idea of Embrace Uniqueness originated from her belief that as individuals we are unique and embracing this notion can only lead us to become better beings.

Everyone has the capacity and capability to do something phenomenal with their life. When you unlock your imagination, possibilities open up.

The path to discovery of the self and what makes us unique requires passion, confidence, self-esteem, serenity and a healthy body.

HER MISSION

To achieve positive development and fulfillment of self through fun and creative programmes in yoga and drama as well as motivational talks.

“ Success is not final, failure is not fatal. It is the courage to continue that counts.”

– Adila Budullah

WOMEN
OF THE YEAR

WOMEN
Super
Achievers



ANISHTA BABOORAM

Exemplary Leader of the Year
Media & Communication

—◆◆◆—
Stand for something or you will fall for anything. Today's mighty oak is yesterday's nut that held its ground.

- Rosa Parks



ANOORADAH POORAN

Exemplary Leader of the Year
Charity, Voluntary & Humanitarian

Dr. Anooradah Pooran was born on 29 December, 1959 at Curepipe, Mauritius.

Dr. Anooradah Pooran was educated at Faculty of Agriculture, Zoology University of Rajasthan – Jaipur – India and Indian Board of Alternative Medicines – Kokatta - India. She served as Director, Grand Ma's Secret Infusion, Mauritius; She has served as trainer and consultant with the Ministry of Environment, Food and Agriculture Research Institute; She has provided training on medicinal plants to women in Mauritius and Rodrigues in collaboration with "Switch Africa Green" in 2019. Dr. Anooradah Pooran is a Life member of the Global Forum on Natural

products from the Zoology University of Rajasthan. She received her degree as Doctor of Neuropathy / Natural Medicine in 2017 By the Indian Board of Alternative Medicine – N.D./N.M.D.

Dr. Anooradah Pooran immensely contributed to alternative medicines through Research on Medicinal plants – She has formulated twenty-four varieties of infusion from medicinal plants to cure specific illnesses which is unique in the world with her own formulation and IPP. These herbal infusions are sold all around the world.

Dr. Anooradah Pooran is a Life member of the Global Forum on Natural products from Rajasthan and a life member of the World Noni Research Institute and AYUSH – INDIA. Dr. Anooradah Pooran is also the Winner of SANBio (Southern Africa Network for Bio Science)

International Society for Noni Science has conferred Fellowship on Dr. Anooradah Pooran during its Annual General Body Meeting held at University of Madras, Guindy Campus, Chennai, Tamil Nadu on 24 March 2019. Dr. Anooradah Pooran is conferred with Fellow of International Society for Noni Science for the year 2018-19 in recognition of her contributions in the field of Agricultural Science / Noni / Biological Sciences

Dr. Anooradah Pooran has won the Gender Links Award in July 2019 for her commitment in conservation of medicinal plants through a project in 10 colleges. She also won the SME Excellence Award June 2019.

Dr. Anooradah Pooran born as a social worker has served the country on many National boards pertaining to child rights, domestic violence's, National Solidarity Fund, NGO Trust Fund, Gender equality, the Mauritius Council of Social Service and is at present a Board Member of the Steering Committee of GEF/SGP.UNDP.

"Don't judge each day by the harvest you reap but by the seeds that you plant."

-Robert Louis Stevenson

**WOMEN
OF THE YEAR**

**WOMEN
Super
Achievers**



ANOUCHEKA SWEETY GANGABISSOON

Exemplary Leader of the Year
Arts & Culture

Anoucheka Gangabisssoon is a Primary School Educator in Mauritius. She writes poetry and short stories as hobby. She considers writing to be the meaning of her life as she has always been influenced by all the great writers and wishes to be, like them, immortalized in her words. Her works can be read on poetrysoup.com and she had also appeared in various literary magazines like SETU, Different Truths, Dissident Voice, In Between Hangovers Press, WISH Press, Tuck's Magazine, Blue Mountain Review, among others. She has also been published in Duane's

Poetree and also in two anthologies for the Immagine and Poesia group. Her poems are often placed in free online contests. She has been selected to be among the Most Influential Women in Mauritius for the 2017 category Arts and Culture and she has also been awarded as a Promising Indian for the year 2017 for the same category. In 2018, she has been selected to be again among the Most Influential Women of Mauritius and in 2019, she was selected to be one of the three nominees for the National Awards, carried out by the Ministry of Arts and Culture.

I aim to involve the youth, at both the primary and secondary levels, through projects and workbook activities, in writing. Writing can be a cure, a therapy, a release and it can be a useless tool to help the youth against the social ills which threaten them. I have met and interacted with college students and they were very keen to participate in writing activities which I may host during the coming year, subject to proper sponsoring through concerned organisations. These activities include the setting up of a magazine for the youths, made of their own writing and made of writing competitions based on different themes and subjects.

PUBLICATIONS

I have more than 400 poems published on my blog:-anoucheka.blogspot.com and on poetrysoup.com. On Poetrysoup, I have taken part in a lot of free poetry contests and I have been placed many a times among the winners. By saying they are free, I mean I pay no fee to take part in these and also I get no reward other than seeing my name listed among the other winners on the site. But, they are of international level. Participants come from all over the world and so do the contest judges.

I have also been placed among the winners for an international poetry contest based in Italy, called the Gli Amici di Guido Gozzano for two consecutive years.

I have appeared in various online and printed literary magazines and anthologies scattered all around the world. I have been published in Canada, Africa, Ireland, UK, USA, Italy and India. Hence, as a poet and short story writer, I do raise the status of Mauritius in the international literary field.



ARTEE BEEGOO - MADHUN

Exemplary Leader of the Year
Banking, Finance & Insurance

Artee is a:

- Certified Fraud Examiner (CFE), USA
- Fellow of the Association of Chartered Certified Accountants (FCCA), UK
- Member of the Advisory Council of the Association of Certified Fraud Examiners, USA
- Mentor Certified Fraud Examiner - International
- MQA Approved Trainer up to NQF Level 8

with substantive experience in the field of Financial Crime Prevention and Deterrence, Business Assurance, Internal & External audit, Risk Management and Taxation, most of which were gained in the UK.

After having spent over a decade in the UK looking after a portfolio of more than 200 clients consisting of High Net Worth individuals, Trust, Lloyds Underwriters, Owner

Managed Businesses, Contractors, Property businesses & many others, she took on the role of Internal Auditor at a SEM listed company, with expertise in Financial & Technological services, Hospitality, Logistics and Property.

She then moved to Research & Development, Design and Delivery of professional training, involving finance, auditing, fraud deterrence, for different Firms and Regulatory Bodies. Her innovative training was highly appreciated and she was referred to as 'an expert' in her field.

She is now MD of Keynes Training, a leading accredited training institution regulated under the remit of the Ministry of Education and Human Resources of the Republic of Mauritius, with a team of more than 50 subject matter Experts and Consultants, ranging from 20 to over 40 years of extensive industry experience.

Her company offers a series of innovative, cutting edge, pro-active and practical skills and tools on Compliance, Risk Management, Treasury, Fraud & Credit Risk, Banking, Financial Analysis, Prevention And Detection Of Fraud, Financial & Cyber Crime, Combating the Financing of Terrorism, Money Laundering, Human Trafficking, Corporate Finance training and crash courses leading to internationally recognized certificates, and many other adhoc training to give both the firms and professionals of the private and public Financial sectors (Banks and Non Banks), Regulators & Law Enforcement, a competitive edge.

Artee has also written articles on Artificial Intelligence for the financial services sector, Fraud scheme such as Pork Barrel Politics, Rent Seeking, Ear Marking and other articles on how to reduce stress at the workplace.

An original thinker; solution driven, results-oriented professional, proactive and dedicated to quality, honesty and loyalty, she sets her motto as 'think outside the box'.

To enhance the training solutions provided by Keynes, she expanded its services towards highly effective automated solutions to corporates enabling them to achieve their compliance goals, meet local & global regulatory compliance requirements, monitor transactions, perform risk based profiling of clients, due diligence, crack down financial crime & money laundering in the process, report on FATCA & CRS, manage fraud risk & provide other business intelligence to keep corporates ahead of competition and protect their stakeholders. The automated solutions provided, are suitable for financial institutions (Banks & Non Banks), Insurance companies, Mobile Money service providers, Securities & other types of businesses.



CHARON POTIÉ - JOSEPH

Exemplary Leader of the Year
Education, Training, Research & Consultancy

Charon Potié-Joseph is presently the Executive Director of Safe and Sound Academy situated at avenue D'Épinay Quatre Bornes, which is an educational institution with more than 200 children and 52 employees.

Mrs Potié- Joseph is described as a 21st century leader who keeps on inspiring the new generation. In 2018, She was listed among the Top 30 Women (Hall of Fame) of the '100 Most Influential Women of Mauritius', awarded by the Promising Indian Society in the Category Education, and listed among the Africa's Women Leaders by CMO Asia.

Over the past 12 months Charon follows different courses as she believes that learning is a lifetime process. She has recently completed her MBA from Northampton University. On the same line of thought she provides Education and Training to needy children from different NGO's and to the Women of Safe and Sound Academy.

Mrs. Charon Potié- Joseph, is that kind of lady who once you met she has already left her footprints in your life. She firmly believes in meritocracy, making it a point woman are rewarded accordingly. Having at heart Education for all children, she works in collaboration with specialist on a tailor made curriculum to create leaders of our society. Mrs. Charon Potié-Joseph has the skills to identify talents in people and transform them into professionals through her advice, coaching and support. My Biography: since 1 July 2019, I have been nominated Lions Zone (52) Chairperson for the District 417.



DORIS CHITSON

Exemplary Leader of the Year
Education, Training, Research & Consultancy

**END OF YEAR
PROMO**
UP TO
20% OFF
ON SPARE PARTS & ACCESSORIES
TILL 31 DEC 2019

PKL
AUTOPARTS

Cim finance >>>
CREDIT FACILITIES

Non Contractual photos While stocks last

WOMEN
OF THE YEAR

WOMEN
Super
Achievers



HARSHANI MAHADOO

Exemplary Leader of the Year
Media & Communication

Harshani Mahadoo is a young professional in the field of Media and Communication. She pursued her studies in Economics and International Business, Finance and Accounting, Human Resource Management, Marketing and Communications, Business Management and Life Coaching. She also has an academic background in law. She previously worked at Sunday Times as a journalist then Mauritius Broadcasting Corporation as a radio and television presenter, as well as a journalist. She left the MBC in 2019 to join Wazaa FM. In October 2019, she decided to join politics and became a candidate of the Reform Party. Tough elections, she was listed among the top 15 in 39 candidates who postulated in constituency number 12. Yet, she continues doing social work and has various projects to help people in need and young professionals who want their talent of leadership to be recognised.



WOMEN
OF THE YEAR

WOMEN
Super
Achievers

KRITILATA RAM

Exemplary Leader of the Year
Charity, Voluntary & Humanitarian

KRITILATA RAM has a good career path, started from Stenographer to Senior Adviser to the former Prime Minister of Mauritius. She comes from a very modest family from Tranquebar and now married in Triolet. Her main asset in life is education and is thankful to her parents for providing her with, despite extreme poverty. She has helped and supported vulnerable people and a great social worker for the last 36 years of the northern regions of Mauritius and she believes that to alleviate poverty in the country, money is not the only solution. "Program to accompany the people and empower them are very important. Then only absolute poverty can be eliminated". To her, focus should be on laying emphasis on quality education and training in vocational activities, then only will the vulnerable and disabled be able to integrate the society".

Mrs K Ram is also the Founder Director of a Disabled school in Triolet where lots of disabled children are studying. She sets up an NGO in 2006 and in 2013 with other friends and the authorities, she opened the disability centre. She persevered despite all the odds and worked very hard. Her NGO SSRDSC received the best NGO Award in the disability sector in Mauritius and the children participated in the International Convention on Students Quality Control circles held in Lucknow, India.

In addition to the disability Centre, Kritilata Ram is a fervent advocate for the empowerment of women. In 2017 she was elected and nominated as chairperson of Training, development and promotion of SMEs in Mauritius for MACOSS. "Since then I have been organizing training sessions to empower women in NGOs on different topics such as customer care, work ethics, leadership and communication skills." She is also connected to numerous NGOs having as main goals the following: Eradicate poverty, empower less fortunate women. According to her "The purpose of life is not to be happy only but to be useful, responsible and at the same time to be compassionate." She is a strong believer in women capacity and potential, "if given opportunities women will prove their mettle as being socially responsible for their community all over the world" and according to her Women's Rights are a global struggle based on universal human rights. She has taken the challenge that women should be empowered and has been working very hard since 2007 to ensure women's equal access to and full participation in power structures and decision-making while at the same time, they have to face lots of obstacles, opposition, embarrassment, criticism but are proud that they do finally take risks.

As Social Facilitator of the Trust fund for the Social Integration of the vulnerable groups, she has carried out various projects for uplifting women in some pockets of poverty, by providing them financial means for needy women so that they might be able to stand on their own feet and to bring autonomy to housewives caught in the poverty circle. She provided tools and equipment for farming and cultivating crops, vegetables and fruit to women in Pointe aux Piments in the agricultural field and set up workshop in the northern regions on Adult literacy and Numeracy with a view to empower the illiterate women of the village. Among others, she provided financial means for the setting up of a polyvalent centre known as Arc de Noe in Pamplemousses, where various courses are given to the girls and women of the regions in order to integrate them in the mainstream of development process of the country.

WOMEN
OF THE YEAR

WOMEN
Super
Achievers

WOMEN
OF THE

f Women



WOMEN
OF THE YEAR

Appreciation • Recognition • Motivation

f Train 2 Gain Advertising

LALITA DEVI PURBHOO - JUNGEE (ANOUSHA)

Business Superachiever
Business & Entrepreneurship



MANISHA DOOKHONY

Exemplary Leader of the Year

Education, Training, Research & Consultancy

Harvard educated, Ms Dookhony is an economist advising government and industry leaders across Africa. She is the Managing Partner of Rwenzori Consulting. The primary focus of her work is Private sector development with focus on business, Investment and trade. She has advised several agencies and heads of states on adopting game changing strategies for economic development in Rwanda, Namibia, Ethiopia, Mauritius, Madagascar, Burundi amongst other. She has served for 5 years as Senior Advisor to the government of Rwanda. Mrs Dookhony currently is the Senior Advisor to the government of Madagascar on Investment and economic development Strategy.

Manisha Dookhony has negotiated and assisted the negotiation of several International treaties and agreements in Rwanda, Mauritius, and Madagascar that aim at the expansion of businesses opportunities. She has drafted the national Business Sector Roadmap for Mauritius.

In Rwanda, Manisha has participated in the Elaboration of the Private sector development and Youth employment strategy for Rwanda and the Export Strategy and drafted the Market master plan for Rwanda. Ms Dookhony is the artisan for the new investment law of Rwanda which has served to enhance the business environment of the country and attract more investment.

Some of her achievements include the creation of a Light manufacturing Special Economic Zone in Madagascar in 2019. This zone will be developed jointly by Mauritius and Madagascar. Ms Dookhony is currently assisting in the putting up of the legal and enabling framework for the development of new Economic zones, and expansion of Investments.

In Mauritius, she has helped in the lowering of tax and customs duty regime in Mauritius, led the initiative for the creation of a new commercial court, and advocated for the development of new pillars for innovation in the economy.

In Rwanda, Manisha has led the creation of a new mechanism for Public Private Dialogue, the draft of a new law to facilitate investment in Rwanda. She has also led several initiatives for the overall improvement of the competitiveness and business climate in Rwanda and Mauritius. Both countries are now in the top 40 of the Doing Business Index- 1st and 2nd in Africa.

Manisha Dookhony currently heads the Harvard Alumni Group in Mauritius. She headed the Harvard Alumni group in Rwanda for 5 years. She has served until 2018 as the vice chairperson for worldwide Harvard Kennedy School Alumni Association. Over the past few years, Ms Dookhony has also been conducting successful capacity building on leadership, policy making and management. Her advice is regularly solicited by heads of states and government for policy advisory. She regularly intervenes on high level panels including the Namibia Economic Growth Summit in July 2019 and the Mauritius Mozambique Business Summit in February 2019. Manisha intervenes regularly on national media Tv, Web Tvs, Radio, Newspapers and Magazines on Economic and political matters.

WOMEN
OF THE YEAR

WOMEN
Super
Achievers



MEERA KHUNDOO

Exemplary Leader of the Year
Hospitality, Tourism & Culinary

WOMEN
OF THE YEAR

WOMEN
Super
Achievers



NIRUSHA ROUTH - RAMESSUR

Exemplary Leader of the Year
Fashion & Entertainment

Director of Krumania Dance Academy (KDA), Nirusha Routho Ramessur is a lady full of passion with an energetic personality. Never knowing how to pause, the success of KDA is the fervent contribution of each of its members.

Actually driven by the passion for choreography and design Nirusha perfectly amalgamates the two to rise and outshine the artistic aspect of her talent. Her career path has been full of hurdles, being a girl who dances she had to break through the stigmatizing perception of people. She has proved that performing as a dancer and entertaining her audience is not a pejorative element and now the Krumania troupe is largely invited in public and social functions.

On a social basis she open up to youngsters in distress and whom need psychological and moral support. Through her academy she welcomes people who are abused or seen as a threat to the society. She believes that one should not judge others by their appearance but try to understand their personality. She came across young people victim of drugs, thus working on molding them into a new life direction.

Her message for women is to never give up on your dreams and passion, however negative it might be painted by the outside world, dream it and live it to bring the consciousness in others.



NISHTA JOOTY

Exemplary Leader of the Year
Charity, Voluntary & Humanitarian

Nishta JOOTY is a highly motivated, dynamic, flexible and versatile person with an educational background in the pharmaceutical and management fields and more than 11 years of international working experience and a passion for social work. She is a Rotarian, a YALI Fellow and an African Changemakers Fellow.

Nishta holds a Master Degree in Health Engineering from the Faculty of Pharmacy, University of Montpellier, France and a Master of Business Administration (MBA) from the Open University of Mauritius. For her, learning is a never-ending process. She is now doing a Bachelor of Laws, LLB through distance learning.

Nishta has worked in the pharmaceutical industry in France at Sanofi-aventis and Bristol-Myers Squibb for a few years before coming

back to Mauritius. In Mauritius, she has worked in different fields of work, mainly in communication, marketing and PR.

Nishta is a gigpreneur. She currently works as a freelance consultant in the pharmaceutical field and her main activities consist of medical writing and clinical research monitoring. She is the chairperson of an independent ethics committee to review clinical trials applications. She also works as a part-time lecturer in communication, marketing and management.

Nishta is a Past President of the Rotary Club of Vacoas. Through her different affiliations, she has worked on various projects from which the community has benefited.

Nishta is passionate about the empowerment of women. As a leader and a role model, she encourages women to be assertive, to be confident and to dare to be different. She aims to improve the community by training people, especially women and young people, to enable opportunities through skills development.

Nishta is a member of the Civil Society Network against Corruption and has participated in the various conferences organised by the Africa Union to find solutions to fight against corruption in Mauritius.

Nishta is working for a Mauritius where there are equal opportunities for everyone, where young people are given the opportunities they deserve, where women are empowered and where the population has a say in all matters concerning the country.

Nishta was nominated and selected as one of the 100 most Influential Women in Mauritius in 2016, 2017 and 2018.

VISION AND FORECAST

I dream of a Mauritius where there are equal opportunities for everyone, where young people are given the opportunities they deserve, where women are empowered, where there is no corruption and where the population has a say in all matters concerning the country.

WOMEN
OF THE YEAR

WOMEN
Super
Achievers



NOEMI ALPHONSE

Exemplary Leader of the Year
Sports & Image Ambassadors



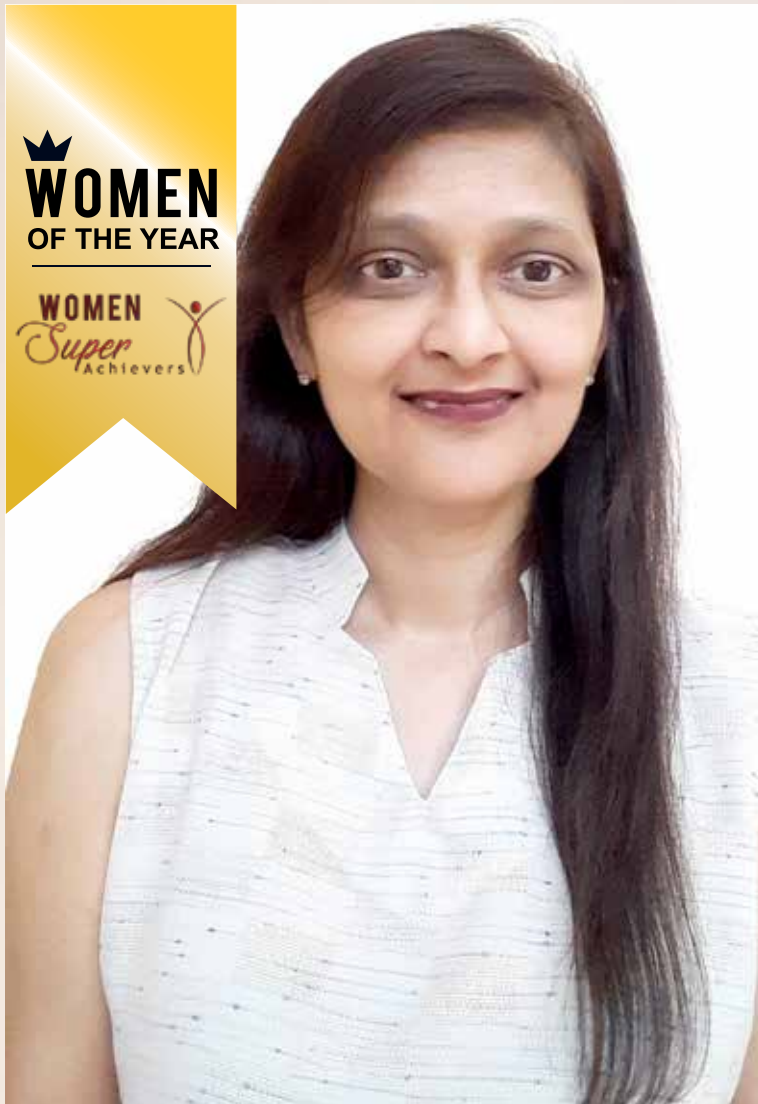
NORINA SOOKMOULLA

Exemplary Leader of the Year
Beauty, Health & Quality of Life

Norina Sookmoulla is a licensed pharmacist and social entrepreneur with nineteen years of experience in diverse areas of pharmaceutical sector ranging from Government, Retail and Wholesale divisions. She has a structured and pragmatic approach combining strategic planning, customer care, and a passion for enhancing and improving the quality of healthcare of every member of the community. The latter is crystallized in the mission and vision of her pharmacies Noripharm and Noorpharma as 'Votre Santé Notre Priorité (i.e. Your Health & Well Being Our Priority).

Norina is an International Award winner in many categories such as:

- 50 Most Impactful Healthcare Leaders;
- Femina Award;
- Pharma Excellence Award;
- Leadership Award;
- Promising Indian African Award;
- PAN African Brand Ambassador Award.



PRIYA DEELCHAND

Exemplary Leader of the Year
Education, Training, Research & Consultancy

Priya Deelchand is the founder and Managing Director of Success Strategies Consultants Ltd, a private company and registered MQA Training Institution created in May 2009. The company specialises in training and development of corporate leaders, managers, employees and motivated individuals.

Since December 2008, Priya has been working as a Life and Corporate Coach with clients in USA and Europe providing guidance on personal and professional development and helping them maximise their potentials to achieve growth and success. Priya is a regular author of articles on success, personal development and self-esteem in numerous online magazines namely ezinearticles and selfgrowth amongst others.

Priya conducts several workshops in Mauritius on leadership, peak performance, emotional intelligence, communication

success principles, self-esteem and motivation for corporate and individual clients. The aim of these workshops is to help CEOs, managers, executives and employees across all industries make better decisions, improve organisational productivity and achieve personal growth and fulfilment. Her clients include managers, executives and employees of more than 100 companies in Mauritius.

Priya also conducts one-on-one coaching sessions with clients on Law of attraction, Emotional Freedom Techniques, Emotional Intelligence, Power of Mind, amongst others. The aim of these coaching sessions is to help people achieve their goals and live happier and more fulfilled lives by overcoming their limiting beliefs and eliminating their emotional blocks.

Before establishing Success Strategies Consultants Ltd, Priya worked in the financial sector for almost 10 years as Fund Manager in most of the largest Asset Management companies in Mauritius. She holds a Master in Management from L'Ecole Supérieure de Commerce de Toulouse (Toulouse Business School), France and an Undergraduate degree in Economics from Université des Sciences Sociales de Toulouse, France. Priya is also a Certified Law of Attraction Practitioner from The Law of Attraction Training Center, USA and a registered MQA Trainer in the field of Management. Priya has also completed the foundation course in Science of Mind and the 5 years Science of Mind Practitioner course (UK).

Priya always believed that we are all unique and have unlimited talents but we are not aware of it. That is why, she left the financial sector to follow her passion to empower people and help them unlock their unlimited potential.

All throughout the year 2019, Priya has continued to use her training skills and experience to make a positive difference in the lives of people. In April 2018, she created the group "Awaken Yourself, Awaken Mauritius" on Facebook where she shares daily empowering messages to Mauritians to help them change their mindsets, free themselves from their limiting beliefs, awaken their dormant potential and live happier and more fulfilled lives. Priya strongly believes that by raising our individual level of consciousness, we will contribute to raise collective consciousness in Mauritius and make our country a better and more positive place to live. All Mauritians are warmly invited to join this group.



"Happiness is not in the mere possession of money; it lies in the joy of achievement, in the thrill of creative effort."
- Franklin D. Roosevelt



RANI BALLOO

Exemplary Leader of the Year
Beauty, Health & Quality of Life

Mrs Rani Balloo earned her certificate as a Nurse from the Nursing School of Mauritius and worked as a Nurse in the Government Hospitals. After her fifteen-year career as a Nurse, She decided it was time for a change of scenery and moved to the Private Sector as a Diabetes Educator in year 2002.

From then on she became extremely involved in the fight against diabetes which is a huge scourge

She was the Founder and past President of a Non Governmental Organisation, the Diabetes Parents Support Group, which she founded in Year 2006. Under her leadership the NGO won two awards for work done at Community Level:

- (1) The National NGO Award in Year 2011
- (2) The Barclays Colours of Life Award 2013, in the category 'Health & Wellness'

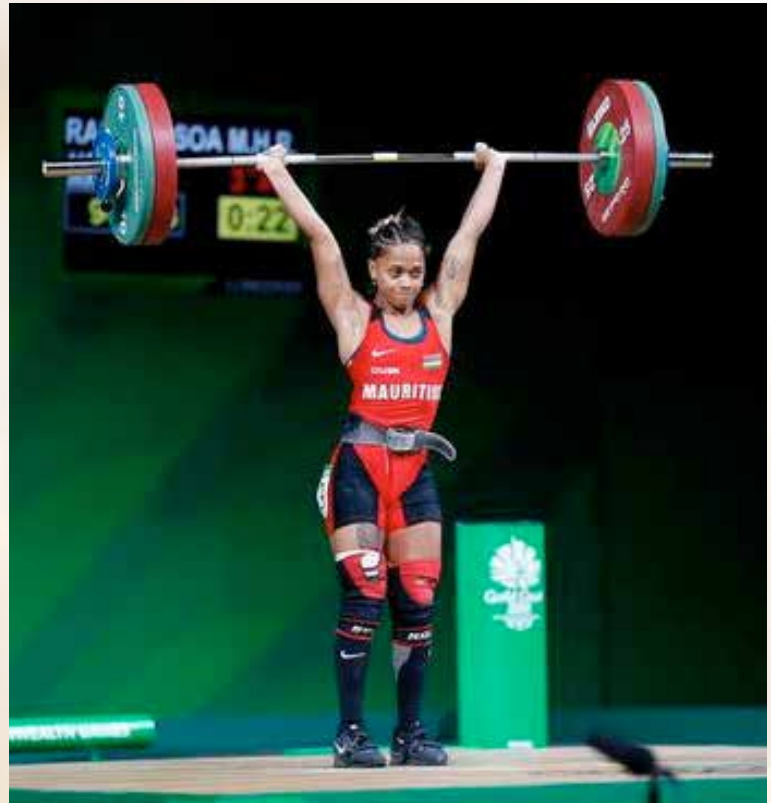
After having rebranded her services and that of her team, she is now operating under Diabetes Safeguard.

Mrs Balloo has spearheaded many of her own projects in the field of diabetes, which have been of immense benefits to the community and whose benefits the Mauritian citizens are still reaping.

1. Community level support to children with Diabetes, Phase 1: Funded by the Social Integration of Vulnerable Groups: Year 2006
2. Community level support to children with Diabetes Phase 2: Project funded by the Barclays Bank:Year 2007
3. Improving the Quality of Life of Children and Adolescents living with Diabetes in Mauritius: Funded by the Decentralised Cooperation Programme:Year 2008
4. Supporting Children with Type 1 Diabetes through Home Visits: Funded by the Prime Minister's Office and the Ministry of Gender Equality:Year 2009
5. Support to Children with Diabetes in Rodrigues: Funded by Toyota Mauritius: Year 2010.
6. Point of Care Service through Mobile Clinic started in November 2011: Funded by the European Union and State Bank of India.
7. Integrated Management of children with diabetes: Funded by the Prime Minister's Office and the Ministry of Gender Equality: Year 2012.
8. Promoting awareness of the Type 2 Diabetes Epidemic threatening children and adolescents in Mauritius:Funded by the Decentralised Cooperation Programme: Year 2012-2013.
9. Community Diabetes Educators Training: year 2013, Funded by the Barclays Bank.
10. Opening of 10 Diabetes Micro Clinics in pockets of poverty, to support vulnerable people with diabetes and prediabetes.
11. Preventing type 2 diabetes: Population and Community Level Interventions in High Risk Groups and the General Population: Project is ongoing.
12. Project in pipeline: Mdiabetes: a Diabetes Management System for Mauritius: A mobile app to help Mauritians to better control 'anytime' and 'anywhere' their diabetes. Funding is being sought for this project
13. Project started last year and still under implementation: Life Course Approach to Diabetes Prevention Initiative: Investing in the First 1,000 Days of a Baby.
14. Project in pipeline:Women Empowerment: Empowering female sex workers in Mauritius to guarantee their health rights.

**WOMEN
OF THE YEAR**

WOMEN
Super
Achievers



ROILYA RANAIVOSOA

Exemplary Leader of the Year
Sports & Image Ambassadors



SAMEERA KOYRATTY - CHATTUN

Exemplary Leader of the Year
Education, Training, Research & Consultancy

Sameera is a graduate student from Universiti Putra Malaysia (UPM) & University of Southampton. With 15 years of experiences, the 38-year old Mauritian entrepreneur successfully transformed from being an employee to an employer. She comes with extensive background in product development and has played a variety of roles including Project Management Specialist, Release Management Professional, Coaching, Mentoring and Sales. Sameera has a decorated work history. She has served as a sales person, an IT manager cum Assistant Shop Manager, Assistant Showroom Manager, Manager & Information Technology Trainer and Managing Director in several companies, she organises International Conferences meeting women directors all over the world, consultancy

for other companies to finally open her own company where she is now the Chief Executive Officer.

Just Recently, she has taken up a new challenge in the manufacturing sector where she took up a family business which is named: “Beach & Sportswear Ltd”. Her new company deals with swimsuits and sportswear for kids, women and men.

Hard work pays off and that has been the case for the business-minded sameera. She won several awards such as:
Year 2016 - World Innovation Congress as Mentor & Coaching of Women Entrepreneurs.

Year 2016 - 100 Most Influential Women in Mauritius, in the category of Finance & Technology.

Year 2017 - 4th World Women Leadership congress as Women Super Achiever Award by Femina. Year 2017 - Top 25 Most Influential Women in Mauritius “Hall of Fame”.

Year 2017 - The Africa’s Most Influential Women Leaders Award by CMO Asia.

Year 2018 - 5th World Women Leadership congress as Women Super Achiever Award by Femina. Country Winner 2018 – Category Education – by the Pan African Awards, Women in Business and Government.

Year 2018 – JCI Mauritius, The Outstanding Young Person Award.

Year 2018 – Women Super Achiever Award

Year 2019 - Pioneer Women Leader - 6th World Women Leadership congress by Femina.

Year 2019 – (WOW) Women of Wonder award – by Panache International

Year 2019 – Regional Winner – Category Education – by the Pan African Awards, Women in Business and Government.

Leaving the boundaries of our island she also coaches women around the world through **Cherie Blair Foundation**, where is now a registered International Mentor. She believes that women empowerment is to let a woman live with self-worth, respect and dignity.

She is also the Chapter Lead in Mauritius for **Women in Tech Africa**.

She is the assistant secretary for the **AMFCE** (Association Femmes Chefs D’Entreprises)

She thinks we are the best role models for women like us are people who are fruitfully and confidently themselves who bring light into the world.

She feels that her experience, her confidence and her passion can make her achieve a lot. Little Girls with Dreams Become Women with Vision.



WOMEN OF THE YEAR
WOMEN Super Achievers

SHAHEEN ANNA TORAUB

Exemplary Leader of the Year
Charity, Voluntary, & Humanitarian

Anna Shaheen Toraub, diploma in International Tourism with 13 years of Experience in the Financial sector. Being passionate about economics and politics i am a member of the Mauritius Economic Society, a platform for exchanging ideas.

I would like to express my participation for the Prestigious Women of the Year Awards 2019 Category Woman Super achiever.

The problems of society that are facing nowadays has initiated in me an eager to bring changes and thus 2012 i join the Rotary club gaining lots of experience and meeting lots of people has given birth to the Rotary club of floreal where i was the Charter president in 2016-2017. President 2017-2018 and Past President 2018-2019 and also Honorary member of Rotary Club of Riche Mare 2018-2019 and i am now District officer 2018-2019 Rotary E-club district 9220 Reunion

- 2017 49 Women who made the difference in the Society (Magazine Rotary club Vacoas)
- 2017 Nominated and Awarded 100 most influential Women in Mauritius
- 2018 Nominated and Awarded 100 most influential Women in Mauritius Hall of Fame
- 2018 Promising Indian and African Women Awards
- 2018 Promising Indian Awards

- 2019 Promising International African Women Awards

Another subject that is of great interest to me, it is the cause of women.

1. Militate for the presence of woman in politics and also for woman holding higher positions in male-dominated political and cultural establishments.
2. Empowering single mothers by trying to give them moral and financial support.

Women empowerment is a key political, economic and societal challenge that many societies across the planet are coming to terms with. It is about unleashing the productive and creative potential of more than a half of mankind to make the world a better place to live. Rebalancing economic, political, social and cultural opportunities across genders require bold policies and robust institutions that function freely and independently from The role of Social Platform of service can help in delivering the change.

Anna shaheen Toraub actively involved in community work to inspire and be an inspiration to the new generation.



“I believe in being strong when everything seems to be going wrong. I believe that happy girls are the prettiest girls. I believe that tomorrow is another day, and I believe in miracles.”

Audrey Hepburn



“Women are like teabags. We don’t know our true strength until we are in hot water.”

Eleanor Roosevelt



**WOMEN
OF THE YEAR**

**WOMEN
Super
Achievers**

SHAMMIMA ISAC PATEL

Exemplary Leader of the Year
Beauty, Health & Quality of Life

Breast Cancer care was set up on 20th March 2014 upon my own experience and initiative. I was diagnosed with breast cancer in 2010. Thanks to timely medical help and the unflinching support of my near and dear ones, I have been able to overcome the illness and I am now in remission. As a cancer survivor, I feel the need to share my experience and instill hope in those who are struggling with breast cancer and its aftermath.

Breast Cancer Care aims at informing and sensitizing public opinion to breast cancer. It comprises of 100 members which includes doctors and therapists.

Our health professionals encourage women to go for an early detection through seminars, workshops and sensitization campaigns which are held on a regular basis in different parts of the country. Up to now, we have offered free medical check-ups to more than 10000 women in Mauritius and Rodrigues.

We have opened our first Office in Vacoas, where we offer various activities such as: free weekly consultations, group/ family /one to one therapy, weekly yoga, zumba and IT sessions, weekly empowerment activities, distribution of prosthesis, scarves Wigs, Lymphedema Compression Sleeves and Mastectomy Bras.

With the help of European Union in 2016, Breast Cancer Care was able to launch another office 'Merline Augustin Breast Cancer Care Centre' in Rodrigues and this year, we have opened 2 new centres, Valerie Sènèque Breast Cancer Care in Mahebourg Petit Bel Air and Geneviève Victor-Poonoosamy Breast Cancer Care in Port Louis, Labourdonnais court where we offer the same services.

Last year, I was ranked among 25 most influential woman in Mauritius and was also part of the campaign "violence against women" organised by the European Union. I was also part of the 10 women chosen by the magazine "Essentielle" (number one woman magazine in Mauritius), to be a woman Mauritius can still count on in the coming 10 years. And also listed among for 50 outstanding women around the world and as a role person in Healthcare.

The path to success is to take massive, determined action.

- Tony Robbins



SHASHI SEWSURN

Exemplary Leader of the Year
Beauty, Health & Quality of Life

DR(MRS) SHASHI SEWSURN dreams of “ QUALITY CANCER CARE IN COST EFFECTIVE WAY” as many people in this world are deprived of Quality Health care due to poverty, ignorance and inadequate health care facilities. She is currently head of cancer center , cancer in charge at Radiotherapy & Oncology center at Victoria Hospital, also responsible of cancer services at Jeetoo Hospital, SSR Hospital , J.Nehru Hospital. Rodrigues , Comoros Island and Madagascar.

She with a team of 9 Oncologists, 2 MHOs, 30 RT Technologist, 30 Nurses render care for over 30, 000 Cancer patients every year. About 200 hundred patients attend everyday. 35 to 45 Patients on Chemotherapy as Out Patients. 110 Patients receives radio therapy everyday and 110 are treated as in Patients. More than 1,600 new cancer patients attend our center every year and also dedicating

service to build a New cancer hospital in Mauritius with all new technologies.

To increase cancer awareness across the island also as a community service she delivers lectures on cancer to Doctors, Medical an Para medical staff and to public via Media, Radio, TV and the Press. she also volunteers in organizations such as Link to Life, Oncology society Rotary club and Art of living.

She is a gold medalist academically and conferred Promising Indian African 2018, 100 most influential women award 2018 and also being nominated for Promising Indian award 2018 at New Delhi. She has spent 23 years in Mauritius and proud mother of a son who is a medical student and she has under gone a lot of hardship and sacrifice to attend this stage, however the difficulties made her more kind and more human. She is immensely THANKFUL to GOD, Family and friends for the valuable support.



SHIREEN MOTALA

Business Superachiever
Business & Entrepreneurship

Shireen Motala, a Law graduate is also the Director of DSKZ company (CCTV cameras and security systems), Director at Green Orchard (vegetable plantation), Director of Club des Gourmets (a coffee shop located in Ebene) and Director of Elysian (Film Production and media). Her life achievements include Panache Women of Wonders Award (2019), Most Promising Indian African Awards in Business (2018 & 2019) and Africa's Women Leaders (2018) at international level. At the national level she was among the 100 Most Influential Women (2017-2018) and recently awarded Exemplary Leader of the Year (2019).

On the other hand, she is also involved in social work as

vice president of the Muslim Ladies Council. Shireen helps the needy and also at the same time, promote awareness on many fronts and provide support where needed be. The organization not only helps women in distress, physically impaired persons but also all those who are in need. The council makes them become independent and not to be considered as a burden of the society. The women are given a helping hand to anyone in our society who is in need.

Shireen is also empowering not only the youngsters but also men and women who are in problem to play an effective and independent role in the society, and she also tries to employ those who are really in need in my companies and give them a chance to prove their capacity as my motto is "strive and you'll succeed".



UMA SOOBEN

Exemplary Leader of the Year
Charity, Voluntary & Humanitarian

Before she was Wonder mom, she was simply Uma, princess of her parents, destined to be an unconquerable business woman. Raised in a cocoon, Uma meets Roy (her son) who teaches her about the happiness of being a mother of an autistic cute boy in the outside world of her comfort zone.

Convinced that she can make things happen, Uma engaged herself in Fighting alongside truth and reality, she finally discovers her full powers and true destiny and principally her life time mission towards the Mauritian society.

Since the last year she has been creating innovative concepts in order to sustain the NGO`s three outlets.

- Recreational Centre:
 - The running of a recreational Centre for seniors with Parkinson Alzheimer and dementia .

- Specialised Education Needs School
 - Introduction of dance classes, therapeutically outings, Yoga classes, drama and music classes
- Training Centre
 - Offering a course for respite providers
 - Introduction of new techniques and Therapies by foreign experts to update the knowledge of Mauritian Professionals dealing with mental impairment patients.

New era concepts has been developed for fund raising and auto sustainability.

Uma acquires the pioneer status by creating an online multimedia platform based on premium sms. Several stakeholders in Mauritius have joined hands to make this exciting adventure possible.

- The Mauritius telecom
- The gambling regulatory authority
- The information & communication technology authority

WOMEN
OF THE YEAR

WOMEN
Super
Achievers



VASHINEE BHEEMUL

Exemplary Leader of the Year
Science, Technology & Innovation

Vector Technology & Solutions Ltd was born in January 2017, and within the early three months, it started paving its way towards a niche market which is in high boost in today's era. The focus derived was and still is in Business Process Automation (BPM) with a full fledge accompanied Consultancy and Training wherever applicable.

It has not been easy to start a new and own venture after having been part of the corporate world for more than a decade. The culture shift, the awaiting challenges, the set intentions, the expected targets and the risks associated were the baby steps that a start-up entrepreneur needed to face. Passion and willingness were the drivers to accomplish the mission.

The set of BPM solutions along with post implementation services have been successfully not only in Mauritius, and now in the regional countries as well such as Madagascar and Seychelles.

Our targets have been as at now the BFSI, Fund Management Companies, Medical and the Local government. We are now extending our support as from micro to large organisations, within any complexity. Our solutions and platforms are designed and tailored to create green environments, paperless, fully digitalise, and optimising human power through automation. Through same, we are able to provide instant access to key information hence, avoiding delays or errors in and across multiple organisational processes and eventually, creating a better welfare of the society.

Last August, we successfully introduced a Pioneer Training Program on Robotics Process Automation, which has the options to be delivered either on premises, 100% online or through virtual classes.

As a new start-up, we manage to secure premium agreements where our expertise are highly in demands. Part of our mission in VTS, is also to bring out the best talents among the female category. We are proud to showcase projects, where women and young talented were empowered to deliver 100% on such projects.

We believe that the women empowerment theme runs strongly through all planned initiatives, and VTS is committed to keep fostering the betterment of building a nation, where equality is not based on gender, instead, being on capabilities.

The Journey is on to keep building the best out of our imaginary mindset!

The highest result of education is tolerance.

- Helen Keller

In times of rapid change, experience could be your worst enemy.

- J. Paul Getty

The biggest risk is not taking any risk... In a world that changing really quickly, the only strategy that is guaranteed to fail is not taking risks.

- Mark Zuckerberg

The greatest leader is not necessarily the one who does the greatest things. He is the one that gets the people to do the greatest things.

- Ronald Reagan

Experience is the teacher of all things.

- Julius Caesar

Always aim high, work hard, and care deeply about what you believe in.

- Hillary Clinton



**WOMEN
OF THE YEAR**

**WOMEN
Super
Achievers**

VANISHA RAJAYSUR

Business Superachiever
Business & Entrepreneurship

DR. Vanisha is a zealous young HR Professional from Mauritius. Labeled as a failure since childhood, she had strived so hard to face all challenges in life to stand where she is today. Holder of a Bachelor Degree with First Class (Honours) in Management from the University of Mauritius in 2008, she has been awarded 3 British Scholarships for her Master's degree. She has decided to embrace the Human Resource field by accepting the admission at London Metropolitan University, UK, in 2012 for a Global MBA with Specialization in Human Resource Management. She has recently been given the title of Honoris Causa for PhD in Human Resources Management by the government of Thailand.

She has taken a new challenge into making the company flourish and drown herself in HR consultancy in 2019. At the very young age of 28 years old, she was the only youngest female in the history of Shibani Finance Co Ltd to form part of the Top Management. She is a vibrant example of a woman who has emancipated in this male dominant world.

Moreover, she in all the companies which she has worked, she, together with her team made the company climbed up by being ranked among the TOP 100 Best company in Mauritius.

Recently winner of the African Leadership Awards organized by the World HRD Congress, Vanisha has maintained her performance. She has won a total of 46 Awards both National and International until now. She is a great pride for Mauritius as for the past 3 consecutive years, she figures in the **100 Most Influential Women of the year** and has recently been awarded in the **Super achievers' category for the 2018 Women of the Year in Mauritius Awards**.

In February 2017, she won the prestigious award of being in the **"Top 100 Most Influential Global HR Professional in the World"**, by the World HRD Congress. In December 2017, she was awarded in the **"Promising Indian Award"** in the category of **Business and Entrepreneurship** in Delhi, by the Promising Indian Society. She has continued to excel in the HR Path whereby in February 2018, she was awarded the **"Young HR Professional of the year (below 35 years)**, at the World HRD Congress in Mumbai.

She has been an epitome of success in every company she has worked. She has implemented new HR Strategies in maximizing profit and also by creating in a positive work life balance to her employees. She walked the extra mile by winning an International HR Award; **"The Intrapreneurship Award for Innovation and Creativity"** by CSS CORP ICT Services Ltd/ Alcatel Lucent in 2015. She is a great inspiration to all her employees. Having embrace the new avenue towards social work, has always been a blessing for her as this has helped her enormously both professionally and individually.

In 2011, she was the founder of the Alcatel Lucent/Css Corp CSR Club **"Wipe a tear, hold a hand, Save a life"**, where I have helped the prisoners' kids to have a better life. Her humanitarian worked continued when she joined the Sri Satya Sai Seva in 2012 as a member for noble work. She has joined the Junior Chambers International of City Plus (JCI), an international NGO, founded under the United Nations', to work under the different Sustainable development Goals (SDGs). Being the Vice President of the said NGO, she has worked on Various spheres like ending Domestic Violence as a Project Director, or poverty alleviation, life under water, quality education for the deprived and so on.

She also figures among the Young Professional Debaters of Mauritius and has written a lot of articles on **"Special Edition of the Independence Day of Mauritius"**, **"Sex Education in Mauritius"** and **"Meritocracy- Myth or Reality in Mauritius"**. She was among the **"JCI Top 5 Outstanding Young person of the year 2016 (TOYP) of Mauritius"** in the category of **Personal Achievements"**.

WOMEN
OF THE YEAR

WOMEN
Super
Achievers



ZAHIRAH RADHA

Exemplary Leader of the Year
Media & Communication

It has been another eventful year on the media front for Zahirah. Once again, the Editor in Chief of Sunday Times has shown her flare for investigative journalism. As a result, she has hit the news quite a few times, especially after being interrogated by the CCID in connection to her investigative pieces. So far though, she has steered clear of any charges. Nevertheless, she hasn't shown any sign of relenting in her denunciations or in her quest for more transparency and good governance, in spite of all threats.

Zahirah is an epitome of women empowerment. Through her hard work and sheer dedication, she is now holding a position, that of Editor in Chief, which only a handful of women can brag about. She is an avid reader and a firm believer that nothing is unattainable if we put our efforts, heart and mind in it. Though her job is a time-consuming one, she has resolved to engage herself more on the social front in order to sensitize on sensitive issues, especially on domestic violence and women empowerment, amongst others.

WOMEN
OF THE YEAR

WOMEN
Super
Achievers



ZULAIKA SUNTHBOCUS

Exemplary Leader of the Year
Science, Technology & Innovation

Zulaika Sunthbocus is the Managing Director of Spoon Consulting, one of the most innovative companies of Mauritius regrouping more than 100 experts to accompany our clients throughout the world including Mauritius in their digital transformation journey.

Zulaika is highly engaged in the IT sector : She works in close collaboration with the IT institutions, sharing her ideas to leverage the digital incentives in the private and public sectors. She also plays an important role in supporting the young entrepreneurs and their innovation mindset through the sponsorship of the incubator 'La turbine' activities. She is responsible of the IT commission within the CCIFM (Chambre de Commerce et d'industrie France Maurice), connecting both foreign and local leaders of the IT ecosystem.

Her company acts very often as sponsors of numerous and diversified IT events like the job fairs, the Girls ICT Day, The 'Ready to Work' event, the Web Cup, Start Up WE, Krakathon where her team was the winning team of 2018.

One of the major strengths of her leadership style is her ability to create talents and to make her people step out of their comfort zone to be high achievers. Empowering her workforce is her priority and she is constantly uplifting her people with the objective of breaking the glass ceiling.

Zulaika was the only woman nominee of the IBL Tecoma Award and won the 'Coup de Coeur du Jury' award in 2017. This award largely contributed in recognizing Zulaika as a role model for Women Entrepreneurs.

Besides she is an active member of AMFCE (Agence Mauricienne des Femmes Chef d'entreprise) sustaining the new women entrepreneurship culture of Mauritius.

Zulaika is a passionate woman who also practices quite a number of sports like scuba diving, golf, trails amongst others, Last but not least, she makes an optimal use of technology to travel the world and keep her business going.

Zulaika was the Guest of Honor of the 'Women in Tech Africa' where she made a brilliant speech on the 21st September.

ORDER NOW!

AMAZING DEALS ON Corporate Gifts



For more info, call us on:

☎ 489 3202 • 489 3612 • 5967 4897 • 5842 1506

✉ info@t2g-group.com • t2g.emarketing@gmail.com

 **Train2Gain**
MARKETING. ADVERTISING.
DESIGN. PRINTING



Dr. Harrish Bheemul with her excellency Prof. Ameenah Gurib Fakim at the Africa Leadership Awards 2019.


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR

MOST INFLUENTIAL WOMEN


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR



ABEER NAAZ JANALLY

Hall of Fame

Miss Abeer Naaz Janally, Urdu Educator for the Mahatma Gandhi Institute since January 2007, currently posted at MGSS Flacq. I was on scholarship by the Indian government at the University of Delhi. I have been the university topper and have received awards from the Urdu Academy in Delhi and my college for my performances. I completed my masters at the Jamia Milia Islamia in Delhi.

As a teacher I have been teaching Urdu language and literature as well as Culture Education and Life Skills and Values to ensure the overall well being of students. I have been the secretary of the Parent Teacher Association. I have been the acting Head of Department and the Award Leader for the Duke of Edinburgh's International Award.

According to the Mphil Thesis on Urdu Language and Literature in Mauritius at the School of Indian Languages, literature and Cultural exchange of the Jawaharlal Nehru University in Delhi, I am the first female Urdu Writer in Mauritius. My book Peich-o-kham is a collection of short stories dealing mostly with social issues such as drugs, divorce and alcohol. It has been published by the President's

Fund for Creative writing, Ministry of Arts and Culture in January 2019. I have participated in the book fair organized by the National Library Ministry of Arts and Culture. My book has also been launched in the University of Delhi in India.

I have been the council member of the Urdu Speaking Union and the Editor for Sada-e-Urdu, the quarterly newspaper of the Urdu Speaking Union. I am the executive member of the National Urdu Institute.

I am a columnist for Urdu online portals in India, Italy and France. My writings have been published in newspapers, magazines, research scholar's journal, blogs and online portals in several countries including India, Pakistan, Dubai, Abu Dhabi, Germany, France, Italy, Denmark, Sweden, Norway, America and Canada.

I read my short stories in YouTube videos and I read my articles in Facebook live videos to promote Urdu Language and literature around the world. I have read articles for Millat Times, Online portal in India and Savaira News France has broadcasted my videos on their channel.

I have hosted numerous socio-cultural functions, gala performances and Seminar for the Ministry of Arts and Culture, the Urdu Speaking Union and the MGI. I have prepared and presented the report for the 3rd World Urdu Conference in Mauritius, which has been published in the book "Urdu In Global Perspective" in India.

Several of my short stories have been broadcasted on the MBC radio and the All India Radio in Delhi. I have also hosted TV programmes for the Doordarshan in Delhi and participated in a talk show on women's day in DD Urdu. I am currently undergoing training at the MBC as radio RJ for Urdu presenter. I am also following a creative writing course and I have written my first short story in English.

I have participated in conferences and seminars in Mauritius as well as in India. I have been the chief guest in St Al Haneef school in Varanasi and the honorary guest for the department of Urdu conference of the Banaras Hindu University and the Faculty of Arts, University of Delhi.

My work has been featured in several newspapers in Mauritius and India. I have also given interviews to the MBC radio and I have been on the program ELLE of the MBCTV.

I am also very interested in Indian Culture. I have exhibited my Madhubani painting at the Rabindranath Tagore Institute. I participate regularly as a henna artist for the Islamic Cultural Centre Pre Eid events.



AMEEGAH KOUSHITA PAUL

Hall of Fame

I was nominated as the most promising Female Artist in the year 2017 and won the first painting championship. I had received an appreciation certificate from the Youth center of Pamplemousses for my work as volunteer. It was really difficult to fight in the society with a disability, people usually think that we cannot do anything but I fought and was never discouraged to say “Yes, we can too”. I was also invited on Radio plus for a show on Youth of Mauritius and also participated in different talks in Newspapers and I was invited on the set at Mbc to talk about bullying in school.

Many people assume that contribution to the society is the responsibility of those who are already well settled in life and have nothing else to do; because, even if the average person tried to contribute to the society, it wouldn't make much difference. How wrong! It is the little drops of water that make the mighty ocean. Every person can make a difference to the society if they have the will to do so. You need not donate millions of rupees to feed the hungry or do some heroic act in order to make a difference. Little act of kindness, small changes in lifestyles and being a responsible part of the society will do the trick. First of all, I have to Improve myself, by picking up my own life and being a productive member of the society, I have contributed to

my community in a positive way. With my positive mindset, I have been able to help People with addictions or other vices, as they often feed on the goodness around them, without giving back anything to the society.

Last year, With the help of the ministry of Youth, I have been able to plant different trees in different places in Mauritius as we know with depleting forests and increasing pollution. Planting a tree will do a huge difference to our environment. A single tree will absorb nearly a ton of carbon dioxide during its life time, so by planting a seed today, I keep contributing to the society. Also, by Being a Volunteer, I kept some time aside for volunteering to help in different old age home (both men and women), disability center or Family who needed help. I give free tuition to those children who cannot afford to pay. I have also done different campaign in the south like on violence against women and people with disabilities, drugs, bullying in school and secondary, on the right for people with disabilities. I had also organized a campaign of donations, where I have distributed clothes, shoes, food, school material to those in need of these things. For Christmas also, I had organized a Christmas party for all children with and without disabilities, by giving them lunch, gifts and there was some animation also. I had also organized a distribution of cakes in festival like Diwali and Assumption day.

I had also organized a walk on Sport for all, which means that even people with disabilities can do sport and must live in an inclusive society. It has benefited me in a great way with the satisfaction and blessings that comes from helping others has been a life changing. By all this, I had also improved my Social Skills which contributed to me being humble, polite and have a smile on my lips. Even though I may not think of this as a great act, it goes a long way in making a difference to the society. I believe that negative emotions and bad attitude tend to create bad vibes that spreads around, which is picked up by other people. By improving my social skills, being friendly and approachable person, I believe that I have done a lot of good to my community.



“Life is not easy for any of us. But what of that? We must have perseverance and, above all, confidence in ourselves. We must believe we are gifted for something and that this thing must be attained.”

Marie Curie



AMLABYE SREENIBAND

Hall of Fame

Social workers are truly exceptional persons having that social perceptiveness, Persuasion, boundary setting, empathy among so much more things within their personality which we know not everyone possesses these qualities. That's why we shall all appreciate these great persons because without them, so many people would have suffered or would have suffered more. One of them is a marvellous woman known as Amlabye Sreeniband.

A truly inspiring woman who came from a humble background. She had to tackle a lot of obstacles in order to stand where she is now. She lived only with her mother and her little sister with financial problems. Everything looked like a decline point seeing all this as a child. Fortunately, her mother did not give up because she knew she had to look after them and not letting them leave school so early. This is very inspiring because at that time she knew, not having education would be very detrimental in the future. So, she had to work hard day and night. Living through all this and much more, Amlabye Sreeniband understood that living such a life was not pleasant and many more must be suffering like this or even worse. She was also very inspired by her mother's devotion for her children to achieve success in the future. So, she made a promise to herself that she will make a change for other people struggling in life. It was clear that her dream was to become a successful social worker one day.

Unfortunately those obstacles mentioned above were not over at all. She

was compelled to stop her education career at High School Certificate {A level} and had to get married early at the age of 19 because of her mother's relatives. Her marriage was arranged. She had some issues with her husband's family at first but with perseverance she managed through. She lately had 2 lovely children. Even after having kids and being a housewife. She never forgot her dreams. Fortunately Amlabye's husband believed in her and supported her. This is where all finally begins. She then started some basic training for health aids.

She then joined an NGO and contributed in the prevention of Diabetes since 2011 till now. Though from 2011 till now she's been through a lot. Not only she had to work in all types of conditions such as working under veranda of shops, under tents, during heavy rain, under the harsh sun, on early mornings in a daily basis including those sought-after weekends for years, she bore family issues in the background. It was not for no reason she was mentioned as a marvellous woman up above, even through all this she kept on going and never give up on herself.

With all her experience on the field now, she inspired many women in the community by her past and how she overcame every obstacles. She gives many useful advices to her patients such as how to properly take diets and so on just like a paid nutritionist would. She even made some of them aware that they have diabetes when they never knew and still maintained them calm because of the way she announces it them. This is truly remarkable seeing passionate people such as Amlabye Sreeniband doing what they do best and then take a glance at the results at the end of their work.

She did not stop there. Even though she is being an active social worker, she set up her own company. She is the director of Original BeachWear Ltd and Super Drinks Ltd. Not only being a director but a marketing manager for pullovers, mineral water and other clothings as well.

What can be concluded from Amlabye Sreeniband's past is that there is no passion to be found playing small, in settling for a life that is less than the one you are capable of living.



GAYEETREE RAMCHURN SAMBOO

Hall of Fame

Mrs Gayeetree Ramchurn Samboo – MSK is the Founder Director of the Indian Ocean Centre for Education in Human Values.

She holds multiples & diverse competencies. Graduated in Performing Arts, Post-graduation in the field of Values Based Education/Youth Leadership & Human Excellence / Airline Customer Care & Excellence/Media & Broadcasting, author/composer choreographer, actor & lyricist. She has written and produced several Values Based, teaching and learning resources materials /posters /brochures manuals / books and CDs/short movie and TV clips.

Mrs Gayeetree Ramchurn Samboo has participated in various panels of Training / policy making/curriculum development adjudicators for the National Youth Excellence Award at Ministry levels & Authorities. As civil society level, Mrs Gayeetree Ramchurn Samboo has been very active with several NGOs and is presently executive member of the Trainers steering committee of MACOSS. She has been nominated executive member of the UNA – United Nations associations – Mauritius.

She is an International Resource person in the field of Values Based Education and Dynamic Parenting and has provided consultancy and training in Integral & Holistic Approach to Education in several countries including South Africa, India, London UK, Oman, Rodrigues & Geneva- Switzerland. She reckons more than 35 years of experience in the field of Community

Service through Education in Human Values/Leadership/Dynamic Parenting/ parental/woman & youth empowerment programmes across the island and Indian Ocean islands.

She is actually pervasively driving a National Project “Strengthening Values for Family Life” and has established 9 Family Values H.O.P.E (Honour Our Parents Everyday Monuments in collaboration with the Sugar Industry Labour Welfare Fund, under the aegis of the Ministry of Gender Equality & Family Welfare towards the promotion of Family Values , National Building and National Unity & Peace. Her Motto Is Born to Serve!

She has actively coordinated the UN Habitat Training Workshops during the SIDS conference in 2005 in Mauritius.



GEENEESHA MOHUN

Hall of Fame

At the age of 36 I Geeneesha Mohun Kapoor (known as Ria on air) turned radio broadcaster. The enthusiasm and liveliness which are natural in my soothing voice kick-started many radio shows on Top Fm. I am mainly known for the radio broadcast “Korek pas Korek” where I handle people’s problem by resorting to mediation or by shaking the heavy bureaucracy and discretionary practices subsisting in many quarters.

My voice now has authority. When i appear in public, mainly to distribute Christmas gifts to downtrodden children, I am looked upon as an idol by the kids.

Helping kids gone astray or in need has been a passion and I now intend to set up an NGO to give a quite different orientation to the way childhood and juvenile delinquency are being handled in Mauritius.

Having gone through the sufferings and throes of cancer and having had to gather all the efforts necessary to keep the moral, I intend to set up an organisation to help women going through these difficult moments i have known.

“No woman should walk alone when cancer strikes” will be the motto of my association to be.

—◆◆◆—
Do what you can, with what you have, where you are.
- Theodore Roosevelt

—◆◆◆—
It's not how much you have that makes people look up to you, it's who you are.
- Elvis Presley

—◆◆◆—
In order to be irreplaceable one must always be different.
- Coco Chanel

—◆◆◆—
You have power over your mind – not outside events. Realize this, and you will find strength.
- Marcus Aurelius

—◆◆◆—
Little by little, one travels far.
- J.R.R. Tolkien



KAVITA RAMCHAND

Hall of Fame

I have always believed that Parents are their children's first teachers or leaders and thereafter, their Role Models. As a Parent, I did not understand Personal Growth and so although I gave my two children the best education I could provide, my results proved that I didn't turn out to be the Role Model I thought I was as their Mother.

From Light to Darkness and back to the Light – This is how best I can describe my Life's journey upto age 42. Coming back to the Light was not only the happiest day of my Life, but it was also a Turning point. I realized that most of humanity was moving towards their Disintegration rather than towards their Creation. I made a Decision that day to teach the world the importance of Creating or in other words of Growing. From a successful career in retail business, I switched careers to Life Coaching and launched Life Success Coaching Ltd in 2017 which is slowly but surely making it's clientele in Mauritius.

We are living in times of rapid and radical changes. There are now new fields of Physics such as Meta Physics and more recently Quantum Physics. There is an awakening taking place in the world today as Mysticism is joining hands with Science. Paradigms are shifting in all areas from Governments to Companies. Leadership rules are changing very fast. We are at an exciting time in the history of humankind to witness a rise in human consciousness globally. Human beings are now being pushed towards their own personal paradigm shifts and thus there is an increasing need for Life Coaches and Mentors of this new

education. It's time for the Education sector to go through a Paradigm Shift.

Through my coaching and the stories of my own life's journey, my goal is to open the minds of my clients to a radically different method of Living, Parenting and Teaching. I sincerely wish I had received such an education at school where I mostly did very well academically in all subjects. We were not taught the fundamental subject of "The Science of Living a happy and enriched Life". It is my vision that this subject is incorporated in school curriculums and my Life's mission is to impart this education to those who need to educate the upcoming generations. There is an urgency today for this New Education as with every upcoming generation, there is Evolution which simply means that Man is going to become more into what he already is. If 95% of the human population is moving towards disintegration, you can imagine what the next generation is going to be! That is definitely NOT what we would want for our children who form part of the next generation.

It took three of life's blows to wake me up, the worst being the sudden death of my 29 year old brother in 2008. As a Leadership coach who has already taken leadership of her own life, it is now my life's purpose to grow more leaders. I love my country and I want to see every child enjoy a happy childhood as I did. That is what every being is ultimately seeking: Eternal Happiness which as we all know is a state of Mind. Happy people lead to a happy population and nation. It is the birthright of every individual to live a happy, healthy, wealthy Life and through this education, it can happen much sooner than ever imagined. As an unconscious competent to the Law of Attraction, I now not only teach how it works but I also teach about how to shift Paradigms to make it work. Negative Paradigms are currently blocking individuals from a fulfilled, enriched and successful lifestyle.

"There is a science of getting rich and it is an exact science like Algebra or Arithmetic. There are certain laws that govern the process of acquiring riches and once these laws are learnt and obeyed by anyone, that person will get rich with mathematical certainty" - Wallace D Wattles



Exceptional Leadership and Effective Communication Skills



Before a person can speak confidently, he needs to become confident. Through our coaching, we empower participants with the knowledge to shift their paradigms. We introduce new ways of thinking that, when understood and applied, can quantum leap results.

Our aim is to address the root causes of low self esteem and other emotions that keep people stuck in a cycle of routine. We are living in times of rapid and radical changes. Science is making new discoveries to understand that Man's thoughts can influence his external environment. The rules of leadership and communication are changing on a global scale. It's time for everyone to learn the new rules.

Who should attend?

- Employees in the Education Sector
- Teachers
- Business Owners and Sales People
- Coaches and Consultants
- Leaders in any sphere of work
- Customer Service Employees
- PR and Communication Resources

Course Details:

Dates: Fridays, February 14th, 21st, 28th and March 6th, 2020

Timings: 9:30 to 16:30 with lunch & tea break

Venue: Mauritius Gymkhana Club

(Venue can be adjusted for a minimum of 10 participants)

Rs. 30,000

(HRDC Refund for companies upto 70%)



About Us



Kavita Ramchand – Life Coach & Motivational Speaker certified by Top Consultants of Bob Proctor from the Proctor Gallagher Institute.

- Managing Director at IslandKidz Shops since 2006.
- MQA Certified Communication Skills Trainer

Dhanu Rajwani - (Distinguished Toastmaster), Certified by Toastmasters International

- Founder of 3 Gavel Clubs in Mauritius
- Member of the Maxwell Speakers Club International
- MQA Certified Communication Skills Trainer

Contact Us

+230 57893499
Life Success Coaching
lifesuccess.mu

72 Avenue Sodnac
Quatre Bornes
Mauritius



LUBNA GUNGAH

Hall of Fame

Among the youngest in the Hall of Fame category and a down to earth individual, Lubna Gungah rose like a phoenix to taste her new found success after a couple of difficult years. Currently the Chief Operating Officer of Seven 7 Group, Lubna is a talented and innovative entrepreneur of her generation, who is continuously bringing next concepts to life. During the last 12 months, her portfolio of projects includes several job fairs (at Bagatelle for instance), Auto-Moto Tuning Show, Salon des Animaux, Family Festival, Salon de la Jeunesse, SME Guide Directory 2019 and the very first Salon de la Maison at Bagatelle. Her forthcoming projects is the Career Expo and Tuning Show, both schedule in February 2020.

Lubna is also passionate about tour operating, and organises many tours in several countries, with India being the main destination. She is also closing on other Asian and European destinations. Also a gym coach, she enjoys swimming, hiking, and swimming. A warrior by nature, her life story is nothing short of inspirational.

2020 promises to be an interesting year for both Lubna and Seven 7 Group. She will surely shine again through her forthcoming adventures, and will definitely make herself heard again in the near future.



MANJUSHA FAUGOO

Hall of Fame

As a law graduate from Middlesex University, I worked as paralegal for few years and then switched to education. I got a training of 3 months at a private tertiary institute (TPLC) and I am now on my way to give private tuitions for college students.

I have also been a part time model, won titles for Miss International Mauritius 2015/16, Miss Asia Pacific International 2018 and Miss Earth Air Mauritius 2019.

In September 2018, I competed in Miss Asia Pacific International, in Philippines, representing Mauritius. I sponsored my own competition, that is, I acted as the

National Director and I was equally a participant at the same time. I was elected in the Top 3 for People's Choice, and also got second place for a sub-contest (called ZANEA SHOES COMPETITION).

I organized a fashion show for a cultural event (Diwali Night), where I trained the models and choreographed the show.

I was an advocate in the Rotaract Club of Triolet, for an environmental project, which includes collecting cigarette butts. I also participated in activities to sensitize the public about the harms it causes to the environment.

I am also a spokesperson for depression and suicide prevention. I have raised awareness in 2 pre-primary schools in Triolet about mental health.

I participated in Miss Earth Mauritius, which is a platform that promotes environmental protection. During my participation, I had the opportunity to fly to Reunion Island, and visit schools to sensitize the children about it. I was elected as Miss Earth Air – Mauritius 2019. This provided the platform for me to continue working for the environment, and I seized this opportunity to create my own volunteer group called "BE THE ONE". It's a group which works towards the betterment of the environment, and I have plans to extend it to more other community causes, and merge my project about mental health awareness with it.

ACHIEVEMENTS & MILESTONES OF PAST 12 MONTHS

- Top 3 People's Choice for Miss Asia Pacific International 2018
- 1st Runner up for sub-contest (ZANEA SHOES COMPETITION) Miss Asia Pacific International 2018
- Awardee for 100 Most Influential Women in Mauritius
- Advocate for Cigarette Butt Campaign in Rotaract Club Triolet
- Mental Health Awareness Spokesperson
- Top 6 Finalists in Miss Earth Mauritius 2019
- Election as Miss Earth Air Mauritius – 2019
- Founder of Volunteer Club – Be The One

VISION & FORECAST

- Reaching more people through "Be The One" and get more people involved in environmental activities
- Better implement my Mental Awareness Campaign-speaking in colleges
- Coaching girls for Beauty Pageant
- Organize Fashion Show for cultural event



MARIE VIOLET MOOTHIA

Hall of Fame

I have been in the educational sector since 1978 as an educator at the Loreto College of Rose-Hill.

In 2015, I was promoted to the post of deputy rector of the same college and up to now I am still working there.

During all these years, I have been at the service of the college to prepare our students to achieve holistic development through various activities including exchanges with colleges abroad.

Educating students includes preparing them for their future life by developing in them the values that will help them grow into a responsible person in all the fields of life. Since 2005, I have had the opportunity to form part of the "Ecole des Valeurs" under the aegis of the Diocese of Port-Louis. Together with Marcel Chapeleau, we ran courses specially designed for secondary school teachers who were teaching "Moral Values".

These teachers were equipped with the various pedagogical tools which would help them to make the teaching process more interesting and productive.

After a period of one year, the teachers were awarded a certificate.

After some time, a few teachers of private colleges joined in. the course delivered by the "Ecole des Valeurs" lasted until 2015 with the diocese coming up with "Kleopas" project.

Last year in November, the SEDEC (Bureau Education Catholique) embarked on a project consisting in the formation of teachers of state colleges for the teaching of various modules having to do with the teaching of values. Together with another lady, I was in charge of the module on H.I.V and drugs and I can say that it was a wonderful, gratifying experience. In November of this year, we have been asked to continue with this project of formation for secondary school teachers. We are looking forward to it.

Formation in education is a must. Our students are facing various behavioural problems including drug addiction. This is why teachers should be prepared to know how to deal with to make them responsible persons able to make a positive choice.



Do something worth remembering.

- Elvis Presley



Be proud of who you are.

- Eminem



MEHZABEEN CARAMTALI

Hall of Fame

I am a grooming professional and have been in the industry for a long time, 14 years to be precise. I am well known in my field, having progressively made my way through 5-Star hotel Spas and motherhood to finally land at my own doorstep to become a woman entrepreneur for the very first time ever. In 2016, **i Glow Beauty Lounge & Cosmetics** became my first venture into what I call, the "Unicorn World" of women, where my team and I not only are after glitter and glamour, but also offering our everyday women the ability to upgrade their daily look towards a polished and poised exterior. This not only brings superficial beauty to them but goes a long way towards building their confidence to grow the lady within. I have been seeking to make a difference from the usual Salon/Spa experience in the sense that here our women can in delight learn to do their own makeup, not just get pampered for a day and go back to be Cinderella the next day. I have worked

alongside well-known magazine banners and companies, going through the local TV station and various high-profile weddings to provide the support they need for grooming and fashionable getups. The achievement of my company has been blatantly sprawled over the internet as we slowly but surely created the difference for women in our society. Whatever they needed to learn in the cosiness of their simplicity, our able team was quick to provide.

I can thus enthusiastically say that **i Glow** has changed the front of self-makeup and self-grooming, unsurpassed till date in its mission, making it a well-established, reputable and sought-after venue for many women who want a quality helping hand in life.

i Glow is now a reference in Mauritius and a direct impact on the mental stamina of our Mauritian ladies.



NISHI SINGH

Hall of Fame

The 22nd of September 2017 is a life-changing day for me. Being a true believer of Karma I feel that the whole universe has conspired to make my dreams come true. Crowned as the first Mrs. India Worldwide Mauritius has been opening new horizons for me.

It has been a once in lifetime opportunity to be a proud ambassador of CANMA the (Cancer Association of Mauritius) and to represent our National flag on the international platform in USA. I am forever grateful to the Almighty to be able to mark the Mauritian history by bringing the first international crown of the 1st Princess of Mrs. India Worldwide 2017-2018 on the 8th of October 2017 at the Royal Albert Palace in New Jersey and Mauritius is placed in the number 2 position internationally in the field of Pageantry. I am also awarded the title of Mrs. Catwalk on the International level in USA, while in Mauritius I got the Titles of Mrs. Humanity Hope for carrying out Cancer

Awareness Campaigns and touching people's lives, Mrs. Fit to inspire married women to keep fit and healthy and Mrs. Popular for keeping the spirit high for achievable goals and touching lives.

Since the 100 Most Influential Women was introduced, I wanted to be part of it but I believe everything has a right time. Thus, I am applying for the Image Ambassador category to be the face of women of our paradise island who dare to dream and realize it with hard work and perseverance. Today, I feel blessed to be considered as the inspiration for women coming from a very modest family. When one is dedicated, one can only set benchmark.

I will be grateful if my application will be taken into consideration for the chosen category and I wish you all the best for the outstanding work for the Women Empowerment.



NUSRAT MALIK MUNIR

Hall of Fame

A multi-potentialite, who has successfully conducted the first Mauritius International Medical Tourism Expo and conference (MIMTEC).

Regenesis Ltd being born as a product of MIMTEC is providing cutting edge services, from identifying hospitals, Air Tickets, Ambulift, Oxygen to stretchers, to medical escorts.

Regenesis Ltd expertise in conducting Health camps, OPD camps, CME organisation both in Public and Private sectors in Mauritius.

Regenesis Ltd also Represent Venus Concept Medical Aesthetics Clinic which provide a Range of services From Antiageing, cellulite reduction, face and body contouring and Acne breakout control.

Our portfolio includes Medical & dental aesthetics, new healthcare diagnostic and treatment services, medical IT Solutions by optimizing resources and analytics, social media branding, medical tourism.

Our strategic Partners: Metropolis Labs, Venus Concept (Medical aesthetics), HCG Oncology.

WOMEN OF THE YEAR



PRABHA DEVI MOOTIA

Hall of Fame

My passion and perseverance always guided me to excel in my chosen profession. I have been training and delivering Tae Kwon Do for more than 20 years. Being the first lady in Mauritius to achieve black belt always motivated me to inspire and influence the young girls and ladies in a positive way to practice sports. Third Dan in Tae Kwon Do and championne l'île Maurice / winner and National Gold Medalist for six consecutive years in "Poomsee" Tae Kwon Do. Awarded Best Member in Triolet Youth Club as well as in Triolet Friends Arts International. Awarded by the Village council for the inauguration of FITNESS CENTRE.

With my achievements and experience in Mauritius sports council as National Keep Fit coordinator, Youth Ambassador in MSSA and Ministry of youth n Sports and with my training in Sports feminine from Madagascar I officially launched School of Sports Academy .

During the past twelve months I succeeded to motivate the parents/girls and women about the importance of sports. In 2017 my dream came true when I officially launched my SCHOOL OF SPORTS ACADEMY affiliated with the Mauritius Tae kwon Do Federation at Triolet Youth Centre with the support of Ministry of Youth and Sports. It is a school to train young girls and women the modern techniques of Tae Kwon DO which had been introduced in 1960 by grand master Cheng Lee in Korea. Through this discipline I help the girls to have better concentration, to be more attentive in their studies, how to behave in society, DISCIPLINE and how to remove stress at their workplace. By practicing Martial Arts it helps to develop our force within us thus boosting our self confidence. My school of sports is the first in Mauritius where there is only girls students to practice self defence.

Furthermore, I got the opportunities to be the jury of Tae Kwon Do competition in several regions as well as at National level: being part of the Jeux de l'espoir/ Jeux de l'avenir as jury in the past. I organized launching ceremony of my sports school/ awards ceremony/ delivered Talk/ Brainstorming session/supported in sports Day for the special children at SSR Disability Centre/ sharing my experience through education and coaching and my recent activity was on December 2018 in the competition of the North Tae Kwon Do Competition. Along with the students all parents and friends and public were invited and there was spectacular demonstrations and Award ceremony. Best student/best demonstration and the winners of the completion was announced. And awarded. My students under my leadership was among the best and won several medals and best performer.

I am attached with social works and doing benevolent activities for the betterment and welfare of the society since a very young age till now. I have even donated blood and organized blood donation and free medical checkup for the ladies. Being a national coordinator in Sathya Sai Organisation of Mauritius as the chairperson of Hospitality committee I got the opportunity to groom and train other members so as they can do service work with love for the betterment of our society at large and be a leader.



"To accomplish great things we must not only act, but also dream; not only plan, but also believe."

- Anatole France,
Works of Anatole France



PRASHNEE PORAN RAMPOORTAB

Hall of Fame

My journey into entrepreneurship started 6 years ago, but my interest in the textile industry was since childhood. Growing up in a family business, I already had in mind what I was going to do; I wanted to be like my father. My father has been doing business for 36 years now and being in a family with only daughters, many people were wondering about what will happen to the business when all of the daughters will get married and have kids. But luckily, the values and guidance received from my parents were:

“In this tough world, anyone can develop its potential. You will do what you want to do, no matter how people will try to hinder you. I will be by your side, guiding you, and if ever you need my help, I’ll not be far.”

After completing my Bachelor in Arts, at the Charles Telfair Institute, I had to join the family business after a few months as my father underwent a surgery and needed complete rest, despite the thousand ideas flowing through my mind at that time. This is when I decided to stand firm, with confidence and alongside my family. I either needed to maintain the flow of the business or raise it even higher. By that time I was already a wife and a young mother of a 3 months old boy, therefore this was a huge challenge, because it consisted of making so many sacrifices.

I had to keep the pace, for my father was my role model, and it was often difficult following in his footsteps. During these 6 years, I got the chance to meet so many people, and I have to admit that for many of them, it was not easy dealing with a woman. We, women were seen as less competent and capable.

During my business trips abroad, it was even harder with some of my suppliers specially men. But today, still, I am happy and thankful to these people I met, both negative and positive, because they brought me here, and they taught me some valuable lessons along the way,

During the last 12 months, I have double or triple the number of clients at Seriprint 2000 Ltd, I got to meet some important big personalities during meetings and social networking parties and being a woman I have only one choice; showing that I am no less than a man businesswise. I dealt with my clients, handled orders, drove at night to do deliveries, finding time to see my kid before he goes to sleep, finding time to go to the gym, and being in business we need to be socially active as well. I had to split myself into so many parts to be able to equally balance my family and business life.

During these 12 months, I had to also diversify the business. There was not always the same load of works, there was some peak and low seasons, but the constant remained the welfare of my employees. I implemented other services in the business; graphic design services, personalized goodies, digital printing and many other services, my usual and new clients required. This is a competitive world, and we women have to find our way out of it.

As an individual, we all have an aura of our own, and we need to discover and explore it. And this is the way we get to know our strengths and weakness. We always had had superwomen in this world, some being at home and some who have just have to seize the occasion and shine bright in this patriarchal world.



**WOMEN
OF THE YEAR**



PREETY BHURTUN

Hall of Fame

Preety Bhurtun, have been engaged and promoting Medical Tourism for the past five years. Medical Tourism is a burgeoning industry in our Region. It involves patients travelling outside our home country for medical treatment abroad. Patients are increasingly seeking a variety of medical treatment, often in countries, like India. I have well established my industry based upon my Managerial skills, always taking into consideration, the humane aspect of life.

Families and patients who come to me, seek travel health advice and I must say that they always leave my Office with a smile at the end of our very first encounter, as I give them total confidence before they even take their decision to go abroad. As a travel

health professional, I always encourage people through my Research and Health Education, that they will eventually succeed in their treatment or surgery.

Empathy defined as “the ability to understand and share the feelings of another.” It is the capacity to put one’s self in another’s shoes and feel what that person is going through and share their emotions and feelings. It is the recognition and validation of a patient’s fear, anxiety, pain, and worry. For the past five years, I have being in contact with sick people together with their families. I have seen how desperate some of them are for a possible treatment which is unfortunately not always available here in Mauritius. The anguish in their eyes is what makes me want to fight for them every time. To

be able to restore a gleam of hope is my biggest motivation. The struggle of those patients and families who come to me, becomes my struggle. I have shed tears with them and every time I have been taught to be more human. Perseverance, passion have nurtured my grit. As Angela Lee Duckworth rightly said: "Grit is living life like it's a marathon, not a sprint". I have the chance to work with wonderful people and we have the opportunity of building each other up. I feel blessed for that.

Being a very organised person, I respect all the health care ethics that I have established in the framework, not only in regards to physical health but also mental health of the patients’ welfare and justice because they are investing in their health. I always ensure that they are well looked after in the host country and also that before they leave Mauritius, they have a sound travel health advice from their Doctor and Surgeon, who have big influence on the patient’s decision to go abroad for further treatment.

I have designed professionally a Quality Care Check-list and Information Sheet useful for families and patients, to cross check before they give their consent in the overseas context. This establish a clear issue of risk of being treated abroad but all the time I have recommended patients for treatment overseas, they have come back with amazing results and they are really happy. A blessing!

As a third party, all the accredited medical facilities and hospitals I work with have always provided patients with maximum comfort and ensure that they are successful at the end of their treatment, thus making me proud of “Prana”, a comprehensive health network and my contribution to the good health of our Citizens.



I am a highly motivated and trustworthy person, I can work under pressure if given the opportunity i can prove to be the best asset for your company or business. I am committed healthcare professional offering more than 15 years of demonstrated success in healthcare. Committed to delivering consistent and focused attention to client safety, comfort and dignity. Well experience within health and quality of care with a passion for helping others.

Capable of managing any health care setting with years of experience catered to individualized patient needs. Focused and detail-oriented with a proven history of positive client feedback and outcomes.

Eager to fulfill a role within a dynamic team driven by quality and integrity. Compassionate being a care home director, eager to contribute value through quality patient care and reliability. Driven to utilize years of my experience in healthcare experience to contribute to Lifecare Home in Mauritius. Director of Lifecare Home with more than 15 years in direct patient care. Focused on team coordination and leadership to provide exceptional patient and family support.

I am passionate about making a difference and bringing happiness and joy in people's daily living. I am professionally trained as a care home manager to deliver the best care possible with experience ensuring high standards of culturally competent care for a wide variety of patients with diverse needs.

NANDHINEE DABEDEEN (PRIYA)

Hall of Fame



Practice does not make perfect. Only perfect practice makes perfect.

- Vince Lombardi



SAIVANI TEJASVINI SAMBOO

Hall of Fame

Since September 2017, I have worked with over 2000 children and youths, 2000 women, 2200 adults and 600 senior citizens.

In all humility, I have conducted various human value-based music and creativity workshops with sincerity, dedication and enthusiasm at diverse levels; in schools, colleges, for NGOs, Social Welfare Centres, corporates and industries, and the community at large.

As a token of love and dedication to the children of Mauritius as well as with the sense of patriotism, I have composed, published and launched several Human Value Based Song Albums and distributed freely to underprivileged children, schools and colleges across the island, namely, Vuillemin Quartier Militaire, Batimara, Chemin Grenier, Baie du Tombeau, Surinam, in collaboration with the Ministry of Environment, Ministry of Gender Equality, Child Development and Family Welfare,

Ministry of Youth & Sports, Early Childhood Care & Education Authority and Social Welfares Centres. The objective of composing Human Value Based songs, is to bring about change of mind-set in attitude and behaviour, towards blossoming of human excellence in children, youths, women, adults and Mauritian citizens. As a professional in Psychology, I have noted and observed positive transformation in the families I have worked with and supported by parents.

Free consultancy services were provided to underprivileged and vulnerable families, parents and children. In addition, food, school materials, clothes, human value based books were offered as gifts. They appreciated so much that many other guests from different organisations invited me for workshops and follow-ups.

I have been invited on the Radio Program Etre Femme on Kool FM, on a weekly basis at the MBC. The host, RJ Mrs Nathalie Didier, as well many listeners appreciated the program. Many sought appointments for further help and assistance, because this is a unique way of counselling. Also, parents brought their wards for psychological help, counselling and guidance. They have had fruitful sessions throughout the unique human-value based approach of music therapy.

I have conducted training sessions with participants of Mr & Miss India Worldwide Mauritius 2017. I helped to choreograph a Sufi dance for the male participants for the Grand Finale of the Pageant. At numerous instances, I have been appreciated by standing ovations and recognitions.

The joy of giving to and sharing with others confers upon me immense self-satisfaction and inner peace.

—◆◆◆—
Believe you can and you're halfway there.

- Theodore Roosevelt



SHAHNAZ PEERBAYE

Hall of Fame

My name is SHAHNAZ PEERBAYE born on 1st April 1960 –{58 years old}. I am married to FAZALBHAY PEERBAYE and mother of 2 children. Yaasir my son is 36 years old whereas my daughter Kamilah is 18 years old. I am a Dress Designer and Business Entrepreneur and have started my business since 1989. I am the Director of SHAFAZ ENTERPRISE LTD, LUCKY CENTRE LTD and FASHION STUDIO LTD.

I am also the Director of SHANE IMPORT & EXPORT CO LTD, exporting local products to Seychelles. My main aim is to promote our local products.

I am the Vice PRO of the Muslim Ladies Council and very active in Social work. I am also the PRO of the Flame of Phoenix and PRO at the Medicare Academy and very much involved in helping the disabled and children in need. I am also very much involved in giving advice and financial help for ladies to start up their own business. I also help people of the Seychelles when they need medical treatment in Mauritius and also give them free lodging.

In 2017, I was the proud sponsor of the Para Talent show [FOR THE DISABLED]. This Year I shall be the President of the Jury for Miss and Mr ABLE - A pageant for the disable. The aim is to give a platform to the disable to emerge.

In different occasion I have been a member of the Jury for beauty pageants such as Miss Supranational Mauritius, Miss Asia Pacific Mauritius, Miss and Mr. University of Mauritius, Miss Savanne and even in Reunion Island for Miss Ste Marie.

For the past 7 years, I have been the President of the Parent Teachers Association of the Belle Rose State Secondary School.

In March 2018, on the occasion of the 50th Anniversary of Independence of Mauritius, I have received the Medal of the Most Inspiring Woman.



The future starts today, not tomorrow.

- Pope John Paul II



SHALINI LARA RAMFUL

Hall of Fame

My name is Shalini Lara Ramful. I am also known as 'Shalini Hotsteppers'. I am 32 years old. I am an entrepreneur. My business activities are: Dance classes, Modelling & Acting classes, Training for beauty contests, Photography & Modelling portfolio services, Hotel & wedding dance shows, Hot Steppers Modelling Agency, Total Media (Producer of live events) which produces musical theatres, concerts, music videos, beach parties, dance & fashion shows etc. I was born in Mauritius but I have lived in London, England for several years. I came back to Mauritius to launch my project named Bollywood Showbiz Musical Theatre.

STORY OF BOLLYWOOD SHOWBIZ:

The story evolves around 3 young Punjabi boys named Karan, Veer & Jay. They just graduated from Kingston University in London. They are full of life. Partying, clubbing, fun, music, dance, girls...that's their life! In short, full on Masti!!! Their families belong to the UK Punjabi Community. Veer's parents then decide to find a bride for their beloved son and finally get him married. They then introduce him to several girls. His two loyal friends, Karan & Jay, try their best to stop Veer's wedding. Veer keeps refusing to get married till the day he finally meets his ladylove named Sonia. Bollywood Showbiz is a journey which teaches Veer, Karan & Jay the importance of love and relationships.

I am the writer of Bollywood Showbiz. This project will be released in 3 forms: an E-Book, a staged show of musical theatre due on Sat 7 Dec 2019 at Serge Constantin Theatre (Vacoas) and a movie to be released in MCine Trianon/Novelty cinema(s) as well as in BAFTA, London Film Festival, in Cannes Film Festival and in India. Genre of movie: Comedy & Romance, based on marriage and youth. The artists participating in Bollywood Showbiz are from: Mauritius, India, England, Egypt and Saudi Arabia. Through Bollywood Showbiz, I aim to build up a bridge between Mauritius, India and England in terms of exchange of artists and Media business activities. This will enable artists from Mauritius to get opportunities to work with foreign producers such as for: films (shooting in Mauritius and abroad as main characters and not as junior artists or extras), music videos, calendar photoshoots, musical theatres etc.

As an artist, I have experience in dance, modeling and a bit in acting. I have produced and organized a few events, namely Legendary Wedding Showcase at Shangri-La Le Touessrok Resort & Spa (in collaboration with the hotel). I have also performed in many shows in Mauritius.



SOOLEKHA JEPAUL - RADDHOA

Hall of Fame

The Ex-Mayor, Mrs. Soolekha Jepaul-Raddhoa was born in Quatre Bornes. She is the wife of late Mr Harrydeo (Prem) RADDHOA; PMSM, OSK, Ex. Detective Superintendent of Police, mother of three children; two daughters and one son and the proud grandmother of two grandsons.

The ex-mayor has worked as a Public Servant since 1974 in different Ministries and Departments of the Government of Mauritius and retired from the Public Service on 16 April 2010, to stand as candidate for the National Legislative General Elections in Constituency No. 9 Flacq-Bon Accueil and again she stood as candidate for the Municipal Elections in Constituency No. 18 Belle Rose-Quatre Bornes Town Council in 2012.

As she has followed a Crash Course in Journalism, she has published articles in newspapers and magazines on a voluntary basis for a long time. She is also a Poet,

Artist and Writer. “Constellations” and “De LÉpopée du Ramayana” are a couple amongst others of her publications.

In June 2015, she was Elected as Councillor of the Municipal Council of Quatre Bornes under the Banner of “Mouvement Socialiste Mauricien” (MSM). During her time as a Councillor, Mrs Soolekha Jepaul-Raddhoa has been a Member of the Executive Committee of the Municipal Council of Quatre Bornes and as Vice President on the Committee for Welfare.

In June 2017, Mrs. Soolekha Jepaul-Raddhoa was elected as Mayor of Municipal Council of Quatre Bornes, post she occupied up to end of June 2019. During her Mayorship, she was also the Chairperson of the Association of Urban Authorities (AUA) for one year. Since in office, the Ex-Mayor has contributed a lot in the cultural, sports and educational fields as well as socio-economic and development of the Town of Quatre Bornes. As Mayor she also chaired the Local Disaster Risk Reduction and Management Committee (LDRRMC), the Executive Committee and the Permits and Business Monitoring Committee (PBMC). Over and above, she was a member of the National Road Safety Council (NRSC).

Mrs Soolekha Jepaul-Raddhoa was the only female Mayor as even in the District Councils there wasn't any female Chairperson. It is to be noted that she is very humble, down to earth as a person and likes to work at the grass root level. She was a Mayor of proximity as she has always been involved in social work. Actually, she is involved in the elimination of violence against women with the help and collaboration of Gender Links.

WOMEN
OF THE YEAR



TANIA DIOLLE

Hall of Fame



Whatever you do, do with all your might.

- Marcus Tullius Cicero



VERONIQUE LABONTE

Hall of Fame

The best way to find yourself is to lose yourself in the service of others'- MAHATMA GANDHI I was inspired by my grandmother to be in the social field. She was a member in a senior citizen group and I used to accompany her. I was able to give a helping hand to those elderly persons to move around and also to perform some administrative works. I participated in the activities that were organized by the group and is where I learnt about socialization and its importance in a person's life and overall development.

Through my grandmother, I got acquainted to someone in the Ministry of Youth and Sports. That person gave me a brief description about the roles and features of the Ministry. I also got the golden opportunity to follow a leadership course and eventually I became a volunteer member as animator in the same Ministry. Following the request made by the Ministry, I formed my own group of young people in order to prevent them from falling in the social ill of drugs and to engage into sports and leisure activities. This enabled them to become responsible citizen of our country.

In 2008, I was lucky to get a job at the Trust Fund, now known as the National Empowerment Foundation, under the ageing of the Ministry of Social Integration and Economic Empowerment. I am occupying the post of Field Worker

and my duties were to conduct home visit to beneficiaries, to follow and monitor projects such as school materials distribution, housing projects, meal distribution project at school, to implement projects such as courses for empowering young beneficiaries, to put in place a children playground, to empower beneficiaries by collaborating with other parastatal bodies for their own betterment.

With time passing by, the working environment changed and my job title changed with the same duties. Following this, Trust Fund was converted to National Empowerment Foundation under new management and now I am an Assistant Case Management Officer.

Though new responsibilities came with my new post, I did not limit myself to explore the social more into depth. In 2015, I joined and became a member of the NGO, YUVA Mauritius. To my surprise, I have been described as being a valuable asset for the NGO because of my continuous collaboration and support. I have been able to organize and to form part of various activities that the NGO organized; Christmas party for elderly people in home, leading projects such as talk on leadership, helping the NGO in recruiting unemployed youth and to empower them.

In 2019, I was selected by the L'Organisation de la Francophonie to attend a workshop in Madagascar on how to create sustainable job and how to apply ecology at the working place. I was lucky to represent my country at such a prestige workshop. Through this workshop, I got the opportunity to meet high profile personalities who shared their expertise knowledge and knowhow with me.

Another success story of mine is the JIOI 2019 which was held in Mauritius. I was able to push young people in participating and to volunteer to make the JIOI a success. In 2003, when the first JIOI was held in Mauritius, I participated in 'Volley Jeunesse' representing the various cultures and religions of Mauritius through cultural show.

I will always be grateful to my Grandmother who gave me the touch of social which has led me to where I am today. Indeed, being a social worker is not an accident, it is perseverance, hard work, learning, sacrifice and most of all, it is love for what you do.

'In a gentle way, you can shake the world'- MAHATMA GANDHI



"Who you are tomorrow begins with what you do today."
- Tim Fargo



VIDULA RAHIMAN

Hall of Fame

I have made a successful move in my profession (refer to my CV) as I have been offered employment for a very interesting job as Prestataire Gestion Comptable with a leading French Agency, even if I am already 58 years old. Although I have never worked in french accounting system I have adapted myself very quickly to the new challenge and my employers have expressed their satisfaction and recognition for the job done ,

Being an accountant I devote much of my time, as a volunteer, writing NCSR projects for the NGO's of which I am a member and doing the follow up for these projects. Upto now all the projects that I have submitted have been favorably approved and disbursed.

SOCIAL WORK

Although I am an Accountant by profession, I dedicate much of my

time to social work. I have undertaken many effective Service Projects by myself, with my family or working within several NGO's.

- At individual level, since early 1980's up to now, I have been giving free tuitions in accounts to needy college students. This has borne its fruits as most of my past students got brilliant results and are now in good jobs.
- I devote much of my spare time promoting values .I have had the occasion to give value based talks to young students of form 5 and form 6 in several occasions
- Since May 2018 I started recreational value-based activities as well as alphabetisation and coaching in academic subjects for some 50 children of Bambous. The sessions are held at the Bambous La Ferme Youth Centre , every Saturday

The project consists of classes and academic support for needy children from Bambous.The project is still on going. I have set up a team of volunteers made up mostly of youths to help me in this project. Besides the joy of working with these children,the young adults are thus being empowered to do service and developing themselves as leaders. In December 2018, with the help of these volunteers we held a family fun Sports Day with the needy children and their families. The event was a great success and everybody was happy about the outcome

We are very enthusiastic and thankful about the outcome of our efforts. Our beneficiaries have made great improvement in their behaviour and remarkable progress in their capacity to read and write. Every week the children eagerly wait for us.They welcome us with smiles and hugs.

I am grateful for the opportunity to serve the needy. I have had a lifetime volunteering and giving back to community. Volunteering requires commitment, determination, and hard work. But it also brings immense satisfaction leaving a lasting impression of Joy in the lives of both the beneficiary and the benefactor.

—◆◆◆—
“The freedom to do your best means nothing unless you are willing to do your best.”
 - Colin Powell



YASHEENA RAGHOONUNDUN - NAOJEE

Hall of Fame

Yasheena Raghoonundun – Naojee, Mrs Mauritius Universe, is a humanitarian advocate who is motivated by the belief that each and every one must contribute in social and benevolent activities for a strong community and a vibrant and prosperous Mauritius.

She is a woman with integrity and substance, who is leading by example. She is a female role model. She is a great community activist with grounded principles and beliefs. She contributes a lot in social and benevolent activities for the country.

Yasheena's life has been a testament to her long time philanthropic work in the areas of gender equality, education, and diversity. Since January 2010, she is empowering

women and working for women's equal participation in the economic, social and family life across the island of Mauritius so as to give them the opportunity to rise and shine.

Like Kofi Annan, She believes that "When women are fully involved, the benefits can be seen immediately: families are healthier; they are better fed; their income, savings and reinvestment go up. And what is true of families is true of communities and eventually, whole countries."

She has also organized several charity fund raising events and many activities in collaboration with other charity organizations. She volunteered in many charity and philanthropy activities like the Soup Kitchen Project where soup were being distributed to less fortunate children across the island of Mauritius and the Second Chance Project, where street youngsters were being trained in Adult Literacy and Numeracy and Life Skills courses to re integrate the society.

In 2017, She has been awarded among the '100 most influential women in Mauritius' and this year in 2019, she has been nominated for the 'Outstanding young person award by the JCI Mauritius in the category of humanitarian Leadership.

She chairs the Women of Wonders (WOW) Foundation, an organization working for the emancipation and empowerment of women in Mauritius with objective to promote a healthy life & attitude among women of all ages with a platform to share, communicate and grow in each and every areas of their lives through developing programs that empower and inspire them to embrace their power, purpose, value and contribute to the society.

Recently, she launched a Health and Fitness training program; The Health and Fitness program consists of 5 parts, that is the Mental Health, Physical Health, Relational Health, Financial Health and Spiritual Health. With this program, she aims in empowering around 1500 women in different regions across the island of Mauritius.

As profession, Yasheena is a Training and Development Consultant and she served as a Communication Trainer at the Ecole Hoteliere Sir Gaetan Duval Mauritius Institute of Training and Development.

She is of opinion that, 'The right training bring excellence in each and every areas of someone's life which in return makes the person discover his or her purpose on earth and help the person in maximising his or her potential'.

Her achievements speak for her intellect, talent and courage.

AQUATIC SHOWROOM

Everything Made Easy...



FISH FOOD



POND
EQUIPMENT



AQUARIUM
EQUIPMENT



AQUARIUM

+ a variety of Quality Koi and Ornamental Fish

DECEMBER PROMOS !

 Aqua Tic Showroom

 465 5057 • 5798 9373

 4, Inkerman Street, Rose Hill, Mauritius

**WOMEN
OF THE YEAR**



ALEXANDRINE BELLE ETOILE

Arts & Culture



**WOMEN
OF THE YEAR**



ANNE MURIELLE RAVINA

Sports & Image Ambassadors

**WOMEN
OF THE YEAR**



BENAZIR MUNGLUO

Arts & Culture

It is an immense honour and pleasure to write this statement today and to have won the Woman of the year title for the category of Arts and culture. I am a proud Mauritian youngster of 22 years old, who has been able to live my dream as a published Mauritian author. I have written a debut poetry collection “Scarred and healed” which was initially published in the UK and have also contributed to two Australian poetry collections “Womb” and “Poetica

Vol. I” featuring world’s poetry and a short story collection named “The bitter taste” in the UK. My writing career started at 16 years old when I was given the chance to write as a columnist for Sunday times when Imraan Hosany was its director. After that, my perspective became clearer and I understood that my strength and passion is writing. I went on to complete my Bachelor of arts with double majors in Literary studies and Media and communications at Monash University, Australia. During this period itself, I started getting published and recognised for my talent. My book has received not just local but also international media coverage by magazines such as Pure Mzine in Italy (Sept 21, 2018), bloggers from India such as the Uncommonbox and The restless labyrinth, Monash journalism student Sofia Vamvakidou and several literary feature pages with thousands of followers based in different parts of the world UK, USA & Australia: Bymepoetry, untwine.me, global poet cult, global age poetry have all written about my writing journey and my books. In fact, Monash University (Australia) itself has written an article about this achievement of mine on the university’s website. I was also featured as one of the top 50 insta poets by untwine.me in 2018 and on a national level, in Mauritius, I was received on the show “Passerelle” by Mr Issa Asgarally last year. It was not an easy journey to start out as a writer, so young, without any proper guidance. But the rage to achieve pushed me into dedicating most of my time to writing and to keep on persevering until my name was associated with the title “writer” that I’ve been wanting for so long! With that first achievement came the will and dedication to be a successful professional in the field and I keep carving my way to success from there. I am forever grateful to my parents, close friends, teachers, lecturers and especially my readers who kept supporting me from the start. I first started out without any guidance and with very little to zero amount of people believing in me when I’d said that I will make it happen to now being here. Through it all, I never stopped believing in myself and that’s the secret to success! I am very intrigued by human emotions, mental health and human bonds. I like to believe that I have a strong sense of empathy that makes my writing connect with people.

Therefore, I see it as a power to spread across messages of empowerment and the art of explaining what we normally feel but won’t talk about on a daily basis nor do we understand it in the gist of the moment. I highly believe in kindness being a strength and that is often portrayed in my works. As a youngster myself, I would like to advise all the young people to dream and to keep chasing their dreams. Because there are several opportunities out there such as Train 2 Gain itself, who makes it possible for people to be known for what they are best at.



CHRISTINE MAKAIR

Fashion & Entertainment

Tout commence en 2001. Le Hip Hop All Style est le premier style de danse dans l'apprentissage de Christine. Son professeur, As-T, étant passionné lui-même, l'a inspiré et lui a transmis l'amour de la danse. Après des mois de répétition, de sueur, mais de persévérance, elle participe à un spectacle, une première pour la jeune femme. Ceci la pousse à faire de la danse son métier. Elle intègre alors une compagnie de danse sur le circuit hôtelier. Avec cette troupe, Mo Mam Twa, elle apprend la danse africaine et le Sega, lui permettant de participer à des événements nationaux tels que les spectacles pour la fête

de l'Indépendance etc...

Par la suite, elle travaille avec le Crystal Dance Academy sur une période de 7 ans où elle a pu former et se perfectionner dans plusieurs autres styles: danse contemporaine, salsa, kizomba, bachata – un tremplin dans son parcours professionnel. En parallèle, elle donne des cours de danse aux élèves du Hampton School.

C'est grâce aux stages qu'offre L'Institut Français de Maurice aux danseurs et danseuses de l'île, qu'elle approfondit sa connaissance et la pratique de danse Hip Hop et Contemporaine, lui donnant l'opportunité de faire des représentations. Sélectionnée par la chorégraphe, elle incarne un des personnages de son spectacle, Lakmé. Elle a donc l'occasion de voyager à trois reprises pour des représentations en France et à l'île de la Réunion.

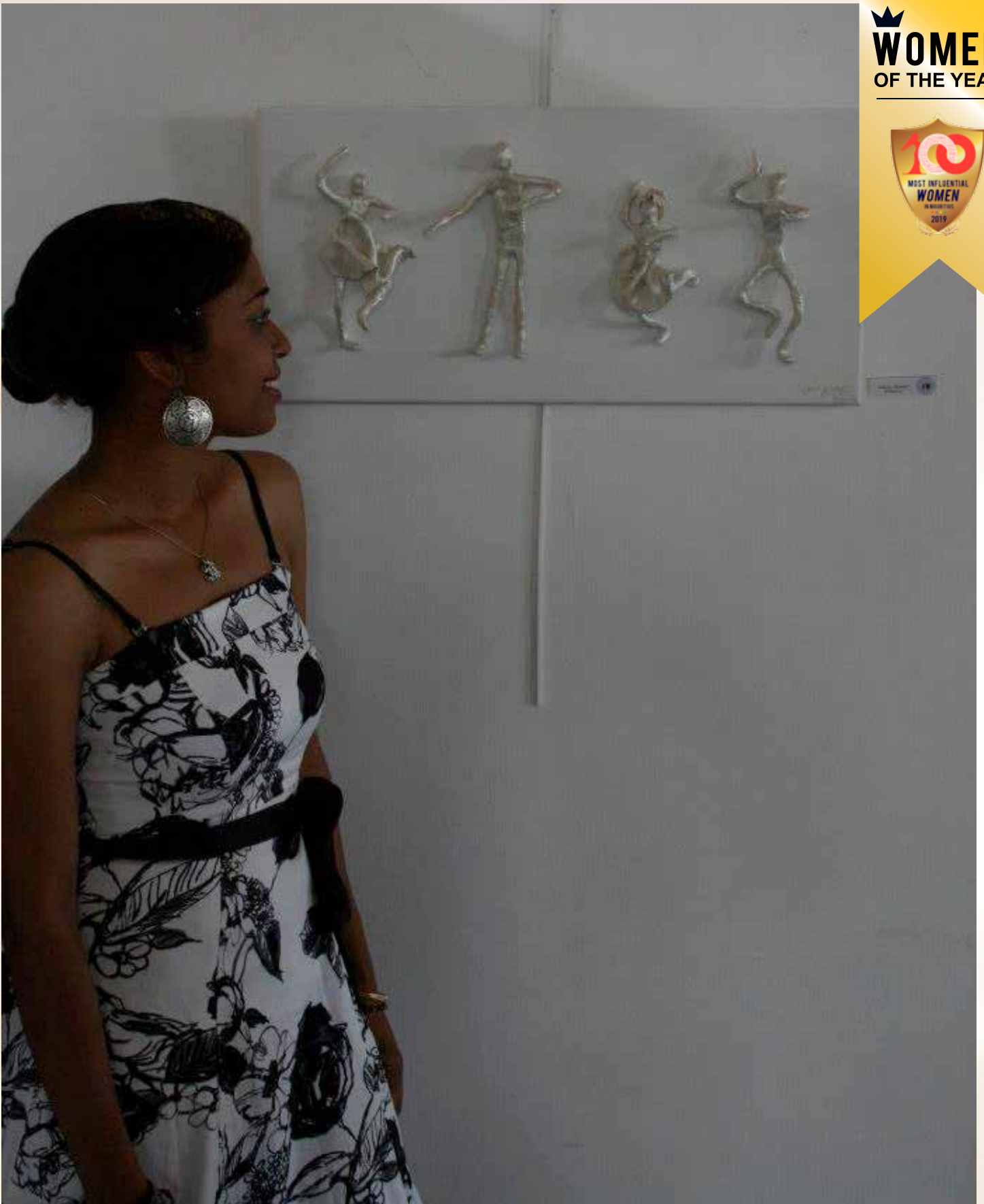
Aujourd'hui, grâce à son parcours de danseuse professionnelle, elle crée des spectacles, elle est certifiée comme entraîneur et est également professeur de danse à l'école L'Odysée du Savoir. Etant une danseuse passionnée, elle est coach dans une salle de gym et donne des cours de danse fitness, qui lui permettent d'enseigner la maîtrise de soi, de donner de l'énergie et de se sentir bien ! La danse, n'étant plus l'objet d'une représentation purement esthétique, devient alors la traduction de son identité artistique. Christine s'exprime à travers chaque chorégraphie.

Bien entendu, avec cette solide expérience, elle dirige aussi des groupes de danses jusqu'à la production de spectacles ainsi que des représentations bénévoles, plusieurs fois chaque année. Ce qu'elle préfère c'est de partager son amour de la danse. Elle inspire même certains de ses élèves et les forme. En effet, certains d'entre eux la suivent sur cette voie et deviennent coach à leur tour. Son message, c'est d'être créatifs, persévérants, mais surtout... passionnés !

Christine aime son métier ; elle aime par-dessus tout transmettre sa positivité aux autres en les encourageant à donner le meilleur d'eux-mêmes, sans jamais abandonner. La danse est pour elle non seulement une passion mais une vocation. Elle le fait avec beaucoup de plaisir et cela lui apporte beaucoup de joie et de bien-être... Elle a trouvé la bonne formule pour s'épanouir. Elle vit sa passion à fond et son énergie positive constante se traduit par son optimisme et le sourire qui illumine son visage.

"To shift your life in a desired direction, you must powerfully shift your subconscious."

- Kevin Michel, Moving Through Parallel Worlds To Achieve Your Dreams



CHRISTINE - LAURENT VERONIQUE

Arts & Culture



DAVINA RAMSARAN DURGADOO

Charity, Voluntary & Humanitarian

Affectionately called “Mother Teresa” and “Lady Diana”, by my supporters and well wishers, I have an inherently caring and loving nature, where no one can interfere with my integrity and honesty. I am also a patient and open person who enjoys communicating and helping others. I stepped in the Charity, Voluntary & Humanitarian world (“Social”), as a volunteer, in 2016, with a group of youngsters, where we regularly organized various activities for the needy and vulnerable kids in the region of St Croix and Baie Du Tombeau.

I enjoyed this experience so much that later in the same year, I joined a charitable non-profit organization (“NGO”) to make it easier to continue to volunteer in more Social causes. I started simply as a volunteer helping out at events, but later since I was deemed to have good communication skills, I obtained the opportunity to serve the NGO as Public Relations Officer and as treasurer. Of course, it

was all on a voluntary non-paid basis but the fulfilment I received from serving the community was huge.

However, as time passed, my Social engagement took a different twist. I reached a point, where I felt that just organising activities for care homes and shelters a few times a year was not enough. I realized that I could make a direct impact by helping others, such as those who have poor living conditions, live on the street or who cannot afford to go to school and who were living in the wider community. It was more challenging to obtain help for such type of people. But with the help of the community, the media including social media, I found that my calls for help were reaping results. I would personally meet with families in need to remit the collected supplies to them. It has been so rewarding to lift homeless persons from the street to a clean and happy home where they can afford simple things like having a shower, get some rest and watch TV.

I thus continued to help people who I found to be struggling each second and who are suffering day and night due to poverty and who are unknown to the society. My aim is to reach out to such people. Social became a part of me. I found that it is running in my veins and boiling in my blood.

I love lending a helping hand to the needy and vulnerable without expecting anything in return. I don’t judge. I don’t choose. If the case is a genuine one, then yes, I do everything in my capacity to help the family or the person. I believe that regardless of their past, people deserve a second chance in life; to be someone in the society; to have a sense of belonging because they each deserve love and respect. They just need to get the appropriate support. I take joy in every small accomplishments as well as in the major wins. This kind of action doesn’t bring any remuneration of any kind, but the reward I get is precious and priceless. Bringing a smile on someone’s face is the greatest reward I can ever have.

In 2019, I co-founded the NGO “A Nous Aider” or “ANA” which undertakes voluntary and humanitarian activities on a regular basis. I am currently the Vice President of the organisation. ANA’s aim is to give a helping hand to the needy such as the homeless, families affected by natural calamities etc. It also intends to re-frame education for kids and provide support for medical cases regardless of culture, religion, caste or color.

I dedicate all successes attained till now, to my supporters, well wishers, family, friends, all near and dear ones who are always there to back me up and encourage me both from Mauritius and abroad. I thank God for blessing me with the gift of love and compassion for the whole humanity.



DEEPWANTEE BUMMA

Beauty, Health & Quality of Life

My name is Dr Deepwantee Bumma, 32 years old and I am single. I have a doctor in pharmacy degree from the university of Lille (France), an MBA from the university of Northampton as well as I am a member of the project management institute. In the last 10 years, I have gradually worked my way through different sectors in the pharmaceutical field in Mauritius as well as in France. I am a registered pharmacist in Mauritius and a member of the pharmaceutical association. Since 2017, I have been appointed as quality director in an offshore pharmaceutical company (GBCI) in Mauritius. I have initiated and have launched the Mauritius and Madagascar branch of the offshore pharmaceutical company that I am currently working. Very career oriented, my expertise is in the field of strategic planning, marketing, international management and restructuring of business operations. Quality Director with verifiable year-after-year success

achieving revenue, profit, and business growth objectives within start-up, turnaround, and rapid-change environments. Extensive experience with highly engineered systems, which require deep understanding of critical business drivers in multiple markets and industries; highly successful in building relationships with upper-level decision makers, seizing control of critical problem areas, and delivering on customer commitments. Customer focused and performance driven. Led and motivated worldwide teams comprised of more than 250 employees and managed business divisions exceeding \$50 million revenue. My current residence is at Nouvelle Découverte, Mauritius and my hobbies are yoga, swimming and dancing.

Being only 32 years, I have defined the strategy of the laboratory, launched the Mauritius and Madagascar office of the offshore pharmaceutical company (GBCI) that I am currently working. I have developed and implemented the quality standard. I am responsible for all the projects that the company undertake and deal with the authorities of Mauritius, Madagascar, Comoros Island and West African markets. When the company started in Mauritius, I was the only employee based here. Now we are a group of 5 people and in October 2019 the company is taking 10 more staffs. The company has more than 293 staffs worldwide.

VISION & FORECAST

Effective and accountable in high-profile executive roles

Overcome complex business challenges and make high-stakes decisions using experience-backed judgment, strong work ethic and irreproachable integrity. Respected as a proponent of empowerment and accountability.

Corporate Strategy & Development Specialist

Characterized as a visionary, strategist and tactician. Consistent record of delivering extraordinary results in growth, revenue, operational performance, and profitability.

Strong orientations in operations and finance

Participate in high level operational initiatives, including infrastructure design, process reengineering, turnaround management, and reorganization. As an innovative investor use instincts, insight, judgment, and timing to succeed no matter how tough the deal.

Respect and leverage human capital

Motivate, mentor and lead talented professionals. Live the culture and lead by example. Direct cross-functional teams using interactive and motivational leadership that spurs people to willingly give 110% effort and loyalty.

**WOMEN
OF THE YEAR**



dhiraj k click



JENNIFER CATHERINE PROSPER

Charity, Voluntary & Humanitarian



JYOTEE DEROCHOONEE

Charity, Voluntary & Humanitarian

I am Mrs. Jyotee Jatoo DEROCHOONEE, 30 years old, resident of Long Mountain. I am the Head of Training and Administration of Maison Familiale Rurale de l'Est (MFRE), an association of families from poor backgrounds, offering a different perspective on the training of young school dropouts for economic empowerment.

With my experience as a qualified trainer for six years at the MFR du Nord, I conducted a diagnosis of the territory in the Eastern region of Mauritius in May 2011. In this study, I identified young school dropouts who are marginalized and vulnerable in this region. I mobilised families, youngsters and partners through meetings, door-to-door and other participatory approach to set up the Maison Familiale Rurale de l'Est in Camp Raffia in September 2013. As Head of Training and Administration I embarked on this noble mission of educating and training young boys and girls for social and professional integration and access to employability.

It is sad that the education system in Mauritius produces around 30 - 35% of failures at standard six annually. Most of these young boys and girls, who come from marginalized communities, are forced to abandon their studies and are exposed to social ills and become a danger to society. Being under aged and having no professional competencies,

they are exposed to abusive work practices and risk of antisocial behaviours such as drug abuse, alcohol, cigarettes, juvenile delinquency, HIV/AIDS infections and prostitution. Consequently, these youngsters are often treated as "laissés pour compte". With our Sandwiched-based approach (Alternance), the MFRE caters for these young boys and girls of 16 years and above through vocational training for social and professional integration and access to employability.

The initial stage of setting up the MFRE at Camp Raffia, a very poor suburb in the east, was not easy. I faced many difficult situations. Families living there are socio-economically vulnerable and are not committed to our educational and social values. As they come from poor background, they prefer to send their children to work rather than enrol them in vocational training.

I also faced financial problems (salaries of trainers/moniteurs, training expenses and transport) of managing the training Centre. It was difficult to find partners, sponsors and companies to support us initially.

Fortunately, I contacted the Board of Rotary Club of Flacq, the District Council of Flacq, ALTEO and several nearby hotels to sponsor the construction of our Training Centre at Camp Raffia. I also contacted the President of the Federation of Maisons Familiales Rurales de Maurice, Mr. Philip AH-CHUEN for both his financial support and his intervention for the pedagogical support from the Federation des MFR of Reunion Island. I have undertaken projects for community development, professional training in hotel hospitality and entrepreneurship.

These obstacles have moulded my leadership and credibility as head of training and administration at the MFRE.

With hard work and perseverance, I assume with confidence my leadership role and responsibilities. I established professional and financial partnership to ensure the sustainability of the MFRE. Both parents and their children were transformed at the opportunities that were now available to them.

I found that the educational activities that I proposed enabled the youngsters to work dynamically and in teams. They feel secured as they were well recognized by their employers.

"My motto of serving the Community is Service to Humanity and this is the main reason why I worked hard to serve the youngsters, parents and the society at large."

WOMEN
OF THE YEAR



KALINDI JUNDOOSING

Arts & Culture



KOBASHINI PILLAY

Hospitality, Tourism & Culinary

La cuisine est une grande passion pour Kobashni Chedumbarum Pillay. La preuve : elle a remporté le concours Le Chef, organisé par la télévision nationale avec la collaboration de la Mauritius Chef Association. Responsable des ressources humaines et service clientèle dans une compagnie d'assurance, elle est aussi une chef autodidacte !

Elle a fait carrière dans les ressources humaines, mais n'a jamais abandonné ses casseroles. Gagnante de la première saison de cette émission culinaire, Kobashni avait également remporté le 1er prix lors du concours Super Chef, en 2014. Si elle excelle dans la préparation de mets qu'elle parfume toujours avec une pointe de sa créativité, Kobashni n'a jamais pris de cours de cuisine. Comme le témoignent ses mets : gratin de brède malbar, crème brûlée au thym, pesto de pipangaille, chips d'arouille (taro), entre autres.

Graduée, avec une maîtrise en administration et ressources humaines, Kobashni est passée maîtresse en la matière par passion. Très jeune, elle a établi ses premiers contacts avec la cuisine, soit en regardant sa mère dans ses longues préparations culinaires. Toutefois, ce n'est qu'après son mariage qu'elle découvre les vrais plaisirs de la cuisine.

« Il fallait que je me débrouille et j'ai essayé des plats, essayé de nouveau jusqu'à ce qu'ils soient réussis. Je ne suis pas du genre à abandonner. C'est un peu cela qui m'a fait faire un chemin dans l'art culinaire », explique Kobashni. Toutefois, c'est à l'aide des livres de recettes et YouTube que Kobashni affûte ses couteaux.

« Cuisiner est pour moi un moment de plaisir, de sérénité où je peux innover en permanence à partir de bases simples », précise-t-elle.

Son époux Neil est son premier fan aussi bien que ses 3 enfants qui l'ont également encouragée à apporter sa touche personnelle aux plats qu'elle prépare. « Je privilégie les repas sains et avec les enfants, il faut que cela soit rapide. Donc, j'essaie de trouver des idées gourmandes pour les transformer en mangeurs épanouis. Par exemple, pour faire des chips, j'utilise des arouilles au lieu des pommes de terre. Et les enfants en raffolent », relate notre interlocutrice.

Tout est dans la façon dont les ingrédients sont utilisés, précise Kobashni. « Mes enfants mangent des légumes qui ne sont pas forcément appréciés des enfants en général. Je sais que les mamans font souvent face à ce genre de problèmes. D'ailleurs, je compte publier un guide avec des recettes simples, sains et rapides qui plairont aux enfants. »

En attendant, Kobashni profitera des cadeaux qu'elle a remportés lors du concours Le Chef, particulièrement la bourse d'études d'une année offerte par l'Institut Escoffier. « Je suis vraiment heureuse de pouvoir apprendre les bases de la cuisine afin de pouvoir créer encore plus de nouveaux plats », conclut-elle.



Life isn't about finding yourself. Life is about creating yourself.

- George Bernard Shaw



Who is wise? He that learns from every one.

- Benjamin Franklin



KURSLYNE SENEQUE

Business & Entrepreneurship

I am Kurslyne Seneque, born on 18 April 1970. I come from a family of 4 children one of whom is my twin. Until recently, we were a family of 6, but after suddenly losing my lovely mother on 20 August this year, we are now only 5.

I live in Albion, have been happily married for 31 years, am the mother of 4 wonderful children and the proud owner of 2 amazing dogs.

I hold a DELF and DALF in French language from The Ministry of French Education in France, a Senior Management Diploma with Distinction from Canada and a Diplome Francais des Affaires with Mention Tres Bien from La Chambre de Commerce de France.

From 2005 I ran a family owned Non lata Travel and Tour Operator agency which was offering our services for events and weddings as aside-line.

In 2015 however, we decided to stop all activities in the Travel & Tourism industry in order for me to concentrate on

the field in which I am passionate. And so, in February 2016 another family owned business was born, a wedding and event planning agency, officially called “Get In Touch Event”. I became the Managing Director, or as I prefer to be called, Creatrice d’Evenement et Passionnee de Surprendre... this is a job I love!

I am a passionate person, fond of sharing love, happiness and the positive vibes around me. I love helping other people, realise their dreams. When I was young I wanted to be a teacher just like my mother as I love to teach, wanted others to achieve and to beyond limit to succeed, as I didn’t follow that path and still have same feeling deep inside me somewhere this is the reason why I decided to become a wedding and event planner.

While being a calm and professional person who can work well under pressure, I am also an assertive individual who is able to ensure each client’s event or wedding is a success. I am able to perform calmly in high-stress situations, and also consider myself a very good communicator.

When I think of my work, I love feeling the creativity, the emotion and the inspiration while working on a project. Each new project is like a new film in progress, with a new script that I get to write and direct for each and every wedding or event. Sometimes there are similarities in colour or theme, but they are never exactly the same. And on D-Day, I love the rise in adrenaline. Time passes so quickly on that final day, that until the set up is done it’s like pure motion, with so many things going on at once. On that day, we must multi-task, but also prioritize for optimum results for our clients.

I am always open to learning about other people’s cultural and religious customs as expressed in wedding ceremonies and celebrations. Each wedding or event brings us something more, an opportunity to learn and grow with each one.

From that very first exchange of communication, be it email or mobile call /sms with a couple or a corporate staff member, we can feel the energy taking place. I am normally the first point of contact person for the client, and I am always available for them. Time zones pose no problem to us, as we are well prepared to work late at night, or very early in the morning.

The event remains stress-free for the couple and their close relatives, or for the corporate client, as we offer our services from planning and co-ordinating everything from start to finish. We ensure every element of the event goes smoothly. We assist, advise, accompany and suggest, without imposing our views. We are always at the ready to solve potential problems, often without the client or their families being aware of any such incidents.



A proven track record of working in Sales and marketing, customer service, as well as events organization and communications with over 15 years of experience, whilst achieving goals and delivering the highest standards in very difficult trading conditions. Believing that the ability to monitor market trends, sales integrity and sound customer follow up with the ability to inspire other to maximize profits, staff and customer retention.

Qualified for challenges requiring expertise in key events management, sales and marketing, relationship building, customer relation, and field service operations. Motivated leader and team player with a track record of consistently exceeding expectations.

A capable, dynamic, proactive and very presentable communications specialist with an unrivalled ability to understand a client's objective, industry and mission statement. Much experienced and having a proven ability to use the web and social media to engage with a target audience and get a client's core message across. Having the aptitude to work independently and in a team. Uncommon ability to create, maintain and nurture an active network of media contacts.

My passion for the audiovisual field has been my drive since I left school, varying from school plays, concerts, cinema production, adverts production and acting, voice over. The love for the camera has led to several experiences from presentation of the weather bulletin to business news presentation in English. Experienced in radio presentation and production.

Over the years I have been a fervent defender of women's rights and have been the ambassador of the NGO Passerelle for the international women's rights day 2019. This initiative has been a very important turning point in my life, touching base with the general population of women around the republic of Mauritius and understanding the challenges they are facing in their day to day struggles in various aspects of life.



You are what you believe yourself to be.

- Paulo Coelho

MARTINE FONG

Media & Communication



MASHOODA CASSIM

Fashion & Entertainment

I am a self-made entrepreneur; an International Fashion Designer and I am the director of my own business in the Fashion and Textile industry. I am aged 45 years old, married and mother of 3 children. I have 2 daughters and a son, aged respectively 22, 19 and 17 years old. I am a Mauritian and live in Port-Louis.

It all started when I was young, I was always fascinated to arts and fashion. Growing up, I loved being crafty and making things on my own. I would see something I like and add my own touch to it. I was a big fan of “diy” (do it yourself) projects, I did decorations and started stitching clothes for myself as well as my cousins and sister. As I got older, my love for these things just continued to grow and I became more interested to pursue my career in the fashion and textile sector. I had the desire to work in the fashion industry, I studied fashion and design at high school level and pursued further studies at the Industrial and Vocational Training Board in order to excel in my work. My objective was to be a renowned fashion designer and with the right experience and expertise by participating in various shows, I have achieved this goal.

I launched my business just after completing my studies. I rented a commercial space in Port-louis and started to take orders for casual dresses only. I got married and my husband also his business in the fashion industry, we shared the same passion. It was here that my transition from casual dress to wedding dresses began. The vision for my business had changed and I started to specialized into made to measure wedding, party and cocktails dresses only.

My clients were very satisfied with my services and with their help of strong word of mouth, I became well-known in the Fashion Industry. I was being approached by various event managers to participate in Bridal shows and fashion shows to showcase my garments collections. I work in collaboration with many make-up artists, models and photographers for fashion editorials. My dress collection was on the cover of various magazines namely Scope Magazine.

I was selected to be the official fashion designer for Miss Eco Mauritius and Rodrigues, from 2016 till now. I had to design and manufacture outfits for the contestants for all the 4 consecutive years. I had to also design and prepare all the outfits: National Costume, Elegant Dress, Resort Wear, Recycle Dress and Final Dress for the winners of the Miss Eco International. Since then, many beauty pageants was willing to work with me.

I was always delivering the best quality service to my clients. The founder of Miss Eco Universe Mrs. Dr. Amaal Rezk in Egypt was very pleased with my work therefore she choose me to be the International Fashion Designer for her beauty pageant. As mentioned in my cv, I got the chance to dress the winners of Miss Eco Universe as well as the other contestants. Being their official designer, this has allowed me to travel to Egypt for 3 consecutive years to assist and be part of the members of the jury for the Miss Eco Universe competition.

I have hired, trained and managed many students who are studying at the Fashion and Design Institute, HSC level students as well as my staffs. Being an international fashion designer, my values are to exceed each customer expectations, provide them with the highest quality garments and provide the best services. I believe that each student will be able to follow my path and establish their own company. My aim is to help these students to succeed in their professional life.

Apart from working with international clients I also work with the locals. I organize and participate in fashion shows for the Divali festival. I worked with the Ministry of Tourism of Mauritius for the Festival Creole; to represent a garment collection on the theme “Creoliter nu l’heritage”.

**WOMEN
OF THE YEAR**



MELISSA CHINEEGADOO

Arts & Culture



MERITESS BEEHARRY
Business & Entrepreneurship



Courage is not the absence of fear, but rather the assessment that something else is more important than fear.

- Franklin D. Roosevelt

FEMME ENTREPRENEURE, DIRECTRICE ET CO-FONDATRICE D'UNE ONG

Meritess Beeharry, directrice de Holdem Events, cofondatrice de l'Organisation Non Gouvernementale et directrice de la Holdem Foundation Academy est fière de son parcours. Femme battante, femme de caractère et surtout femme entrepreneur elle a su se faire une place dans ce monde d'hommes, malgré la difficulté que représente le monde des affaires elle considère la gent masculine comme son égale car, ce secteur est une immense toile dont l'entraide est inévitable.

Originnaire de Rose-Hill, cette jeune mère de famille de 33 ans jongle entre responsabilité professionnelle et responsabilité de mère. Elle gère son timing d'une main de maître et elle arrive à accomplir son rôle de mère, elle garde à l'esprit que sa totale présence est nécessaire afin de vivre vie familiale saine et joyeuse.

Malgré des débuts modestes, elle est désormais fière de pouvoir en parler et encourage toutes les femmes qui souhaitent prendre les devants et se lancer dans cette folle aventure. Les hauts et les bas font partie de cette responsabilité mais le plus important est de pouvoir garder la tête sur les épaules. Meritess a appris au fur et à mesure de sa carrière qu'il faut incontestablement faire des compromis, cependant, cela l'a aidé à grandir dans ce monde, qui parfois ne laisse pas de répit à l'esprit.

Dynamique, rigoureuse, téméraire et polyvalente, la Wonder Woman dont elle est devenue est capable d'affirmer qu'être à la barre de certaines décisions change votre façon de penser. Il y a une certaine logique qui accompagne toutes les réflexions, les conversations et les décisions, la prise de risque est calculer au millimètre près.

Deux ans de cela, elle et son conjoint mettent sur pied une Organisation Non Gouvernementale « La Holdem Foundation » et pierre après pierre ils bâtissent à travers plusieurs interventions à l'égard d'une population démunie une fondation solide qui aujourd'hui n'a pas peur de prendre les choses en main.

Le chemin est long mais la volonté de Meritess est bien réelle, son objectif est modeste et ambitieux à la fois. Elle cherche à apporter un soutien à la population mauricienne vivant en situation précaire et souhaite sur différents plans aider à la reconstruction des nécessiteux notamment, l'accès au travail, à un logement, à une vie collective, à la santé et à l'éducation pour tous.

À travers de multiples actions et développement elle a espoir que ces expansions puissent s'enrichir dans le futur grâce à des échanges entre bénévoles, citoyens, professionnels etc.

Sa vision concernant son association est de créer et soutenir des projets de développements sociaux, encourager le travail coopératif, apporter une sensibilisation optimale, développer des projets d'aide humanitaire, améliorer le train de vie personnel et professionnel des habitants démunis, et créer des ouvertures professionnelles.

Étant sensible aux enfants elle décide de venir en aide à plusieurs enfants souffrant de maladies rares et ceux n'ayant pas les moyens de bénéficier d'une éducation scolaire ou d'éducation adaptées. Elle met sur pied une école dédiée aux autrement capables « La Holdem Foundation Academy » à Quatre-Bornes. La Holdem Foundation Academy est une institution scolaire pensée, mise sur pied et destinée aux enfants autrement capables dans le but d'apporter un soutien scolaire de qualité suivant la méthode Montessori. L'objectif de cette académie est de valoriser l'individualité, de développer l'estime de soi, la confiance et l'indépendance dans un environnement sécuritaire, stable, accueillant et stimulant. La force, les intérêts et les besoins spécifiques de chaque enfant seront pris en considération afin de leur permettre d'accroître leurs connaissances et favoriser leurs évolutions.

Meritess ne cache en aucun cas sa bonne humeur et sa passion pour les fêtes, depuis quelques mois, elle occupe la place de directrice des événements chez Holdem Events.

FEMME ENTREPRENEURE, DIRECTRICE ET

Elle mise avant tout sur du sur mesure et propose un service qui travaille dans les limites des budgets. L'écoute est primordiale et grâce à cela elle cherche à créer une expérience mémorable et fantastique. Sa vision est simple elle œuvre à ce que ses clients soient plus proches de l'action tout en construisant des relations solides en apportant une satisfaction certaine.

Passionnée, Meritess mise beaucoup sur le dur labeur et à chaque contrat elle œuvre à engendrer de la passion par des actions concrètes et professionnelles.

- La *transparence* pour le bon fonctionnement d'une compagnie.
- Le *travail d'équipe* qui permet d'avancer et de se surpasser.
- *L'humilité* pour une prospérité certaine.

Sont nécessaires selon la jeune femme pour toute réussite dans divers domaines.

La business woman se voit attribuer un trophée pour étant une Woman Superachiever dans la catégorie de Business & Entrepreneurship au Promising Indian African Awards 2019.

Cependant, cette maman sait faire la part des choses, il y a un temps pour travailler, un temps pour être une bonne mère et également un temps pour prendre soin d'elle. Car, il est essentiel de prendre du temps pour soi, un esprit sain dans un corps sain est fondamental afin de garder les pieds bien ancrés sur terre. Prendre soin de soi ne veut pas forcément dire avoir accès à des choses onéreuses, cette directrice apprécie les petits plaisirs de la vie et se ressource parfois en s'évadant dans la nature. Il est important selon elle de garder une connexion avec la nature car elle nous accompagne tout au long de notre vie et nous surpassera pour encore beaucoup d'années.

Elle attache une grande importance à l'écologie, elle se soucie de notre mère la terre et ne manque d'inculquer aux élevés de la Holdem Foundation Academy l'importance

de celle-ci ainsi de les montrer comment elle peut être généreuse.

Meritess accorde également une grande importance à ceux qui ne peuvent faire entendre leur voix, notamment les animaux. Elle a toujours eu une affection particulière pour les chiens et depuis son adolescence elle se rendait dans plusieurs endroits à travers le pays afin de nourrir les chiens errants et a sollicité l'aide d'amis afin de les faire adopter.

Rêveuse également, elle a su garder son âme d'enfant et encourage la liberté d'expression. Consciente de la violence grandissante à l'égard des femmes, elle les encourage vivement à se détacher de leurs chaînes et leur souffrance. Elle est un symbole de woman empowerment en puissance et qu'il est possible de faire de vos rêves les plus improbables une réalité bien vivante.





MOIRA MEO

Hospitality, Tourism & Culinary

Originated from Belgium, Moira Wouters-Meo, currently Director of Marketing, E-Marketing, Communication & PR of the 5-star Maritim Resort & Spa Mauritius, holds a Bachelor Degree in Social Communications & Public Relations from IHECS and of a post graduate in Marketing & Events Management from ICHEC both university level high school in Brussels.

After different internships in PR & edition companies in Belgium, she started her career as "Assistant Manager" in an event company where she handled all the logistics, sales, and marketing of all the events, a very interesting and rich full experience to start her career and improve her organisation skills. She moved few years later for the biggest trade show company of Belgium 'Batibouw' as "Sales Manager".

In 2000, she joins the human resources field as "Interim Consultant" for the French international interim company "Adecco". In 2001, a new opportunity arises in a field & trade marketing American agency based in Brussels where

she supervises, as "Planning Manager", all the activities of hostesses placement, merchandisers placing and promoting products in different point of sales for Wallonia (southern part of Belgium) .

Four years later, she had the opportunity to join the hospitality industry in the most renowned and luxurious hotel of Belgium and member of "Leading Hotels of the world", the "Rocco Forte Hotels - Hotel Amigo" as "Media Communication & Public Relations Manager". In 2009, she decided with her husband to experiment an expatriation and had the opportunity to move for Mauritius for the flagship hotel of the island "One & Only Le Saint Géran" a five star resort, also member of the "Leading Hotels of the World", as "Public Relations Manager".

She then joined the "Veranda Leisure & Hospitality Group" at the head office in Mapou as "International Communication & Public Relations Manager". She had the chance there to work on the acquisition of Le Telfair, the creation of Heritage Resorts brand , the rebranding of the company, the foundation of the Domaine de Bel Ombre & C Beach Club, on the Seven Colours spa brand but also on their 3 to 4 star hotels portfolio "Veranda Resorts".

In 2012, she is being offered to move for "Maritim Resort and Spa Mauritius", part of German hotels chain "Maritim Hotels". She accepts the position of "Communication & Pr Manager" only after visiting the hotel, convinced that it is much more than an hotel with its multi-awarded "Maritim Tropical Flower Spa" featuring Décleur, "Château Mon Désir" fine dining restaurant, "Maritim Equestrian Centre", " Maritim Golf Club" and "Historical Ruins of Balaclava". She is handling there with her small team all communication, press and marketing activities for leisure, corporate business of the hotel including all its outlets locally and internationally.

She is promoted few years later, thanks to her skills, dedication and passion at the position of "Director of Marketing, Communication & PR". She participated also to the launching of the 4-star Maritim Crystals Beach Hotel Mauritius, managed by Maritim. In the meantime, she has achieved and assisted to many trainings to fine tune her expertise in this very fast moving domain such as "Social Media & Digital Marketing" 'masterclass, "Campaigns with Social Media Influencers" workshop, "Digital marketing strategies" training, "E-Business- E-Marketing" but also "Media & Management" coaching to name a few !

Moira Meo, is an active lady with exceptional organisation skills. She speaks fluently French and English and understands Creole plus has some other languages knowledge's. She likes yoga, golf, travel and cinema.



MOKSHDA PERTAUB

Politics, Legal Affairs, Public Services & Good Governance

Ms MOKSHDA PERTAUB has read law from LSE (LLB with French Law), UK and Maitrise en Droit Francais (specialisation droits humains et droit compare) from Univ. d'Aix-Marseille III, France. She did her Bar Finals from Vocational Council of Legal Education Mauritius where she came out national rank 3rd and topped in Criminal law (Award Fernand Boulan Memorial Prize). She did her pupillage in UK (4 Pump Court, Inner Temple), France (Cabinet Cazeret et Pinatel, Aix en Provence) and in Mauritius under Me Sanjay Bhuckory SC, senior barrister and Me Naren Appa Jala, Attorney at Law. She was called to the Mauritian Bar in January 1998 then worked as defence counsel. She also taught law since 1996 as a part-time lecturer at the University of Mauritius and other law institutions catering for Univ. of London External LLB programmes. She was equally a part-time legal consultant for the Ministry of

Women and conducted legal literacy, domestic violence legislation and womenempowerment programmes for women at grass-root level.

In 2002, Mokshda joined the State Law Office as State Counsel, working mainly for the DPP. She was then deputed to the Judiciary as District Magistrate of Port-Louis and later as DM of Flacq. In 2004, She shifted base to India later where she worked as a law faculty for about 6 years, where she taught international environmental law, criminal law, human rights, gender and criminal laws, technology transfer and other IP laws. As a senior faculty, she has also handled administrative duties as well as international collaborations with foreign universities in the Commonwealth, Europe and BRICS countries. She was instrumental in getting MOUs signed with US universities and negotiating for scholarships for postgraduate legal studies for students. She also set up the Amity Centre of Gender Justice

in the university to motivate and train students in gender and legal literacy and community outreach. She organised numerous seminars and workshops and guest lectures related to Human Rights, International Law and Gender and Criminal laws. She has also been called upon as a gender and legal consultant to train the Border Police, Indian Army and Police Academies in India. Her areas of research and publications are global legal education, environmental law, gender violence and criminal laws. Furthermore, she is a certified corporate trainer in soft skills and a motivational speaker.

From January 2017, Mokshda has been working as full-time director of the Institute for Judicial and Legal Studies, which gives continuous professional training for judges, magistrates and law practitioners, and is under the aegis of the Supreme Court of Mauritius. Mokshda is also a judicial trainer in cybercrimes, environmental law and judicial ethics.

WOMEN
OF THE YEAR



NALINI TREEBHOOBUN

Arts & Culture



NASREEN BANU AHSEEK

Arts & Culture

“When you stop chasing the wrong things, you give the right things a chance to catch you”. In brief, this sentence depicts the person who I am- a lively lady, enthusiastic and avid of learning while upholding rich values. I am known as Mrs Nasreen Banu Ahseek, currently Educator at Queen Elizabeth College. Despite being an Educator who specialized in Urdu, I discharged hobbies in the course of my career which built my versatility and turned me into a multi-skilled woman. My passion for painting springs from my secondary schooling when I had studied visual art at Principal level. Moreover, I furthered the study of Art by opting for the subject at subsidiary level during my tertiary education at Aligarh Muslim University. Since then, I have been giving vent to my artistic drive and participated in a

plethora of exhibitions and it's a matter of pride for me that three of my paintings have been offered to the Honourable Pravind Kumar Jugnauth, the Prime Minister of Republic of Mauritius, on three different occasions.

Art is present in all aspects of my life. For me it's very important to choose the right colours and textures in everything whether it is related to my dressing style or make up. Being an artist, I am very conscious whether my shoes and other accessories should be of matching colours or contrast colours. Choosing and mixing the right colours whether it's on canvas or on myself gives me great satisfaction. I believe that this defines my personality and makes me a confident lady.



NATASHA BEEKOO

Agricultural & Environmental Developments

The parents of Natasha Beekoo, her friends as well as her close relatives describe her as a Superwoman. And they might not be wrong. She is passionate about gardening, agriculture and social work. Besides she is also a tutor and the founder and president of the NGO, The Caring Society. Since two years now, she is an entrepreneur in agriculture. She joined her dad's business plantation, awaiting him to recover from his health issues. However, once she started gardening, she could not stop her growing passion about agriculture. Therefore, today, she still finds joy in the soil. She has come forward with a new way of growing lettuces.

A practical and successful method.

"My hands are in the dirt, digging the soil to do plantations, head in the sun but heart with the nature"

She is grateful to her dad who initiated her to gardening. She describes her dad as her hero and the one she loves the most in this World.

PROFESSIONAL BACKGROUND

The young lady is a full-time tutor. She works in a beauty training institute which is registered by the Mauritius Qualification Authority. She has followed a three-year course in professional beauty and holds a diploma in this field. Natasha Beekoo also has a rich professional experience in marketing and communications. Since last year she is working as advisor with a Reunion Island candidate who will be standing for the coming elections.

NATASHA AS A SOCIAL ACTIVIST

Founding the Non-Governmental Organisation, The Caring Society has allowed Natasha Beekoo to achieve her dreams of serving others. Being the President of the organisation, she aims to serve humanity. With the help of her members, she tries to enhance the standard of living of those who have been struck by circumstances which are beyond their control.

Furthermore, the lady aims to mobilise the people for growth and development so that they can use available resources, their skills and capabilities at an optimal level.

In addition, The Caring Society advocates awareness to human rights and to empower vulnerable women and children irrespective of their social and religious background to live with dignity and respect.

Being an active social worker, Natasha Beekoo has participated and contributed in various events as part of her endeavour to serve the society to eradicate poverty and to promote moral values.

Natasha Beekoo is committed to make society a better place. A place where women and children are respected, where hatred is inexistent and where love prevails.

My garden is my most beautiful masterpiece. the glory of gardening is my dad's smile Women are the pillars of our society and being a woman, it's a pride to me.

WOMEN OF THE YEAR



NEHA GUNPUTH

Fashion & Entertainment

Highly ambitious and motivated dance instructor with 15 years of experience in all levels, including recitals and dance convention choreography. I, Mrs Neha Devi Gunpath Chairwoman of Rockmania Dance Group, 30 years old, a married woman with two children Krishna Kumar Gunpath and Heemnish Kumar Gunpath living at Montagne Blanche, holds a recognized teaching qualifications, has experience of teaching all age group and not only fully understand the needs of my students, but also has ability to quickly engaged with them. Moreover, I have experience of teaching modern dance including

lyrical, contemporary, Sega, and Bhojpuri. I'm relentlessly results orientated, and also dedicated to achieving the highest possible standards across all curriculum key stages.

Furthermore, I also expertise in choreography full routines to a high standard for beginners right through to advanced students along with explaining and demonstration dance techniques and methods.

In 2013, I have been to Madagascar for one month for Zumba fitness training. Due to this, I have been able to open a dance studio in Montagne Blanche where I have been able to train my students for Zumba fitness. As we all know Zumba fitness is one of the most fun and versatile fitness craze. Many people say that they have so much fun dancing that they even forget they are actually exercising.

Since my husband, Mr Sandeep, has motivated me from the beginning that is why I have been in this field. Nevertheless being a dancing choreographer was one of my desires since childhood. In addition, I have been able to execute my dance shows in different events including wedding, reception, engagement, birthday parties and I also perform Geetgawai, lalna and dholl. Also, I have a group of 25 members who have been supporting me throughout. Moreover, by god's grace, I have got the golden opportunity to perform in India where I have learned different culture of dances such as garba and bihar Bhojpuri... Also, I have been trained by an Indian choreographer Mr Jayant Prem.

As the saying goes, "Learning never ends" now I am in the world of Bharat Natyam where I have been able to enhance more my skills of dancing. Despite being a dance instructor, I am able to manage my career and my house hold chores as a wife, daughter-in-law and a mother with the help of my family.

Last but not the least I have achieved my first winning trophy of dancing competition in 2006, dance fiesta in 2008, Mauritius dancing star in 2014, Bhojpuri bollywood cultural association (BBCA) in 2019.

My career goals do not end here as there are many more to come.

**WOMEN
OF THE YEAR**



NOORIE TEELUCK

Sports & Image Ambassadors

« Les femmes, précieux ornements de la terre, sont une seconde âme de notre être, qui, sous une autre enveloppe, correspond intimement à toutes nos pensées, qu'elles éveillent ; à tous nos désirs, qu'elles font naître et partagent ; à nos faiblesses, qu'elles peuvent plaindre, sans en être atteintes. »

Joseph-Alexandre de Ségur

Noorie Teeluck est une femme devenue athlète en bodybuilding. Ancienne présidente d'un club de boxe,

juge arbitre en boxe thai, elle décide de se lancer dans le bodybuilding en 2018. Une dure épreuve pour elle, issue d'une famille conservatrice, face à une société qui n'adhère pas une place pour la femme dans une salle de musculation, à un entourage où la perception de la femme est limitée sans oublier les critiques et moqueries de beaucoup. Faisant preuve de courage et de détermination, elle décide malgré tout ce qui l'entoure, d'aller de l'avant à la poursuite de son rêve. Elle concourt sa toute première compétition au Grand Prix de Latiano en Italie où elle décroche une troisième place dans la catégorie de Modèle (-1mt63). Elle décroche ensuite sa qualification pour le Wabba World en 2019. Elle participe au coupe de titan 2018 où elle décroche la cinquième place en catégorie Wellness. Cette année, Noorie a fait ses preuves en juin pour le Wabba world en Ukraine où elle est classée 12ème en catégorie Modèle, 6ème catégorie Couple. Elle décroche ensuite la 7ème place en Italie. De retour à l'île Maurice, elle ne lâche rien avec plus de détermination et de discipline, elle se prépare à fond pour Le championnat de Wabba France. En Octobre 2019, elle remporte la première place en catégorie Wellness et Seconde place en catégorie Bikini (-1mt63). Elle se qualifie pour la Wabba Universe dont elle participera en 2020.

A 38 ans, elle est devenue une source d'inspiration pour beaucoup de femmes. Très fière de son parcours, elle partage sa connaissance avec beaucoup de femmes qui sont déterminées à être bien dans le corps et l'esprit. Le bodybuilding est sa passion et aussi une mode de vie déjà adoptée. Noorie est bénévole depuis plus de 10 ans. Elle se bat contre la cruauté des animaux à Maurice. Elle fait de son mieux tant que possible de sauver les chats abandonnés, les nourrir et trouver des familles cherchant à les adopter.

Selon Noorie, le bodybuilding aide beaucoup à forger la personnalité et le mental d'une personne. C'est aussi un moyen de se détendre et de faire du bien au corps humain. Chez la femme, c'est une façon de garder la forme, la santé et une belle silhouette avec une peau bien ferme à tout âge. Pour Noorie, ce n'est que le début car elle compte bien de continuer à poursuivre ses rêves.

La beauté extérieure est la partie visible de la beauté intérieure. Et elle se manifeste par la lumière qui se dégage des yeux de chacun. ”

Paulo Coelho

You'll never find a rainbow if you're looking down.

- Charlie Chaplin



POONAM KALACHAND

Business & Entrepreneurship

Etant l'enfant "chérie" de mon père, je voulais poursuivre ma carrière dans le secteur de l'éducation, car mon père était un prof et ensuite maître d'école à la retraite. Après plusieurs essais dans le secteur de l'éducation et de la médecine, j'ai enfin découvert ma passion pour le marketing et le management. Après quoi, j'ai commencé mes études dans le domaine de la gestion à Toronto.

Pendant mes vacances à Maurice, j'ai rencontré mon mari. Nous parlons d'il y a 19 ans et j'ai décidé de le rejoindre dans son entreprise. Nous avons créé ensemble "Softdreams Mattress Mfg Co Ltd" dans lequel je suis co-fondateur et directeur, et je suis fière de dire que nous sommes the leading entreprise locale dans la fabrication de matelas et d'accessoires de literie.

Nous avons eu, au sein de l'entreprise existante, une trajectoire commerciale très riche jusqu'à présent, mais ma passion pour le monde du business m'a amenée à créer "Edutech Business Solutions Ltd", un provider de solutions pour les entreprises, comprenant des formations, des team buildings et des services de recrutement. suis le directeur exécutif.

Je suis retournée à l'école l'année dernière pour poursuivre mes études inachevées en gestion et parallèlement à l'obtention de mon diplôme en gestion des affaires, je fais aussi une maîtrise en psychologie des affaires en ligne. Difficile de faire face à une vie familiale, sociale et professionnelle active. Mais je crois fermement que nous n'avons pas de raccourci vers le succès, mis à part le travail acharné. C'est le mot clé

du succès dans tous les domaines.

Je suis une personne très familiale et grandis mes deux fils avec beaucoup de commitments. Je suis aussi une personne très active dans le domaine des affaires et très active sur le plan social, grâce à laquelle j'aide de nombreuses ONG, en particulier celles liées aux femmes et aux enfants.

Dans ce monde des affaires dominé par les hommes, il n'a pas été très facile de gravir les échelons, mais persévérance et ambition sont restés mes mots clés. J'encourage vivement les femmes à se fixer des objectifs solides et à poursuivre leurs rêves avec détermination. Je reste à l'écoute des femmes à problèmes et essaie de les aider au mieux que puisse.

Ma passion reste la mode (don't j'ai été jurée dans plusieurs concours de mode) et la lecture, mon auteur préféré étant Robin Sharma.

My aim remains to keep on being a role model for the women around me, as a mother and business entrepreneur and I strive in pursuing my higher studies, as studying doesn't have an expiry date.



PREMA MOOKARAM

Charity, Voluntary & Humanitarian

My name is Prema Mookaram, I was born in Mahebourg in 1991. I attended the beau-vallon government school where I was awarded for perfect performance and honor during the CPE examination. This led me towards my secondary education at France Boyer de la Giroday State secondary college where I successfully completed my secondary education and was awarded several awards including one award for UNESCO and the rest for Art competition at National Level.

I then embarked into a Foundation course in Art and Design at the Fashion & Design Institute of Ebene and was awarded

a Distinction. Following the foundation course I then opted to pursue my career as a teacher which encourages me to follow the Teacher's Diploma Secondary Course in Visual Arts at the Mauritius Institute of Education at Reduit. This was in line with my aim of becoming an Art Educator. Working as Art Educator for 2 years at Ioretto Mahebourg college and my own secondary college FBG SSS completed my dream but I know the satisfaction of doing social works define my existence hence I join the Mauritius Institute of Education where I Run the Visual Art Department as well as run many projects. As a young emerging Artist I inspire myself to draw and paint different subject that touch society I wanted my paintings to be a voice to reach people. This philosophy is extended to the workshops that I started in my village, Mahebourg with a small group of women. I teach because I like to help people discover a new way of seeing things and a new way of thinking. In my workshops, I strive to help many ladies how to enjoy the process of creating easy made deco, printing of leaves on t-shirts and appreciating Art from thinking beyond expectation.

My projects are dedicated to making this place a better place for women and girls. The aim is to provide a sacred place for women to discover the power, talent & beauty that reside within them. My path was carved with a beautiful project name 'life is Beautiful' it was dedicated to all the orphanage and shelters around Mauritius, the objective was to color the lives of those people, to involve them with color therapy as a result of bringing joy and smiles. This results in awarding me 'SICOM youth excellence Award', Mauritius Council of Youth Leaders life achievement award Mauritius Council of Youth Leaders Outstanding volunteer award-15th edition and Mauritius Council of Youth Leaders young volunteer award- 15th edition.

VISION & FORECAST

My vision is to build a generation of leaders who will invest in our country and communities, provide leadership in our government, and provide security, respect and change the ways women are treated. My future endeavors is to run an NGO for the welfare of women, to organize a platform for them where they can showcase their talents in craft making, interior deco with scraps materials and sell their production to earn a living. I also want to make a difference to my country. Being the backbone of Mauritius I want to act to perform and inspire other youngsters to join in this noble act. I want to bring a program to change the way people view youngsters and show how Art can serve in bringing smile to many people. I believe Art has repeatedly communicated values during history, it brings people together and the values are very important in today's time. Program of change will start in primary schools as we can see violence in many schools I will act as a facilitator to help in making a positive impact in the life of youngsters.



PRITHEE AJODHA

Beauty, Health & Quality of Life

Prithee Ajodha was always attracted to everything motivational and the power of self healing. Through the years, she has helped numerous people through her life coaching skills. She is also a yoga instructor, metaphysical healer, Access Consciousness™ facilitator, and a health and wellness coach. She has mastered various techniques such as the emotional freedom technique, cognitive behaviour therapy, hypnotherapy and neuro linguistic psychology amongst dozens others. She is fully committed to better the lives of people of all ages.

She is also the author of a self-improvement book titled: “Believe in the light within” that deals with the power of motivation and letting go. It is a companion book to help bring a smile back to light up your face and add a spring to your steps.

She also runs a Health & Wellness Spa in Curepipe that gives her the perfect environment to help lighten up your mind, heal your body and revitalise your spirit.

For years, she has passionately helped numerous people make positive changes in their personal and professional lives. Transformations in these people have been far-reaching as they created a life of joy, peace, health and success.

She considers herself as a motivator and a catalyst to ignite that spark within anyone’s own driving force. She

is instrumental in getting people to dive into their own ocean of inner power and bring out their best treasures with confidence and unwavering conviction, and ultimately investing these treasures productively.

“I have been striving to find ways to rise spiritually and, in the process, I have come to realize that I will never rise above others but with others, by helping them grasp their fullest potential. Since then, I have set as a mission to empower my human brothers and sisters to grow, to soar and to be free from the emotional patterns, conditionings, fears, anxieties and limiting beliefs that block us from experiencing peace, happiness and abundance in our life.”

My mission is to refresh the world, create value and make a significant difference in the lives of others.

I define personal success as being consistent to my own personal mission: to help and love others. For example, I use my passion and expertise to inspire people to create the best version of themselves by helping them be more confident and inspiring them to take their power back.

With my techniques, various ailments have been cured such as migraines, insomnia, depression, phobias, weight issues, addictions and other more worrying ones such as cancer, fibromyalgia etc. It mostly boils down to letting go of any past emotional baggages and associated unhealthy habits and discovering the authentic self.

I have started conducting Empowerment Workshops every Saturdays due to the overwhelming demand for an alternative approach to healing.

I believe we all have a purpose and one of them is to be of service to each other. I am an active social worker, always trying to help as much as I can, working with lots of NGO’s and touching the lives of so many people.

I believe that you cannot lead others unless you have a strong sense of who you are and what you stand for. For me, living a balanced life means nurturing the mental, emotional, physical, and spiritual aspects of my life so I can maintain a sense of well-being and self-esteem.

I share my firm conviction that “We Create Our Own Reality”, from my own personal experience. As a lifetime student, always eager to explore systems that can benefit, I continue to learn and integrate them in my therapies.

☎ +230 59 14 89 74

✉ yantra@pritheelux.com

🌐 pritheelux.com/book

📘 facebook.com/mindmaster04

📍 Curepipe



PRIYDARSHNEE JEEBAUN

Hospitality, Tourism & Culinary

Seven years since Priya Jeebaun owns her Nainiz brand, which is a fine Indian and Indo-Chinese food restaurant situated in Rose-Belle nowadays. A career where she had gone all the way, discovering and levelling up her skills in cooking, until after so many years, managing several employees and sitting at the top-place at the restaurant.

It all started with a small interest in cooking as the cooking seems to run in the family (her sis also has a restaurant) But with time, she kind of liked more and more the cooking, the scents, the tastes. The little 'like' became rapidly a passion.

Meanwhile, she also tried the difficult career of modeling and cinema, starting since the age of 17. Through hard work, Priya becomes the first mauritian working in Bollywood movies at that time (1997-98). She is soon seen on the screen with names like Sanjay Dutt, Hritik Roshan and

Salman Khan. She even went to India in 2000 to represent Mauritius in a show in Dehli. After that, she worked in the tourism sector for years, where she got a lot of her entrepreneurship skills...and the idea of having her own restaurant...

The choice is made seven years ago. She knows the difficulties but still wants to hold on to her dream. The choice is made also for the name of her daughter Nainika. Her daughter inspired her. she know that it's all a matter of patience first of all. So, the first little restaurant will be in the Super U outlet in Flacq, where the people of this eastern village will discover all the Indian delicacies and much, much more. The Indian food inspires her, as the lady has grown up in an Indian culture, living among Bollywood songs and movies, and also the soothing melodies of Ghazal. But her main inspiration is among the people... And compared to other ventures, the lady wants something more, searching for dishes that will connect the people to the deep Indian culture and not just being only a matter of taste and food. Also, going to the Nainiz Restaurant will be the discovery of the friendly owner, who is in the kitchen, at the cashier, with the customers, everywhere! With time, Priya learns also all the involvements needed in the administrative part of a restaurant. Wanting to be a female role-model in a too often patriarchal society, she is not afraid of being an independent woman, all she wants is to be good and successful on her own, 'wanting to be someone in the future'.

In May 2019, Priya moves to Rose-Belle, and wants to dream big! She finds rapidly a place in Vieux Moulin (Old Mill) Commercial Centre, offering refreshing tastes in the neighbourhood. This Nainiz Restaurant is bigger, bolder, her owner wants it to be THE restaurant. But it's not only about the food, it's also about the set-up, the colors, the ambience making the customer go to oriental places through all of his/her senses. The lady herself goes to places in India to buy her tables, dishes, Indian spices and of course, the food....and even the Chefs!

She will always tell you that opening her venture has always been also about the empowerment of women, about women feeling at ease when coming to her restaurant, like coming to a place where there will be someone supporting them to a large extent.

Nevertheless, being the owner of Nainiz Restaurant is not about being a one-woman army. Priyadarshini also relies a lot on teamwork. And the team is all about family and friends, directly and indirectly helping her in her project. A whole teamwork built on trust and respect. Respect, a word that you'll hear often from this woman entrepreneure. A lady who won't bend, won't stop, but will share her love of deep Indian dishes, and much more.



PRYA BAUMY - RUGHOO

Business & Entrepreneurship

With over 15 years of Training and Coaching experience in the local and international market, Prya is a passionate and energy-packed resource who brings to the table her experience in Organizational Development (OD), Talent Management, Learning & Development and Six Sigma/ Lean Management and Team Buildings. She excels in triggering change among individuals through the use of Experiential Learning and Principles of Neuroscience.

After 6 years as a Consultant in various business verticals in Mauritius and in Africa under EU and UN projects, and focussing on helping industries improve their processes, she joined Ceridian where she had a fruitful career of 11 years in various roles. Prya has successfully headed 2 training institutions namely the Ceridian Learning Centre and Talents. At Ceridian Learning Centre, she pioneered the GTES and NSDP schemes put in place by the government among other achievements. After moving to Talents Solutions Limited, also known as Talents, she brought in the whole new concept of Experiential Learning, delivering significant amounts of return on training investment for clients. Evolving through the closure of Talents in March this year, she set up her own practice. The Unlearning Lab and Maboulz are 2 trade names under the Leadership and Organisational Development Solutions which started operations in April of this year itself.

The Unlearning Lab focusses on training and coaching and is Prya's dream come true. She believes in Unlearning rather than Learning. Her philosophy is that people have knowingly or unknowingly registered and learnt many thinking, emoting and behaving patterns which drive their lives on a daily basis. And this drive sometimes brings them where they wanted and sometimes not but most people shy away from the discomfort of questioning their internal processes as this tends to be quite painful in most cases – at least mentally. Consequently, learning new way of thinking, emoting and behaving for the desired results is not opted for by most people.

Through her unique and sometimes challenging questioning techniques (which people term as ruthlessly compassionate), she brings people to question their internal processes so that the later can thus consciously decide to choose a more resourceful process rather than using their usual 'autopilot'. This is what she calls Unlearning to Relearn. For such realisations to occur, she uses innovative and experiential activities that make people aware of things that they had no idea existed inside their minds. Moreover, she calls it a Lab as people try, fail and try again till they succeed if they have enough ego strength not to give up.

Through the Unlearning Lab, she has also brought in Mauritius, the globally most used and most successful leadership model – the Situational Leadership Model. Indeed, the Unlearning Lab represents the Ken Blanchard institution which trains over 150,000 managers every year globally. Besides being accredited to run this workshop globally, she also runs the Situational Team Leadership which has brought Team Buildings to a new dimension in Mauritius. The latter is a workshop for people managers which empowers the managers and the teams to perform at a high performance level and managers are thus able to 'set their teams for success' as she says. Maboulz is the trade name under which these signature team buildings are run.

In the last 6 months which were actually the first 6 months of operation of Prya's practice, her team and her have already completed over 40 projects and have trained over 1200 participants. This is a laudable achievement for a new business and she believes this could not have been achieved without the support of her team and her family. As a matter of fact, Prya's husband is her right hand in the business and she jokingly says that her 2 sons who are 9 and 11 years old are her Heads of R&D and Business Development units as they both, as fresh bubbling minds, inspire her to create her innovative workshops. Her collaboration has been highly appraised by clients through various testimonials and she has received various accolades from the local press and media recently.

<https://www.linkedin.com/in/prya-baomy-rughoo-861a0113/>



ROOMILA ROTHORODOO

Business & Entrepreneurship

My company which is commonly known as Focus Events Ltd lays emphasis upon Photography, Videography, Audiography, Aerial (Drone) and Graphic Designing. One of the biggest challenges in the field of Audio-Visual, is that there are constant changes in the technological inventions of equipment being used. From cameras to computers, passing through lenses, lighting system and softwares. At FOCUS we adopted “beat it or just follow it!”

FOCUS allows different walks of life to experience the flavour of Photography, Videography and the likes. It is a company which has an utmost value to the field of Photography. Focus Events Ltd provides all Mauritian who are interested in Photography with MQA approved Photography Courses and Photo-Editing Courses as well as Videography Course. I have almost 60% of my students working on cruise and some joined in media sectors too.

Furthermore, I voluntarily supported Women In Tech by sponsoring Photo and Video coverage which was held in September 2017 and will held in October 2019. It is always a pleasure for me and my team to work on this project with Mrs Sameera Koyratty. Moreover, I sponsored Startup Weekend, Webcup every year, Startup Award 2019 and

MITIA for their annual sport day 2018/2019 by covering Photo and Video. I worked with Ms Zakiya Buhora who was in charge of these events. It was a proud moment for me to cover these events with my dynamic team.

Moreover, one of my most challenging job which I did last year and it turned up to be a grand success, it was on the occasion of international Fire Fighters Day, I sponsored a highlight on Fire Drill for Airport Fire and Rescue. And I received a shield from them on that day. It has been a great privileged which I am acquiring and without forgetting my wonderful team who worked along with.

In a nutshell, my greatest strength is my ability to work effectively with different people. And at FOCUS, I have a team which involves cooperation and teamwork which brings me self-satisfaction.

The empowerment and the autonomy of women and improvement highly important end in itself. In addition, the full participation of women is required in our daily routing for a productive mundane. In all parts of the world, women hold a great importance.

Put forward a larger palette of services to the client. Likely; personalised photo- shoot services; baby shoot, baby shower and empowering young girls in the field of photography, as in Mauritius, photography is male dominant. I have young women working at Focus Events Ltd as Photographer and Videographer as both part timers and full timers. They are very dedicated to their work and they are even learning video editing. They completed their photography course at FOCUS and they want to make a career in Photography. FOCUS has more than 20% of our students who are girls and they are working as a photographer on cruise.

To sum up, women enlightens the world by every small action they do. I am proud to say that by hook or by crook I support women empowerment especially in the media field to build up a better future. The society holds many young people who like photography and videography. But they hardly find a professional platform to showcase their creativity. My business activities allow me to employ these young people for most of the time as part timers or freelancers. I find my business activities helping me for the society to reduce the matter of unemployment.

Basically, I am much indulged in helping to improve the betterment of my society. I sponsored the Rotaract of Riviere Du Rempart by doing full coverage of their events, the launching of Rotary Club of Souillac last year and moreover, the full coverage of Rotaract of Rose-Belle. By doing these kind of gestures, I am trying all possible means to embellished the welfare of the society.



SABRINA PATTEN

Media & Communication

Born in England, I also lived in Canada throughout my childhood. From then on, started a life of endless travelling, learning and personal growth.

My mother, who is my biggest source of inspiration is a self made woman who was listed in 2016, '100 most influential women'. She has worked for the British Broadcasting Corporation and Radio Canada, hence our constant moving. This resulted in a love for the world and utter respect for our planet.

Living abroad on my own in UK, France, Pondicherry and Nepal has modeled me into an independent fearless woman, ready to help my peers with utmost sincerity. I work mainly in the media, legal and food industries, which are my three preferred passions. One of my proudest moment is when I hosted an event in Mauritius for a Japanese company, where I inserted in my speech many Japanese words and sentences, much to the enjoyment of the client.

I have enjoyed my studies which resulted in a very well marked (I.I) dissertation establishing the influence of French Law on Indian Law.

Today, I help set up new businesses through financial support, appropriate introductory meetings, consultancy and various forms of encouragement. Teaching has helped me develop a strong belief in every human being and I therefore attempt to reach out to those in need. After reaching a self satisfactory introspection, I feel well surrounded, mature and poised enough to improve the challenging situation of Mauritius through education, health and housing. My aim is to be directly involved in the making of a Better Mauritius for ourselves and future generations.



SAIKSHA DEVGIRI SAMBOO

Education, Training, Research & Consultancy

Excellence and professionalism, love, peace and care are the values that I offer importance to. I am a highly dedicated young person, valuing interaction with people through love and compassion

I believe in energy, positive vibes and peaceful personality to build the decorum in the company. Highly motivated, reliable, great experience in training, conference, workshops, education, communication and administration. Furthermore, I am an executive member/ Facilitator/educator and trainer, Youth Coordinator in the NGO Indian Ocean Centre for Education in Human Values, in private institutions, both at national and international levels. I have also worked in close collaboration with various ministries at gov level. I have a phenomenal evaluation from professional organisations and great personalities.

—◆◆◆—
The best way to predict your future is to create it.

- Abraham Lincoln



SHABNAM BANON

Beauty, Health & Quality of Life

Shabnam Banon is a creative professional makeup artist and the owner of SHABZ BEAUTY LOUNGE where she makes sure that every bride looks fabulous and feels confident on their big wedding day. Life wasn't easy when she started her career in 2013 as a makeup artist/ hair and hijab stylist for photo shoots. After a few months of practicing Shabnam Banon began her own business, working in different areas of makeup artistry from fashion, magazine, bridal, beauty and later on she handles large bridal parties. With her evolving makeup and hair/ Hijaab techniques, all her clients love to work with her. Shabnam Banon is always passionate to keep up with the latest trends to create a look that you have in mind.

Shabnam Banon clients choose her for her skills, professionalism, vision and also for her positive attitude and friendliness. She aims to go above & beyond to deliver results that are tailored to your needs. Shabnam Banon has worked with the popular brands such as Mac, Urban Decay, Makeup Forever, Huda Beauty, Kryolan, Bobbi Brown, and Inglot. Shabnam Banon is exceptionally skilled in giving enchanting bridal make-up looks to Pakistani, Indian and Arabian brides.

I believe every woman deserves to feel beautiful and confident. I offer makeup art and esthetician services in my beauty lounge at Curepipe, proving to be the very best in personalized, modern beauty experiences from professional makeup applications. Years of experience shows in my reliability, swiftness and flexibility, and of course in skillful application.

My main focus is on fulfilling my client's wishes and needs. I love creating diverse looks to suit any occasion. Beautiful looks.

Enhancing the natural beauty is what I love to do. But I don't limit myself to certain styles, because beauty trends change constantly and every person has different needs.

We all desire to look flawless and while there is absolutely nothing wrong in wanting to look the best we can, I think having flaws and imperfections and most importantly, embracing it, makes a person even more beautiful and unique. Beauty can be celebrated in many forms and I find that inspiring.

My aim is to make sure that each person that sits in my chair feels at ease and leaves my chair feeling confident and beautiful.

I hand select and test every brand that I carry, offering only the best of the best in beauty. I scour the world for emerging brands founded by women and also offer hero products from iconic beauty brands, all approved by expert makeup artists.

You deserve the best in beauty and I am here to offer you that. So book an appointment and experience why I am rated high in makeup and beauty in Mauritius.



SHEINAZ JOOMUN - ATHERTON

Politics, Legal Affairs, Public Services & Good Governance

Sheinaz Joomun-Atherton is Barrister-at-Law at Mohammed Chambers since 2011. She has completed her LLB and LLM from the University of Kent at Canterbury, UK. Married and mother of 3 kids, Sheinaz is a multi-tasking modern workingwomen, juggling the house coers, her professional demands and family commitments.

Sheinaz has recently advocated the campaign 'Stop Violence Against Women' by providing a legal insight to this issue. Her passion remains travelling to different corners of the world with her family. She is destined to be one of the top Barrister-at-Law of the country.



**WOMEN
OF THE YEAR**



The world of Shivagaami Lutchmanen-Karupudayyan revolves around the Arts. She is a trained classical dancer in Bharata Natyam. She won the first prize in Miss Talent competition in 2004 during her college days at Medco Alex Bhujoharry. She is also a regular practicer of meditation and yoga since her childhood which she pursued up till diploma level. She possesses a good background in classical music and is a trained carnatic and veena player.

Shivagaami likes expressing herself through painting on different materials such t-shirt, wood, canvas, paper and wall only to mention a few.

She is a photographer and has her facebook page *gaamldeas* where she shares all her creative ideas in photography.

She has a BA(hons) in Graphics design, Post Graduate in Virtual Reality and Augmented Reality in 3D developent and a Diploma in Yoga. She worked at Diadeis Mauritius as infographist, at Emboss Ltd, at Train 2 Gain as Graphics Designer and at Mobalpa as Interior Designer. She is currently working at Xtreme Pub Ltd as Graphic Designer.

Her aim is to continue to learn and to progress in the Arts field while at the same time sharing her experiences with others.



Making mistakes simply means you are learning faster.

- Weston H. Agor



Learning is a treasure that will follow its owner everywhere.

- Chinese proverb

SHIVAGAAMI LUTCHMANEN KARUPUDAYYAN

Arts & Culture



URVASHI NULLATHEMBY MAUREE

Charity, Voluntary & Humanitarian

Urvashi is an Educator at City College Port Louis, Director of Ponnu and Mappillai, President of TOSCA Youth club, Executive Member of the Mare Tabac Youth Club, Former Project Leader at the Rotary Club of Rose Belle and active member of the Rotary Club of Goodlands.

Knocked down by destiny and inspired by her husband, she started her journey as a social worker by helping Frederic in the implementation of his projects especially during his mandate 2018- 2019. Indeed, it was a great one. During this exciting, challenging and difficult journey, she had the chance to meet new people of vast perspectives all across Mauritius and back to memory lane, she keeps on remembering this quote again and again “there is something about poverty that smells like death”, she wanted to break the cycle on

what she has been through. Her vision as a social worker is “Eradicate Extreme Poverty and The Empowering of Women and Children”.

This quote was her driving force and motivated her to help the maximum people possible without expecting anything in return. She followed the footsteps of her husband telling to herself that everyone can be a social worker and a life changer without having an approved qualification.

Raised in a modest family, Urvashi is the eldest daughter. Her father, Shivapragassen Mauree, is a manual worker and her mother Uma Devi Mauree worked in the textile industry and later stayed home to look after her brother. Urvashi also has a brother Taruven Mauree who recently finished his higher school studies at Modern College Flacq and is now preparing for his tertiary studies at the University of Mauritius.

Continuing her advanced studies at the University of South Africa, she believes that teaching is a very noble profession that shapes the character, caliber, and future of an individual. She looks forward to continue her work on the issues close to her heart — supporting needy families, helping children lead healthier lives by providing sanitation and hygiene, empowering women as well as her students.

To her, leadership work offers the opportunity to make connections between policy and practice. We live in a world informed by systems and defined by those who are in power. By understanding the policies that establish boundaries, she can be of the greatest service to the needy ones.

Together with Frederic, Urvashi will continue her journey as a Social Worker, **BECAUSE EVERYONE MATTERS.**

“If there is no way, create one”

Jeremy McGilvrey



Never doubt yourself. Never change who you are. Don't care what people think and just go for it.

- Britney Spears



Don't settle for what life gives you; make life better and build something.

- Ashton Kutcher



VANESSA MATHEWS

Fashion & Entertainment

Born on June 4, 1990 in the city of Beau-Bassin, is a Mauritian singer-songwriter. Coming from a modest family, a party-head father and a cook mother. Her family consists of three children, two brothers and her eldest. A 29-year-old singer and percussionist from the 'Hope Group', Vanessa Mathews has a much-loved voice, especially by tourists who have the opportunity to enjoy the show that are present at the parties in several hotels on the island. She made her debut in music at a younger age. At the age of 15 she lent her voice to the choir of her parish. She was a student of Adventist College in Phoenix.

She was very interested in sports activities such as athletics, marathon, women's football, inter-colleges and volleyball. Captain of her class for three consecutive years, 'Best Athlete' for two years, also gets her belt in a discipline little known to women "The Taekwondo.

In 2008, she started modeling for various agency where she paraded on the 'cat walk' for several major international brands. She competed in two beauty contests and finished

in second place. Also Miss Smile and Miss Talent. In 2010 she participated in a 'Miss Ronde & Belle' contest, where she finished her place in the 'first Dauphine.

After her studies, she worked in the textile sector, as a Marketing Manager for a private company. Then she decided to really start making music her profession. She was offered an opportunity to sing in an acoustic band. Vanessa didn't have to wait long to make herself known among the local artists. They are very excited to work with her. It was with Mario Armel that she participated in her first recording. In addition, she collaborated on an album where she performed two tracks 'Coi Coi' ranked in the record competition of the best song of the year and 'Maria Theresa' on the album of 'Mario Armel family - friends' in 2016. Determined, Vanessa embarks on a third single the following year where she writes the sega "Pas laisse létemps passer" which will count an imminent success for her career.

Singer, percussionist, drummer, voice teacher, Vanessa keeps evolving. If her talent as a singer and percussionist was discovered at the hotel 'Le Veranda Pointe Aux Biches' by the Reunion producer 'Dominique Volia' who offered her the chance to make herself known on this Island. It is with the group Hope where she managed to discover her multiple talents. In front of the young woman, is set a whole 'Set up' of sound elements: rearranged drums, cajun, hit-hat and other noise, that she handles with exexterity. Very often in trio or big band, Vanessa and her band plays in several hotels and pubs across the island, in festive events such as birthdays, weddings and so on.

"If there is no microphone, no problem!". Vanessa Mathews, has an exceptional voice, natural and very powerful that she can make you appreciate even without a microphone. In 2018, she collaborates with Ruan Clarel, the brother of the famous singer Didier Clarel, with a shock duo the sega 'Donn mwa to niméro' which is ranked 2nd on the airwaves on some radio. A few months after, she participated in a live concert with the Poetic Lovers on the stage of Shotz at Flic en Flac. In January 2019, she released her sega 'Mersi' which is the buzz of social networks, a song written to say thank you to those who are important in our lives. Vanessa Mathews is featured on several video clips on all social networks. Her greatest dream is to become a world-renowned artist and also to be able to fight against disrespect, violence against women and against animals. "Music gives a soul to our hearts, wings to our thinking and a boom to the imagination. It's a way for me to express my feelings; it's the language of my emotions. Sometimes music speaks what you feel inside..



VEEDIASHA BEKAROO

Beauty, Health & Quality of Life

Veediasha Bekaroo, 26 years old and live at Cottage, Mapou. I am a psychologist practicing since 3 years. I am a lady with humbleness, determination and perseverance. I am really passionate about my profession; bringing positive changes in people's lives, inspiring our youngsters towards a better lifestyles as well as encouraging people to take care of their mental health.

In the mid of 2018, I have started to do mental health awareness across most communities and non-profit organization in our island. I want to encourage people to take freely about their mental health conditions without being afraid of being judged as "mentally unstable" in our societies. I want to break the taboo which is related to mental health. I want people to become conscious of their mental health conditions just like they care about their physical health. Through my awareness campaign, I

have observed that many people have become conscious about their mental health and some have approached me to schedule appointments for them. I can say that people who were having mental health issues feel free to book an appointment with any therapists or even psychiatrists in our island.

I have also encouraged women facing domestic violence, verbal abuse or in an abusive relationship to start taking control of their lives, realize their self-worth and self-esteem. I am empowering such groups of women so that they are strong enough to leave when they see that they are being abused. Likewise, I have also approached victims of sexual abuse in our island where I tried to elevate their self-confidence and motivate them to re-start living a normal life. I have done therapy so that they forget that trauma. On top of that, I am doing couple therapy with couples who are going through divorce phase because of small misunderstanding between them or lack of communication. I have already worked with such couples and there has been an improvement in their couple relationships.

Recently, I have started to work with homeless persons in Port -Louis, trying to understand their pains, the reasons behind their situation and trying to find solutions on how to integrate their lifestyles. I am forming a team so as to proceed further with this project.

Furthermore, I am affiliated with many non-profit organizations such as EFOI Region Maurice, VisioNew, A Nous Aider Association, APDH association, WOW Ladies Club etc; as well as some companies where I will be giving Employee Assistance Program to employees facing bullying at work issues.

To raise further awareness on Mental Health, I have published many articles on different psychological issues such as Stress, Bullying at work, Suicide, psychological perspectives behind criminal's behavior, effects of smartphone on children, impact of lost people on their family members, importance of pets for our mental wellbeing. I had also given a radio emission on Mental Health. I believe that to raise awareness and to see an impact, I will need support from everyone including media.

My motto in life is: *"Always be nice and spread love everywhere I go. Be humble, be helpful to needy people; be strong and passionate about your profession and dreams. Keep on achieving that all the people who once refused to work with me, will regret that decision. Finally, cherish every single moments in your life as we live these moments only once in a lifetime"*.

WOMEN
OF THE YEAR



VENISHA GOORIAH JUGNARAIN

Education, Training, Research & Consultancy



YENUSHA POLIGADU

Science, Technology & Innovation

Miss Yénusha Poligadu is a Network Engineer at Mauritius Telecom (MT). A highly ambitious, dynamic, flexible and versatile person, she effortlessly manages both the technical and business aspects of projects to fruition. Her forte includes service management, strategic planning and digital innovation. A Registered Professional Engineer with over 7 years' experience in the telecom sector including 2 years at Management level, Miss Poligadu has challenged herself to fearlessly thrive in this male-dominated industry and bring a positive impact on society.

Miss Poligadu is a go-getter with a strong flair for organisation. She is dedicated, thorough, has a tremendous appetite for knowledge and furthermore is not afraid of hard work. Adaptable and flexible, with proven ability to work in new business areas, she was key member of one of the innovative projects of Mauritius Telecom: SATA Connect, the digital sharing platform launched in September 2019 for members of the Southern Africa Telecommunications Association (SATA), the ICT arm of SADC. The aim of the digital sharing platform, SATA Connect is to encourage more collaboration among SATA members and help in

building stronger identity and relationships within the SATA community through the sharing of information among themselves and with the general public also. With her passion for driving business value, building trust relationships with customers, suppliers and business partners, Miss Poligadu has contributed valuably in making this project a success.

A consummate professional, Miss Poligadu can-do approach means that she is a reliable person to collaborate with on any project, irrespective of complexity or length. Genuinely enthusiastic, she is motivated and motivating to all members of the team – whether from the technical, management or client department. Being a natural leader, she was entrusted the role of Acting SMC Manager in October 2018 at Mauritius Telecom, thereby sharpening her leadership skills. Her responsibilities included managing 4 direct reports; overseeing day-to-day Mauritius Telecom's 24x7 Network Operations Centre (NOC) operations, escalations, ticketing and communications with MT customers and internal stakeholders. Furthermore she was also responsible for managing service outages & SLAs on the internet, IPTV, mobile and fixed domains, uptime, service availability and root cause analysis. As Acting SMC Manager, Miss Poligadu embraced a growth mindset with the team, such as involvement in decision-making, information sharing, cross-functional collaboration, innovation, seeking feedback, or admitting errors, and providing support for their personal development. As a result, more productivity and engagement were noted from the employees during her leadership.

Prior to joining Mauritius Telecom, Miss Poligadu was Local Delivery Manager at Orange Business Services (OBS). Miss Poligadu's energy to deliver a project is infectious, which is a great quality to have in a Manager. Also, her engineering knowledge made her ideal to manage technical projects. Miss Poligadu received special 'thank you' for her excellent work in coordinating, scheduling, and handing all migrations for the Switzerland Swisscom Optimization Project, whereby customers in Switzerland were upgraded to better broadband connectivity service with service providers Swisscom & Colt resulting in lower access costs, newer technology, carrier competition, and better service level for the customers.

Miss Poligadu is a woman who makes a formidable impact on others. Her ability to lead by influence earned her several awards at OBS, including three-time winner of the prestigious 'Ambassador of Excellence' award which was bestowed by local customers for providing an "Outstanding Customer Experience". She was also four-time winner of the 'Best iTDD KPI Achiever' award for having successfully met the initial target delivery dates of all projects assigned to her. A creative problem-solver, positive team player, great all-rounder and very knowledgeable, Miss Poligadu delivers on all fronts as an employee.



Health & Wellness Workshop

Reprogram your Mind, Body & Spirit for Abundance

**If you could change anything in your life right now, what would you choose?
Are you ready to accomplish something NEW & FRESH that is truly life changing?**

Achieve Ultimate Self Confidence & Self Esteem with More Energy

Banish Depression, Anxiety, Panic Attack & Overthinking Workshop

Stress, Pain & Anger Management Workshop

Mindful Weight Loss Workshop

Stop Smoking, Drinking & Addictions to drugs Workshop

Attract Wealth & Release Financial Blockages Workshop

Heal Cancer, Diabetes or any Disease from the Inside Out Workshop

Overcome Fear of Public Speaking or any Phobia

Heal Past Emotional Baggage or Clear Subconscious Programming

Heal Headaches, Migraines & Insomnia

Successfully become Pregnant or achieve optimal fertility

Improve Memory & Concentration

Discover your Life Purpose & your Authentic Self

Inner Child Healing, Chakra Balancing & Past life Regression

Holistic Anti Stress Massage & Infrared Sauna for Pain & Inflammation

Facial Rejuvenating Treatments & Energetic Facelifts

Learn the Access Consciousness® Course (A Life Changer)

Yoga, Meditation, Tai Chi & Brain Fitness

Corporate Workshops available (Yoga, Mindfulness & Emotional Intelligence)

Hypnosis, EFT, CBT, NLP (Neuro Linguistic Psychology), Life Coaching

All Workshops on Saturday or Sunday between 09:00-13:00



59 14 89 74

Curepipe



/mindmaster04


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR

PROMISING TALENT


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR


WOMEN
OF THE YEAR



ANOOSHA PURLACKEE

Promising Talent

Business & entrepreneurship

Anoocha Purlackee is an entrepreneur by profession and director of her own enterprise known as SARALLY ENTERPRISE; specializing in the renting of drones for marketing purposes and also for videography and photography of specific events like wedding etc. She is also the vice-president of The Entrepreneur Network which is an ngo to help inspiring entrepreneurs to set up their businesses. From January 2019 Anoocha became the business development manager of a business club whose objective is to appoint start-ups as members and to engage them in workshops like marketing and customer care, business management, writing a business plan, trade business and so forth. She was honoured with two sheids for her best performance. She is still engaging herself to encourage youths to become members of the business club. August 2019 she sponsored a launching of a business magazine which will recognize existing entrepreneurs and inspire future entrepreneurs.

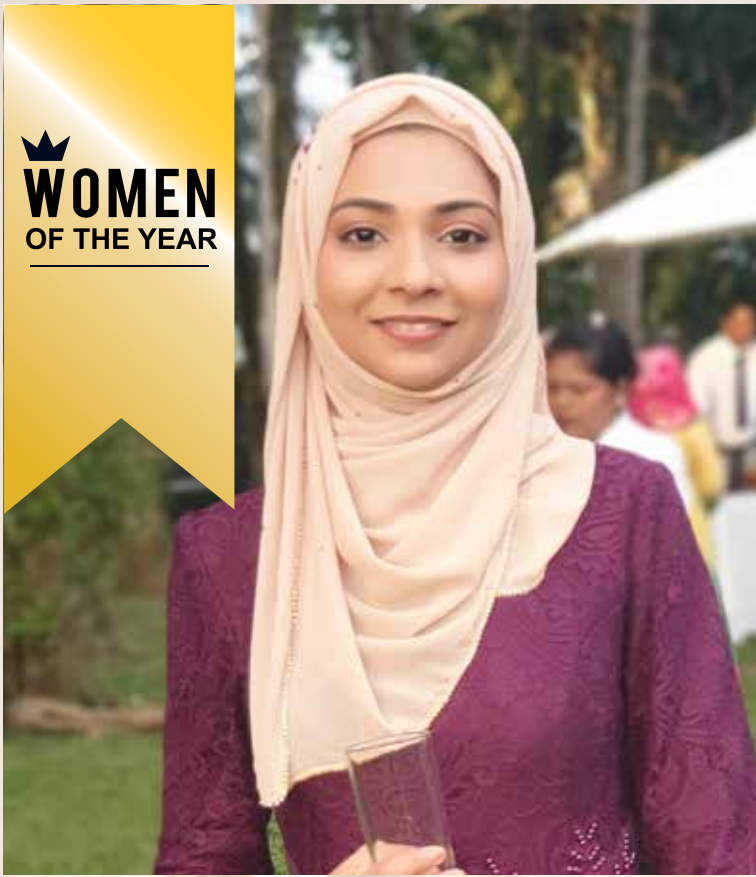
Anoocha wants to inspire and empower women interested in entrepreneurship. Coming from different backgrounds,

she wants to share how entrepreneurship is not exclusive to a single major, gender, or race. Instead, it means integrating talents of those with diverse interests in order to take risks and develop a business venture. She has created a team which stands behind supporting women and innovation. She is transparent in her discussions and ideas because she wants to lead the conversation in how women can gain momentum in the entrepreneurship world. She wants to change the way the professional world views women, especially the youth that are the pioneers, inventors, and leaders of our future.

Anoocha is also a social worker since year 2016. She developed a passion to engage in volunteering when she became the secretary of an ngo. Till then Anoocha has always been doing benevolent activities with other ngos. She always encourage the youth community to develop sustainable projects for the development of the country. She has won the MOST PROMISING INDIAN AFRICAN AWARD 2018 in the category of social activist

“Social work takes many forms — whether you’re dedicating your days and nights to the betterment of humanity, or finding some time in your busy schedule to lend a hand, keep it up. The work is hard, but the rewards are many.

I always wondered why somebody doesn’t do something about that. Then I realized I was somebody.”



FAKIRA NABILAH

Promising Talent

Beauty, Health & Quality of Life

Nabiilah shares a deep passion for psychology and she has completed a degree in psychology and counselling and a postgraduate diploma in Applied psychology. Her educational background has enabled her indulged in many voluntary activities such as participating in health days, conducting workshop on stress and emotional intelligence training. She believes in continuous self-development, and she is constantly striving to polish her knowledge and expertise to better serve the Mauritian society. She has undergone various trainings from the Neuro-semantic international institution on coaching, Neuro-linguistic programming communication model, and self-leadership program.

Her areas of interest lie in human behavior, social psychology, developmental psychology and positive psychology with an additional touch of Meta-coaching. She believes that people have the ability to be the best version of themselves, however because of some limiting beliefs, self-doubts and past negative experiences that person may find it hard to achieve a better mental state and excel in life. After having recognize this trend in the society, she has embarked herself in a journey of discovery and learning. In her search for knowledge and wisdom, Nabiilah has got the chance

to be trained by Dr. Michael HALL, the founder of neuro-semantic international institute of coaching through the associate certified meta-coaching training. She has got the opportunity to share her vision and ideas with Dr. Michael HALL, this has motivated her to start a research on the effect of coaching intervention on stress. Currently, she is writing her research paper, and in parallel to this she is writing a manual on emotional intelligence for young adults.

ACHIEVEMENT AND MILESTONES

I have completed my undergraduate course BSc (Hons) in psychology with counselling skills at Middlesex University.

I have undergone various key modules such as developmental psychology, social psychology, counselling and psychotherapies, health and sport psychology, mental health and consciousness, positive psychology and affective science. These modules have helped me expand my knowledge and understand human behavior at an advance level.

I have also undergone various coaching trainings from the neuro-semantic international Institution. I have completed three modules such as Neuro-linguistic programming communication model, Self-leadership and the associate certified meta-coaching training (ACMC).

I have completed my postgraduate diploma in Applied psychology and I am currently working on my thesis to complete my MSc qualification in Applied Psychology.

VISION AND FORECAST

Nabiilah shares a very friendly personality and she is passionate about helping other people develop and grow into wonderful beings. With time she has recognize that many people in NGOs and other association are helping people in need. However, these helps are not very sustainable because no proper education is given to them. This has motivated her to learn professional ways to help a person in need more effectively. Even if people need support, Nabiilah believes that people need psychological support to help them make sustainable changes within themselves.

Due to this mindset, she has decided to conduct workshop and trainings related to psychology, emotional intelligence and mental health to help people understand themselves and develop further. Nabiilah is on a journey of helping people unleash their potentials. In parallel to this, she is offering Coaching sessions to people in need to help them eliminate their emotional blocks and negative emotions that is hindering their professional and personal growth. She intends to indulge more in educating people and sharing her knowledge to help the island develop in a modern one with less social issues.



MARIE GLORINE MALOUE - LUCHOO

Promising Talent
Charity, Voluntary & Humanitarian

Youth Ambassadors (a youth platform) , since its birth in 16th February 2017, has been undertaking different types of campaigns like non violence, youth leadership and employment coaching as shown below to better go for the achievement of its goals and vision.

The objectives of Youth Ambassadors are:

- To shoulder our youths by making them feel that Yes! Your Values are priceless.
- To be a window of potential job vacancies internationally
- To promote youth leadership and empowerment
- To celebrate youths' merits everyday
- To be a promoter of peace making internationally as well as encourages other NGOs to post their appeals on it
- To make youths engage in conversations and dialogues so as to break youth stereotyping

To better structure Youth Ambassadors , I have set up my own page Glorine Maloupe (created since 2nd April 2018) is a window to better come closer to our youths (to know their aspirations and wills as individual, professional and

citizens of Mauritius) and to accompany and coach them to be future aspiring leaders who can empower future generations.

In 12th March 2019, I have been selected by one of the NGOs of United Nations , to shoulder a very important project in helping African Orphans. It was of course a WOW news, since, it was my second time application and where, the first time, I was not selected. I was asked as missions to raise funds , even awareness and sensitize youths to come and join the movement of supporting young orphans in African.

On 15th March 2019, I wanted to build a NGO, at the time to be close with my motherland -Mauritius also to bring up a nation of orphans who to be Leaders. With that will in mind, I came forward with the Fondation Zenfan Africa , by bringing a facebook page and recruit volunteers.

The aims of Fondation Zenfan Africa are to help our orphans in Mauritius to be better cared academically, knowledgeably and socially. We do not only believe that financial funds can help them to get their places in societies but sharing of our knowledge and acquired competences can also be fruitful to them. These orphans are alone, where they do not even have parental support whilst us, we do and we are lucky to have it. As an adult, it is very crucial for us to realise that we are nation builders and our roles are to help our orphans to be accepted and feel a sense of belonging in our society.

Our vision is, so far, to educate and empower them to be brighter and future Leaders who can leave their legacies for other generations to be inspired and make the world better.

The first meeting Up was on 30th March 2019 in order to decide the ways forward- (when to start recruiting volunteers, who will be members of the boards , what events to be proposed for our young orphans, to know their actual needs and which NGOs to work with).

For women empowerment, it was of high times to highlight on Womens Values and Competences as individuals. I aspire to demonstrate that womens' roles were not limited among the four walls of their houses and they have got same human rights as any person of any gender and age on earth.

Thus, I initiate on the launching of Creativity Boutik <https://www.facebook.com/Creativity-Boutik-246893158800915/>, an eco shop- which deals on selling of eco bags made of raphia, jeans and even, in vacoas online and every sunday in Quartier Militaire Market as the same time to demotivate the usage of plastic bags and respect our environment values by eradicating complete types of environmental pollutions.



NANDINI TANYA LALLMON

Promising Talent

Charity, Voluntary & Humanitarian

Miss Independent, “Finesse” and “Despacito” are the various songs which this young lady brings to mind. Indeed, as a social activist, lawyer and salsa dancer, Nandini Tanya Lallmon is an all-rounder with many strings to her bow. She kick-started her prodigious achievements with a bang at the Queen Elizabeth College where she was concurrently class captain, prefect and chief editor of the school magazine. Her outstanding grades at the Cambridge A-Level examinations earned her the State of Mauritius Scholarship to read law at the University of Mauritius where she repeated her feat. While fulfilling her responsibilities as vice class captain, she won the second place in the national public speaking competition organised by the Independent Commission Against Corruption for tertiary students. The jury members were captivated as her words exuded her sincerity and firm resolve to ensure that no member of society is left behind. Her unfaltering dedication to bring about positive change in the lives of

those in need secured her the positions of vice president of the advisory committee of the Helvetia Youth Centre and vice president of the Moka Girls Club.

Over the past couple of years, Nandini Tanya has displayed a remarkable flair for leadership and entrepreneurship. She is the Regional Associate for Southern Africa at the Youth Alliance for Leadership and Development in Africa. She is also the Chairperson of the International Youth Council Mauritius Chapter, Country Director of Mauritius for the International Youth Society, Country Coordinator of Mauritius for Youth Advocacy Council and Assistant Country Director of Mauritius for the Global Peace Chain. Additionally, she is one of the founder members of Yes For Humanity and the first Ambassador for Mauritius for My Body Is My Body Program. Besides, she is the Vice President for Women Empowerment of the International Human Rights Advisory Council and has been awarded the title of Global Goodwill Ambassador by GGA International. Moreover, she is a fellow of the Young African Leaders Initiative, African Changemakers and the African Women Entrepreneurship Cooperative. Furthermore, she sits on the Global Advisory Council of the Steering for Greatness Foundation and has been appointed on the Membership Advisory Group of the CIVICUS Solidarity Fund. Besides, she serves as career coach for Opportunity Desk where she has been nominated as “Mentor of the Week” in September 2018. Likewise, she volunteers as business mentor for the Mentoring Women in Business Programme of the Cherie Blair Foundation for Women. Additionally, her innovative concept based on the use of blockchain for identity management has been selected as part of TEDx Johannesburg’s 100Ideas100Millennials fellowship.

Nandini Tanya has received a multitude of recognitions for her impressive prowess as a humanitarian. She is a bronze medalist of the Duke of Edinburgh’s International Award Foundation and recipient of the Open Source Leader Badge of Common Purpose. Her numerous awards include the Mauritius National Youth Excellence Award, The Promising Indian African Emerging Leader of the Year Award, The International Youth Award, The Rising Star Award and The International Alliance for Women World of Difference Award. The Woman of the Year Award is another prestigious addition to her notable list of accomplishments. This young lady with the Midas touch is an exceptional role model for future generations.



“The greatest glory in living lies not in never falling, but in rising every time we fall.” -Nelson Mandela



NIHARIKA HURREE

Promising Talent
Media & Communication

SOCIAL AND BENEVOLENT ACTIVITIES

Since January 2016, I have officially joined the registered association The Rising. My aim was to make a difference in the society by tackling social problems. As the secretary, I got the chance to organize talks on drugs and human rights as drugs are propagating and ruining thousands of lives in our small Paradise Island. Since years, there is an increasing rate of violence against women. Therefore, sensitizing on human rights has helped people realize and take action when their rights are violated.

In addition, many Mauritians believe that Mauritius is a Paradise Island. However, I have done many surveys in several parts of the Island like in Batimaraïs, Baie du

Tombeau, African Town at Riambel and other more places, I have identified that if we take a deeper and close look to the Mauritian society, reality pricks one's heart as these areas are affected by poverty to the extreme. The society is modernising but people in these above mentioned areas are still living in worst situation. Using the platform of The Rising, I got several opportunities to donate them with foods and clothes. Besides, each year we organise Independence Day and Christmas in these areas in order to celebrate with the people.

Furthermore, last year in November, as the secretary of The Rising; with the help of my president Anishta Babooram and in collaboration of other NGOs, I organised a charity dinner for a Baby girl who needed a huge sum of money to undergo a surgery in India. During the charity dinner, we welcomed children from the NGO Passerelle; they participated in many games organised by our Organisation.

WOMEN EMPOWERMENT

Being part of The Rising, I got the chance to promote women. Since there is an increasing rate of violence against women, we organised talks on human rights to sensitize women to break the silence. Moreover, i have done surveys in many parts of the Island where i have met mothers from many families who are divorcees, widow and breadwinners. I have encouraged them to be strong and with the help of my president Ms Anishta Babooram we have helped some to find a job.

We are a great supporter of Passerelle where most of the responsible person are women. Besides, together with other members, I have helped a mother and daughter lived in Rose Hill with foods as the father who was the breadwinner of the house got a serious health problem and was unable to work.

Recently, on occasion of Mother's day I visited an old age home where residents are only women known as 'Bon Secour Home' found in Belle Rose. With the support of other members, I organized a Tea Time with the residents. We spent around 2 hours and celebrated with all mothers residing there.

The Rising has been organizing facebook lives frequently. Until now, we have already given many women the chance to come in our platform to speak out and make difference in the society. Some of our women guests are: Miss Ameegah Paul, Mrs Rita Ventakatasawmy, Ms Anushka Virasawmy, Mrs Asha Gunness, Mrs Indira Seebun, Mrs Francoise Labelle, Ms Mlaini Sewocksing, Mrs Anouradha Poorun and many others.



OMESHNA RUTTY

Promising Talent

Charity, Voluntary & Humanitarian

Omeshna Rutty (Naina) is a third-year student studying Law and Criminal Justice at the University of Mauritius and is a social worker. She is the Vice-Secretary and the head of the health department of NGO Zeness Exprime toi, a dedicated member who works with many people and has experience working with elderly people and children. She joined various projects focusing on education, health, and the environment. Naina has participated in several fundraising projects to help the needy get access to education or abroad treatment.

Moreover, she is currently participating in a project in which they are aiming to help premature babies to recover faster and to provide moral support to mothers and families and has also been organizing health events to raise awareness on chronic diseases. Over the years, the young girl has

certainly developed a strong character and has the ability to coordinate any project.

Naina was awarded as one of Women of the year 'Emerging Leaders' by Train to gain last year as well.

I was among the organizing team to organize a political debate in December 2017 before the partial elections and for the implementation of Nation Broad Base Education Program in our educational system.

ACHIEVEMENTS & MILESTONES

- 2015- HSC
- 2016 – joined NGO Zeness Exprime Toi (simple member) where I conduct my first health event at Forest Side.
- 2016- joined University Of Mauritius (law and Criminal Justice student)
- 2017- appointed as vice treasurer(executive member) NGO Zeness Exprime Toi organized a second health event at community center at Camp Caval third health event at Camp Chaplon at Port Louis
- 2018- awarded top 100 Most Influential Women of the year
- 2019- participating in Octo Project where I am in the organizing committee

VISION & FORECAST

- Do a LLM in corporate law
- Organize health events: one in December 2019 and at least 4 health events each year.
- Bring new projects in the health commission; one example is Octo Project which is being implemented in every NICU in all hospitals in Mauritius including Rodrigues.

“The way to get started is to quit talking and begin doing.” -Walt Disney

*“Your time is limited, so don’t waste it living someone else’s life. Don’t be trapped by dogma – which is living with the results of other people’s thinking.”
-Steve Jobs*



**WOMEN
OF THE YEAR**

HYPNOZ comes from Greek word, Hypnos, which is the god of sleep. In other words, a dreamer. Starting with only five sewing machines of industrial type, HYPNOZ was more specialized in the production of company uniforms. Gradually, through the consideration of customer demands and choices, today, the company is a proud factory of female corporate clothing and doesn't intend to slow down in its ascension to higher proposals. Inspired by aesthetics and geometrics, the company has since thrived and been a reference in the world of Mauritian fashion industry. Since we are evolving at a time and society where everything evolves at the same time, the company's goal is to encourage people to worry about their appearances, to be more fashionable and having an open mind to break taboos.

WENDY JUGGANADUM

Promising Talent
Fashion & entertainment

At 30, I, Wendy Jugganadum, am a spontaneous and ambitious lady who gave all my heart, passion and time to fashion. My trendy, glamorous and confident style has pushed me more to do what I really wanted to do. I come from a background of stylists, designers and from derive my inspirations and many expertises. Since young age, I've been fascinated with the world of fashion. At the age 7. I was already in negotiation with my mother for her help to my fashionista debut. As the saying goes, "A child is always curious about anything."

I was becoming more attracted towards the art of designing and tailoring and I wanted to show what I was capable of, like for example, designing my own little dresses for my dolls. Not to anyone's surprise, I was already on my way towards the school of Fashion and Design after my college days, to which I passed with flying colors. 2016 was the year where my dream company has been launched and HYPNOZ found its way to the market. For sure it was a soft launch, but gradually, I've been able to attract the required attention through social medias and thus, getting the support I deserved. Hardworking, well-organized and highly disciplined, these are my three traits to which I strictly implement in my company. Perfectionist by soul, I really give attention to details and make sure the results are more than satisfactory, else for me, it's a complete failure. Since the death of my mother, my father has been my role model throughout my career through thick and thin and today, I cannot be more than thankful to him.

Its main mission is to teach other's how to make fashion an important part of their lives.

Besides being an entrepreneur, my next target would be to become a team leader as well. My vision is that one day, I could open a private Fashion School so that I could motivate, support and train other fashion enthusiasts. My other target would be to have my own fashion shows in other countries at international level and thus, trigger the sharing of cultures and broadening the vast knowledge. I will strive to be a local leader in fashion-knit and fashion outerwear by empowering innovation and design to provide total customer satisfaction. HYPNOZ will look forward to be more caring and well organized company for our business partners, customers and employees, and a responsible corporate citizen to our society. Since competition is tough, my company will always try to make a difference through its branding to stay ahead of fashion trends, market changes and the latest technology.



YOVANEE VEERAPEN

Promising Talent

Beauty, health & quality of life

Every quantum efforts I have made to understand where our health system is failing have converged to one thing: Choice. It is choice that drives preventable illnesses, and choice that cures it, whether it is through therapeutic or curative means. Hence, it is this particular motivation that helped me forged my character. I am someone who has a particular affinity for health, life-extension and particularly influencing decision making with regards to health-related practices. As such, I have a natural flair for communication, self-education on health developments, and I believe that with better health management and choices, a better future can be achieved.

I am passionate about nutrition and dietetics. I studied Dietetics for 4 years at the University of Mauritius with almost 1 year of clinical practice under supervision. I have been practising as a freelance dietitian and nutritionist since 2012. I focus on helping my clients to create sustainable

healthy lifestyle changes through mindful eating with a non-diet approach. I believe that nutrition is not just about food, but an individual's entire lifestyle as well. I help people achieve their goals through an overall lifestyle approach that is unique to each individual.

As the founder and director of NutriSmart Consultancy, I reject all strict dieting concepts and cookie-cut meal plans. I want people to be smart by bringing clarity to all health myths and jargons.

I am fond of chocolate and love eating good food. I enjoy cooking, experimenting with recipes, inspiring and encouraging others to live a healthy lifestyle. When I am not thinking about food and nutrition, I am either reading a book on personal development & growth or at the gym or spending quality time with the family.

I love doing social works and find peace when helping others. I am very caring by nature and this motivate me further into social works. I am a member of Solaris since 2010, executive member of the Physically Handicapped Welfare Association, ex-Rotaractor of Rotaract Club of Mahebourg and prospective Rotarian of the Rotary Club of Mahebourg.

VISION & FORECAST

I envision a world where nutrition and satisfaction happily coexist, fad diets are rare, and people appreciate and take care of their bodies. I am working to provide the highest quality nutrition consulting services and nutrition workshops to empower people to create a healthy relationship with food for optimal health and well being. Being very caring by nature and having a special soft corner for elderly (same like my parents and siblings), I would love to own an elderly residential home to take care of those awesome people, giving them love and attention.

MY FORECAST:

- To make NutriSmart Consultancy Ltd the leading nutrition consultancy company in Mauritius in the next 5 years.
- To introduce and implement the first School Nutrition Education Program for pre-primary schools (private) in January 2020.
- To become a Registered Dietitian by end of first quarter of 2020.
- To set up a Breastfeeding Association by end of second quarter of 2020 to ensure sustainable eating right after birth.
- Coming to my personal life, in 5 years I see myself as a successful business woman, happily married with a cute little one (biological or adoptive).

Honeywell Evaporative Air Coolers

Beat the Heat with Honeywell Air Coolers



*Performance that
is built to last*

Available at:

CASH & CARRY

COURT'S
MAMMOUTH

espace
maison

GALAXY

PRICEGURU

COMET

All Cader Electro Meubles, All Courts Mammouth, All Galaxy, All Galeries Fokkerbux, All Espace Maison, All Cash & Carry, Bambous - Jayluxmi Trading, Price Busters, Beau Bassin - Ah Ling World, Bel Air - Boolaky, Welcome Plaza, Chemin Grenier - Kader Trading, Flacq - Cauhye & Caunhye, Neerooa, Goodlands - Fokkerbux, Galeries Fokkerbux, Grand Bay - Magasin Central, Lalmalie - M Hossen, New Millenium, GN Trading, Rambarrun, Mahebourg - SH Jaulim, Elysée Mode Ltée, YRS Electro, Montagne Blanche - Bienvenue, Dyall, Electrocity, VM Trading, Plaine Magnien - Royal, Gitane, Furnitronics, Plaine Verte - Ideal Shopping Centre, ABS, Pailles - Discovery Trading, Pamplemousses - Jeetoo Plaza, Plaine des Papayes - Bhunjun Electronics, Port Louis - Electronics Kingdom, Home Deal, Paradise Corner, Wellfair, Sierra, Quatre Bornes - Rivière du Rempart - Bahadoor, Utchanah House Pro, Rose Belle - Gopee Emporium Centre, Curepipe - Ocean Queen, Ah Ling Paradise, Rose Hill - Mirado, Saint Pierre - Baccus, Vacoas - Comet, Online-Price Guru.

Marketed by:

**WONG TRADING
& Co Ltd**

Plot 7, Coromandel Industrial Estate, Coromandel

Tel: (230) 260 9999 - Fax: (230) 260 8899

Email: info@wongtrading.com - Web: www.wongtrading.com



ANURADHA HURREE

SPECIAL RECOGNITION

Charity, Voluntary & Humanitarian

I am 41 yrs old, I got married in October 2005 and divorced in January 2019, and I am mother of 2 children, 1 son Vincze and 1 daughter Jia, 12 yrs and 11 yrs respectively. I currently live at Quartier des Lauriers, Calodyne, Grand Gaube.

During my college days from 1989 to 1995, I used to work during all school holidays in April, August & November/December, at Mayflower Shop in Port-Louis, so to help my parents with my personal and educational expenses, as I hail from a very modest family, whereby my father was working as messenger at Ministry of External Affairs and my mom was working as maid for years to provide for my 2 brothers and myself.

I started working within a company at the very young age of 17 yrs, immediately after completing my HSC Exams, as from 1st December 1995 at Fast Shipping & Co. Ltd, Official Agent for Uniglor and Evergreen Shipping Lines, where I began as Assistant Receptionist. Over 1 year employment, I had the opportunity to cover different functions within the company, moving onto the Operations Department as Operations Clerk, the Marketing Department as Marketing Assistant and also working in the Accounts Department as Accounts Clerk, all under the close supervision of Mr. Alain Ng (Manager) and Mr. Maxime King (Director).

Since there was no more prospects in Fast Shipping and in my look-out of which field of tertiary studies to follow, I moved on to Le Victoria Hotel as Receptionist and Public Relations Officer as from End-November 1996. This was a very short experience of only 2 months+ but my first professional experience in contact with people from abroad and acquiring interpersonal skills working in coordination with the different departments within the hotel organisation.

As night shift times within Hotel Industry proved to be unsuitable to me and my family circle, I looked out for another professional opportunity and joined Shell Mauritius Limited as Debtors Control Officer, on a contract basis, as from February 1997, working under the Debtors Control

Manager, and responsible for the chasing of overdue invoices payment by call or e-mail/ letters sent out to customers and preparation of debtors' report on a weekly basis.

In the meantime, I applied for and got admission to the Training Centre of Mauritius Chamber of Commerce & Industry to follow a 2-year Full Time Course in view of obtaining a BTS Assistant de Gestion PME-PMI, a Diploma in Management covering Finance, Marketing and Administration.

Whilst awaiting start of courses, due for September 1997, I worked at Sotravic Limitée, a construction company, during the very short lapse of time, between 1st July 1997 to 8th September 1997. I worked there as Administrative Secretary reporting to the Plant Manager.

From September 1997 to beginning July 1999, I followed my Full Time Academic Courses in view of obtaining my BTS Assistant de Gestion PME-PMI. I also did training sessions (11 on part-time and 2 on full time basis) within Finance/ Administration and Marketing Departments of different companies operating within different sectors of the Mauritian economy, as per programme to allow us to get professional experience by application of academic theory to real-life work situations.

From July 1999 to May 2000, I worked as Office Administrator and Production Quality Control at Chesteroc International Graphics, a French Company specialised in Desktop Publishing. I was responsible for the General Office Administration in coordination with Head Office based in Paris. I also took care of Preparation of Production Projects in close coordination with our European Customers, HQ in Paris and Local Production Department, and ensuring Quality Control during the different stages of production and prior to final version being sent out to Customers. Once production projects completed and approved, I was also responsible for the Invoicing and Debtors Control still in coordination with Head Office in Paris.



Everyone you will ever meet knows something you don't.

- Bill Nye



The more you learn, the more you earn.

- Warren Buffett

DATA CABINET REHABILITATION WORKS



BEFORE



BEFORE



AFTER



**FIBRE
FUSION SPLICING
WORKS**



**PTP
WIRELESS LINK
WORKS**

**NETWORK AND
SWITCHING
WORKS**



**IP SURVEILLANCE
& CCTV
INSTALLATION
WORKS**



**WIFI APs
WORKS**



**FIBER PULLING
WORKS**

STRUCTURED DATA CABLING WORKS





MEN
OF THE YEAR

Appreciation • Recognition • Motivation

2019

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN

MEN
OF THE YEAR

LIFETIME ACHIEVEMENT

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR



RAMESSURNAUTH BHEEMUL

Lifetime Achievement

Politics, Legal Affairs, Public Services & Good Governance

Man does not live by bread alone, but by the divine sparks of learning in this world that enliven the soul. From my personal experience, I can describe this wonderful person as a very sincere, hardworking, a very time conscious and a never give up attitude. Born on 20 July 1945, Mr. Ramessurnauth Bheemul joined CEB on 11 June 1968 after completing his secondary studies. He retired on 20 July 2010.

Starting from bottom of the ladder, he toiled until finally reaching the post of Chief Technician. He was not only a good employee, having been even awarded 'Best Employee' at the CEB, but most importantly he was an amazing, systematic and organized team leader. Very proactive, creative and having good problem-solving skills Mr. Bheemul was able to deliver more than what he promised. We can say that he is a role model to many.

Being a life member of *Hare Rama Hare Krishna* and still the founder member of Human Service Trust, he contributed to the betterment of the country as an executive member of the Mauritian Labour Party. For him, there are no shortcuts to success; in fact, the harder he worked, the more successful he became. He is someone who can communicate his story effectively and ask the right questions to people who can deliver the right answers.

His philosophy is to accept any change instead of being affected by it. This particular person is more excited about his journey. Doing one work at a time is his way to complete his tasks to the finest (no multitasking). His positive attitude allows him to persevere when things do not go his way.

Mr. Ramessurnauth Bheemul is also a generous giver. He knows the secret of a successful life - the more you give,

the more you receive and that at the right time, the doors will open to show the path to success. As a father he inculcated basic principles towards his children. He has taught each one of them to build their own confidence before they face the real side of the world in prior of becoming a better person. He has, till date, built an excellent network. He understands the importance of relationships. He wakes up every morning, excited, always on the urge

of experimenting new things. Being a nice person, he has a good control of emotions and he consciously put them in a resourceful state.

In brief, he accomplished things throughout his lifetime and words fall short to describe them. This year, he was awarded '**Life Time Achievement Award**' by Promising Indian Society at the Fashion Festival, Hennessy Park Hotel.



Work hard, be kind, and amazing things will happen.

- Conan O'Brien



Without hustle, talent will only carry you so far.

- Gary Vaynerchuk



Your purpose in life is to find your purpose and give your whole heart and soul to it.

- Buddha



Without ambition one starts nothing. Without work one finishes nothing. The prize will not be sent to you. You have to win it.

- Ralph Waldo Emerson



There are no secrets to success. It is the result of preparation, hard work, and learning from failure.

- Colin Powell



Choose a job you love and you will never have to work a day in your life.

- Confucius



PREETADUTHSING RAGHOONUNDUN

Lifetime Achievement
Charity, Voluntary & Humanitarian

Mr Preeyaduthsing Raghoonundun is a Gandhism, who believes in and propagates the Gandhian philosophy of peace and non-violence. He lives his life in realising Gandhi's principles of serving humanity. He is a scholarship winner of the year 1969s and attended the Royal College of Curepipe, where he excel as a brilliant student and at a very young age, he started his career in the secondary education sector and has been closely linked with the teaching and learning of students of the republic of Mauritius.

To fight for greater equality in the education sector, he formed part in the May 1975 student Movement in Mauritius and later on joined politics to better serve the nation and later nominated for Municipal election in the Mauritian Militant Movement party and was elected as a Municipal Councilor in the year 1993.

Mr Preeyaduthsing Raghoonundun had been an exemplary advocate for the local residents of Vacoas/Phoenix and had contributed enormously in the development of the town of Vacoas/ Phoenix. Community leadership was at

his heart to develop a vision for the local area, working collaboratively to improve services and quality of life for the citizens.

He left politics long time back, but continued to serve his community at his best. At the age of 62, he is now a business entrepreneur and is still giving back to his community as an active citizen whose works consist of giving a helping hand in several charitable projects. Since 2017, he is involved in the Prosper Senior Citizen Association and contributing his know how in organizing leisure activities for the senior citizen.

He is also helping in many charitable projects with the Women of Wonders Foundation in helping children in need across the island of Mauritius.

For him, tenderness and kindness are not sign of weakness and despair, but manifestation of strength and resolution. His motto in life is: the secret to living is giving.

Whatever skills, knowledge and wealth he has acquired and achieved, he believes in giving back to his community, whether it comes in the form of something small like being there for a family or friend in need or something massive like contributing financially to a worthwhile cause.

His Mission is to build up a peaceful, developed and sustained democratic society with harmony and respect and to encourage community to change their mindset to democratic values by empowering people's capacity through awareness campaign.

His Vision is a peaceful, developed and sustained democratic society full of harmony and respect.

HIS GOALS:

- Overall: To strengthen community capacity with democratic values by
- cultivating human resources knowledge,
 - empowering people to achieve leading roles and
 - fulfilling child rights through educational awareness campaign.



“Believe in yourself. You are braver than you think, more talented than you know, and capable of more than you imagine.”

- Roy T. Bennett, *The Light in the Heart*



SUMMER '19

New Collections

IN STORES

SHOP NOW

FROM MEASUREMENT

24
hours

TO FULL OUTFIT

BESPOKE
IN-HOUSE TAILORING
SINCE 1945

 **LEMON YELLOW**

Corporate Office: 210 9647 www.lemonyellowltd.com

info@lemonyellowltd.com   FOLLOW US

Wide Selection in Stores



SHOP NOW

 Beware of counterfeit - LY Products are sold only in  LEMON YELLOW stores

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN

MEN
OF THE YEAR

MEN SUPERACHIEVER

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR



ABDUL RAMAN MOHAMMAD SHAMEER

Men Superachiever
Fashion & Entertainment

Ever since childhood I was always different. When other kids dreamt of being doctors, lawyers, engineers, all I dreamt of was to be on a stage. I always saw myself as an Artist, an Entertainer. I knew I was destined to be a medium of change for those that grew up underestimating themselves. Because in life I was always the underdog myself. Someone saw my potential and honed my personality, polished me into becoming a diamond, the light of which only shines to show others their way to a glorious victory. I would only call myself successful if I've been able to touch hearts with kindness, influence lives by being an example of being able to achieve success even in adversity. Although I am 46 years old, I feel that I've only just begun and I am not even halfway there. My father who I lost when I was 19 was a role model for me because he worked tirelessly and selflessly only to be able to help those around him. The strength of his character, the blood and sweat he

invested in his work, the impact he had on all the lives he came across, he left this world with big shoes for me to fill in.

I was 16 years old when I started my modelling career whilst graduating from the reputed St. Joseph's College. Trained under the expertise of 3 then renowned modelling schools namely Saxophone Modelling and Grooming, Jacqueline Glazer School of Modelling and Grooming and Lamborghini Agency. After establishing my career as a model, I was signed up by Hugo Boss and Armand Basi in Spain. Appearing on French national TV, Match TV France for a special show featured on me on the lines of 'The Life of a Male Model' gave a simple boy like me the joy of appearing on TV. Collaborations with international brands like Diwan Saheb of India and local brands like UBP, Phoenix Beer, Lucozade, Hugo Boss, Airports of Mauritius Lounges among others taught me the values of professionalism. The success that these endorsements brought to my career helped me earn spots on Prime Time Shows on national TV MBC like ChatterBox, Beauty Queen etc.

I learnt how perseverance and selfless service can bring in a good night's sleep and having to go to bed with a clear conscience in my 22 years of ongoing career as a cabin crew with Air Mauritius which happened after 5 years of working with Mauritius Union Assurance. Air Mauritius accepted me with open arms and also gave me valuable lessons in working with a dynamic team not just as a cabin crew but also as a certified Internal Auditor.

Having gone through so many facets of life and work experiences, I decided to use these and help those that need the confidence and positivity not just to face life but also to excel in it. Which is why I give speeches at places like FlyMates among others to aspiring professionals of tomorrow on Grooming and Body Language and also Grooming of the Mind. Pageant Coaching is another avenue where I share my expertise with girls and boys, who with my training I transform into ladies and gentlemen so that they can represent our incredibly beautiful paradise island Mauritius to the best of their abilities.

The following are the National Pageants I have the pleasure of working with:

1. Miss Universe Mauritius
2. Miss Supranational Mauritius
3. Miss World Mauritius
4. Miss/Mr/Mrs India Worldwide Mauritius
5. Miss Asia Pacific Mauritius
6. Miss Global Mauritius
7. Miss Creole
8. Miss Tamil
9. Mrs World/Universe Mauritius
10. Miss/Mr University of Mauritius
11. Miss Grand Mauritius
12. Miss Scuba Mauritius

Among these national pageants, I have also trained the winners of most of these pageants to represent Mauritius in international pageants, as a result of which Mauritius has had some winners internationally, below mentioned are the international titles we managed to clinch:

1. Miss Supranational Africa 2018
2. Grand Ambassador of Man of the Universe 2019
3. Mr Continental Africa
4. Subtitle at Miss World University 2018

Having recently completed a milestone of 30 years of my career as a model spanning over 2000 shows, I fondly recall the shows that I walked in Reunion Island and Mauritius representing the Art Academy by Sanedhip Bhimjee, Haseena Modelling Agency, Lamborghini Modelling Agency, Heat and Lookmen Agency for many years. Also the event management company that I started named Scene Stealers managed entirely by myself which has successfully produced several shows in Mauritius at elite venues such as Swami Vivekananda where I brought in international models and international titleholders like Mr World, Miss Asia Pacific International, Miss/Mr India and some popular Bollywood stars. In addition to the international technical staff as award winning make up artists, hairstylists, choreographers, hosts etc also provided local models for top notch Bollywood films like Garam Masala among others in its 15 years of existence as a company.

It is a great learning experience to not just be a model, trainer, grooming specialist, choreographer, motivator, yet I always longed to add more feathers in my cap. Therefore when organisations like Miss World Mauritius, Mr/Miss/Mrs India Worldwide, Miss University Africa, Miss Global and some other dance shows gave me an invitation to be sitting as one of the judges and some times as chief jury as well, I took this up with great enthusiasm and at the same time

using my keen eye for detail in being able to choose the most talented and hardworking candidates as winners. Success for me is only when I see the smile in my mother's eyes to give her hope in a better tomorrow. I am humbled to see how through all these experiences I have touched so many lives and this for me is priceless.

The greatest wealth is to live content with little.

- Plato

The future belongs to those who prepare for it today.

- Malcolm X

It always seems impossible until it's done.

- Nelson Mandela

Try not to become a man of success but rather to become a man of value.

- Albert Einstein

The weak can never forgive. Forgiveness is the attribute of the strong.

- Mahatma Gandhi

Turn your wounds into wisdom.

- Oprah Winfrey

Whatever you are, be a good one.

- Abraham Lincoln



ADJMAL HOUSSAYN SUNNOOMAN

Men Superachiever Business & Entrepreneurship

Being self-employed, I, Adjmal is the managing director of ADJ Deco, a company specialising in decorating all types of events. It can be wedding, engagements, parties and all kinds of event needing decorations. It has been 9 years since I am in this field and I can say I have learnt a lot from my Grandfather who had been in this domain in the past. It is very important to know how to handle wedding arrangements within a given budget and make sure that everything is done according to the client's wishes.

Weddings are big days for a couple and their relatives which is why they want that everything goes well. Innovation, creativity, uniqueness and eco-friendly are the key factors that I take into consideration when planning a new deco. Everyday is a new challenge for this work and I make my best to be able to satisfy my clients and to be up to their level of satisfaction. So far, my company provides bride and groom assistance in the organisation of their wedding starting to the decoration, planning, even concerning food menu. It all starts with discussing requirements and budgets, advising on budgets, services like photography and catering,

making sure costs stay within limits and being present on the day to coordinate the event.

This job has developed my event management skills, knowledge of wedding details and management, organisation, attention to details and being able to work under pressure. My day to day schedule is as follows:

- Worked with clients to formulate wedding concepts and themes from different regions of Mauritius
- Ensure that all material such as furniture, canopies, and supplies are available
- Ensure that there is a backup in case of inclement weather
- Arrange for flowers and other decorations and make sure that they are placed in a proper manner
- Prepared and sent proposals to clients and handled follow-up activities
- Ensured that every detail is coordinated on the day of the wedding
- Provided consultations to clients to determine the level of planning required and built a customized package to suit their individual needs
- Maintained a list of local vendors and venues and made recommendations to match the client's vision and budget
- Assisted clients throughout every stage of the process ensuring that all of the details were taken care of within a planned timeline
- Coordinated with local vendors and supervised day-of activities to ensure that all events ran smoothly
- Managed all advertising and promotional efforts including creating flyers and use of social media .
- Meeting of clients at my office or on site to better plan the deco.

Being the managing director has taught me how to be more professional and to be assertive in making sure each client 'event is a successful one. I always make sure my staff are up to my level and they work according to ADJ DECO's professionalism.

A maximum of 5 wedding per day requires proper planning whereby each of my staff are classified in specific teams to accomplish the work. Anytime it can happen that electricity is cut off or there is a shortage of electricity so my technician need to be always alert.



“Only those who attempt the absurd can achieve the impossible.”
- Albert Einstein



ANWAR SOHAWON

Men Superachiever
Business & Entrepreneurship

Anwar Sohawon is a highly qualified and proficient Chief Financial Officer & Corporate Entrepreneur, with over 22 years of experience across multiple industries. He presently resides in the United Arab Emirates and is working for a top-rated recognized corporation in the manufacturing industry.

Anwar's core competencies are Finance and Executive Management. He completed his tertiary education at Emile Woolf UK and obtained other professional qualifications from the London School of Economics, Harvard Business School and Wharton University. He is a Fellow member of the ACCA and holds an MBA from the Manchester Business School.

Anwar launched **Concept Sanitaire Limitee (CSL)**, a company specialized in the design and supply of luxury Sanitary wares, Brass wares & Accessories in Mauritius. Anwar came across **BAGNODESIGN**, a sophisticated bathroom specialist with breathtaking displays and revolutionary design concepts, and more importantly, an appealing phrase "**Expertly Crafted Bathrooms**". Whilst the visit was primarily for his personal needs, his flair for business start-ups clicked-in and 'Eureka': "**Why not, Mauritius!**"

Trusting his pioneer persona, in the days following his visit, Anwar established contact and initiated discussions with **BAGNODESIGN**. The Company boasted impressive prestigious project references with exceptional and custom-made bathroom solutions for high profile clients throughout the Middle East, Africa, Central Asia, Europe and the Indian Ocean.

Various ideas stemmed from that visit... To develop a business in an innovative way, Anwar resolved to combine both products and services in a harmonizing place that will leave a positive footprint, thus creating world-leading standards for sustainability, innovation, and delivery by individuals who are highly honored by what they do and who they are. Bringing such a luxury brand in a small country like Mauritius was bold; however, is it not the essence of entrepreneurship? Consequently, in August 2016, **BAGNODESIGN** was successfully introduced to Mauritius with an amazing team, advocating the brand to the Mauritian market.

Anwar's vision is "*to create a customer centric organisation, delivering high-quality products & services serving a "one-stop shop" for real estate & contracting businesses in the region and the Mauritian community at large whilst generating profits with integrity*". He embarked on his mission "*to revolutionize the perception of bathrooms by integrating the needs and demands of the market in the solutions on offer*". Aligning his vision and mission, an **Architectural and Design Centre** was also set up to showcase an exclusive showroom for architects, interior designers, developers and other clients who can experience products first hand, aiding their selection process.

Over the last 3 years, Anwar's leadership was key in directing his dedicated and passionate team in understanding market trends and service gaps and in responding to those gaps by providing value added and quality service to its customers and in building excellent reputation among key stakeholders. Anwar's objective is to create "**Relations before Transactions**", thus focusing on putting the customer first and building long-term relationships.

Whilst **BAGNODESIGN** is regarded as a luxury brand, it also provides quality and affordable solutions for tight budgets. Anwar has also attracted other prestigious brands, notably **DORNBRAUCHT, DYSON &** other partners into the CSL portfolio. Through the range of its products on offer and the quality of its services, Anwar was able to win major projects while being affordable and respecting the highest standards of service and lavishness.

Finally, Anwar takes this opportunity to thank his team at **Concept Sanitaire Limitee** and his family for their valuable support.

See you soon at the **BAGNODESIGN** showroom at Emerald Park Commercial Centre, Trianon for a personalized experience.



ARSHAD MOHAMMAD JOOMUN

Men Superachiever
Charity, Voluntary & Humanitarian

I am (Imaam) Mohammad Arshad Joomun, a social worker since 2003. I am the Founder-Leader of M-Kids Organization. I was always interested in social work since childhood but I never had the opportunity to help people due to lack of information in this domain. It all started when I noticed that some of my friends were falling victims of drugs and gambling. It then stroke my mind that why not instead of letting them go into the devil's path, we make use of our free time to help people. We started with 20 friends where we developed a capacity building programmes and every Sundays, we headed towards the beach for sport activities. Those activities helped our youth to manage their time more effectively. Our group grew up to 80 members.

I, Mr Joomun; am also a member of the Council of Religions since year 2013. This is because I have always been impartial towards one and all, irrespective of their religions and cultures. There was a time when at Colline Monneron, there was a racial war. I was the first Muslim priest who went there to calm down the issue. I always wanted the Mauritian citizens to stay as one nation; this is why I invest a lot into

bringing them together by promoting interfaith activities. One of the activities we do each year is distributing rose flowers and dates to all the passers-by.

People often tend to think that M-Kids organisation is a Muslim-based organisation where only the Muslims are helped, but it is not the case.

I; myself, fraternize with Buddhist priests, Christian priests and Hindu priests and so on.

I feel like as a Mauritian, I should help all Mauritian brothers and sisters who are in need. Our organisation tries its best to provide the basic necessities to the needy. It does not only stop in Mauritius, we extend our help to Rodrigues Island where each year we send boxes of clothes and food items. Education is one of the main priorities for us; this is why I help university students who are dealing with financial problems with enough to get a good year of studies.

What I do for this society is purely for humanity cause. Sympathy and empathy are two essential things in today's generation. We have a diversity of activities ongoing in M-Kids Organisation.

I would like to have a face to face session with the award committee members, so that I can give more details of the achievements of my organization and myself.

One of the primary visions of mine is to alleviate poverty in Mauritius. So many people in this country are living in a deplorable state and it is my duty to help my fellow brothers. I preview to continue helping those in need, by giving them basic living necessities such as food, clothes and other hygienic supplies.

Every Mauritian citizen facing social related problems comes to me and I try my best to help them. I will continue helping them in the future. I plan on expanding my organisation and taking new youngsters to instill in them the love of helping others and engaging in social work. I try my best to promote harmony in the society. Racism stands no place in today's world.

I can say if together we all give a helping hand in making the world a better place, Mauritius will have a better literacy rate, less crimes, less poverty and more employment.

From a handful of people, I plan to invite all the young hearts out there to join my organisation in order to make Mauritius a better tomorrow.



"The pessimist sees difficulty in every opportunity. The optimist sees opportunity in every difficulty."

– Winston Churchill



ATISH BAGOLAH

Men Superachiever
Business & Entrepreneurship

Born in Mauritius in a family where doing business is a myth, Atish has spread the Entrepreneurship vision as a legend in his veins like never before. After graduating in BSc (Hons) Biology, he began working as secondary school teacher until he swapped to become a top notch sales representative in his category in GlaxoSmithKline with awards:

- Cape Town: Best Respiratory Representative award in Southern Africa.
- IFAB award for Best Physical Performance in Johannesburg.

Later, he joined IBL as a Senior Marketing Executive and currently working as Lead Ethical Pharmaceutical Business in a wholesale and he is enrolled for MBA at Management College of South Africa via YKBS.

Aiming to have the best views in life, he started learning public speaking in 2011; reaching ACB level in Toastmaster with several accolades like Best Speaker, Best Evaluator and Best Table Topics Speaker. He accumulated many success trophies and awards like Award winning second runner up Public Speaker in 2016 with Toastmaster, and culminating as National Champion Public Speaking 2018 with Junior

Chamber International Mauritius.

His positive enthusiasm led him to start a speaking career Internationally as a philosophical and performance speaker. He has spoken in Universities like Curtin University Mauritius, Greenwich University Mauritius, MiddleSex University and YK Business School Mauritius as well as in several NGOs like Rotaract, Rotary, Incubators, AIESEC and recently he has been the official trainer and coach for Miss Universe Mauritius 2019 with the Estrella company; other corporates as well.

In 2015, after he became an Associate Certified Meta-Coach (ACMC) from the International Society of Neuro-Semantics, he created his training company, Metaspeaking in which he coached executives in Mauritius and abroad on level-up skill presentation; salesperson for Selling to Everybody and trained 1000+ participants in training of different segments: Speaking Signature, Design Your 90 Days, HypnoSales – sell like a Pro and Emotional intelligence.

Atish is a member of Junior Chamber International (JCI). He currently is the leader mentor in Mauritius and other territories for an International platform called MentorX, a place to build international mentors and mentees. He often speaks and train on Entrepreneurship, motivation and sales. Atish is a passionate Neuro-Linguistic Programming (NLP) Practitioner and a mystical apprentice Hypnotist from the American Hypnotist Association (AMA).

Social activities include:

1. Speaking to Young People and ex drug addict
2. Guest Speaker on Radio talking on Public Speaking
3. Coaching Couples/relationships
4. Life and sports coaching

International events:

Atish has delivered seminars in Madagascar and has had great opportunities to train people in Namibia, Zimbabwe, Botswana, Malawi and Mozambique and soon in Asian Countries like Vietnam and Bangkok.

National Level:

He has been a regular support for literary activities in collaboration with the Ministry of Youth and Sports by acting as judge for many elocution contests throughout the island in Mauritius. He has recently supported a national initiative with the Ministry of Youth and Sports to speak to young people on Emotional Intelligence.

Future plan:

Aside from aiming to become a better speaker and human each passing day, Atish has the vision to be a true serial entrepreneur on a global scale by putting in his circle, the right mind-set of the right people.



CHUNDOO MOHAMAD YAASSIN

Men Superachiever
Business & Entrepreneurship

Escorted by an amazingly inquisitive mind since childhood, always eager to learn and discover, my life has been without a doubt a scientific expedition accompanied by experiments and productive mistakes. Backed and supported by a concerned family including a perspective wonderful little brother, manners and discipline have been my tools to achieve exemplary relationship skills. Academic excellence shadowed my student life at every step and my certificates speak for themselves. With hard work and determination, I scored 6 Units at Cambridge SC Level and ranked 13th in Technical Side for Cambridge HSC as well as ranked 1st at National Level for Computing AS Level. Adapting my studies to life and not vice-versa, life exposure have been carved into my person and my inter-personal skills flourished, molding me into a versatile person. Parents with exceptional insights about future opportunities formed me into a well-balanced individual, mixing physical activities and educational challenges.

Before graduating with a BSc(Hons) Software Engineering from UOM, I was involved in an accident which impacted

my life and made me realize its importance. The following month the United Nation introduced 17 Sustainable Development Goals and I took this as a template for trying to make a difference in the world. Steve Jobs once said, “Because the ones who are crazy enough to think they can change the world, are the ones who do”, and I took this as a motivation to become a green entrepreneur and fulfil the UN’s SDGs with the innovative ideas I have in store.

Everything has a beginning and progress takes time. My ambitions and aspirations are to link beautiful minds and pure souls to the task of saving our dying planet. After analysis of the issues pertaining to the Mauritian Context, I came to the conclusion that one of the problems that I can bring an innovative solution to is the irresponsible consumption of water by car washes. The methodology of waterless car wash has been proven to be the green alternative with even better effect than normal car washes. In addition to being a new concept, I brought added value by implementing a mobile approach for convenience to clients. I stood up to the challenge of building a structure for operations and franchising. With this business model, potential jobs are created and a family with minds thinking alike is brought together.

During that time, I also decided to found my own family. I got married to the love of my life and she was beside me at times of ease and difficulty. One of these times of difficulty was the post traumatic pain I used to experience every night while sleeping due to the accident and we searched for a good quality pillow. We took the opportunity to introduce our own pillow brand: Dodo pillows, into the market with the competitive characteristic of being filled with 100% fiber, making it allergy free and dreamingly comfortable. We proved our product’s quality at SVICC during the “Salon du Destockage” and Bagatelle for the “Salon de la Maison, de l’habitat et du Jardin”. We will continue to bring innovative ideas to life, paving the way for a healthier planet as legacy for our future generations.

Being the father of a beautiful and joyful daughter of nearly 2 years of age, I have the heavy responsibility to balance my family life with the challenges of bringing money to the table. This is the reason why my most passionate hobby is to spend quality time with my family and make them happy. These are the 2 kinds of legacy I wish to leave behind and I attribute any success or praise to the creator.



“Entrepreneurs are great at dealing with uncertainty and also very good at minimizing risk. That’s the classic entrepreneur.”

– Mohnish Pabrai



CLERGY JOSEPH

Men Superachiever

Education, Training, Research & Consultancy

Clergy Joseph comes with a varied background namely the Nursing (State registered) in England as a Qualified Nurse with specialization in psychiatry.

He turns into a Businessman in the years 1981 in England starting Homes for elderly and in 1998, he founder Safe and Sound School, one of the first nursery and pre-primary school to use the Montessori Method of Teaching and to offer afterschool service and holiday school.

Being a man “of generosity and compassion”, Clergy Joseph has always been involved in social activities since 1998 as a member of Lions Club Port-Louis. He is the founder President of Lions Club Rivière Noire which was chartered in 2008.

As the Director of Safe and Sound Academy, Clergy Joseph is looked upon as a “Wise Mentor” who makes others realise that “the sky is the limit”. He believes in giving everybody a chance to shine within their parameters.



DEEPAK DALOOA

Men Superachiever
Business & Entrepreneurship



“Our reputation
is the proof.”

With our management philosophy, the DOOLOOA GROUP excels in all four of our core business domains: Real Estate & Construction; Home Decoration & Furnishing; Restaurant; Entertainment. Since its inception, our corporate group has gained a solid footing in each of the above field of operation. Drawing on its key entrepreneurial competencies and strong financial foundation, our Group is sustaining mid-term growth by executing three strategic drivers: consolidating our core activities, securing structural growth and expanding through penetration in targeted segments of the Mauritian market.

Through our integrated leadership approach, we strive to become an ever more sustainable company and maximize the positive impact we can have. Our stakeholders (employees and suppliers, investors, customers, governments and industries, consumers, and communities and the planet) are the ultimate beneficiaries of this effort.

Looking ahead, the DOOLOOA GROUP The Group will use all of its strength to maintain and increase its current performance and we will seize growth opportunities presented by changes in the business environment, and advance our business in accordance with our new Medium-Term Business Plan.

Deepak Doolooa

Founder/CEO



D DOOLOOA
GROUP OF COMPANIES

rdcl

 Luxzim

(QUEENSWOOD)

Kesar
Indian Restaurant

“The only way to do great work is to love what you do. If you haven’t found it yet, keep looking. Don’t settle.”
– Steve Jobs

“A clear vision, backed by definite plans, gives you a tremendous feeling of confidence and personal power.”
– Brian Tracy



DENIS DESIRE STEPHAN MOURGHEN

Promising Talent of The Year

Science, Technology & Innovation

Denis Desire Stephan Mourghen is the General Manager of RAW IT Services Ltd a new member of Taylor Smith Group.

Denis comes from a very modest family where he has always learned the hard way to succeed. He has an Essentials of Business Administration from the University of Cape Town, Diploma in Information Technology and an MBA Business Administration from Anglia Ruskin University.

Denis also comes with an impressive industry certification and hold the following accreditation: Certified Ethical Trainer (CEI), (CEH) Certified Ethical Hacker, Microsoft Certified Trainer (MCT), CCNA, VCP, MCSE, ESCA/LPT. He is also a member of the British Computer Society.

Denis is an experienced, passionate and a dedicated person but works most of the time behind the scene. He takes pride in providing the best support possible. As a General Manager now, his goals include: - empowering his staffs, develop new strategic plans to growing the company and make it successful, explore and introduce new technology trends and putting more effort in providing sustainable solution to organizations. He puts lots of efforts in empowering people first as the human factor is a major driver for change and innovation. In addition to his primary job functions, Denis has been recognized within the whole

group for his extraordinary commitment to his work.

Denis's passion for IT can be traced back to his first job as a trainer where he spent significant time working with students and corporates. To follow his passion, he specialized himself in developing IT projects, networks and infrastructures from initial conception to completion, and always maintaining the delivery of IT services and technology projects up-to-date on IT developments.

Denis has worked in the IT industry for more than 15 years, gaining experience in software, hardware, networking and security. A pioneer in the IT world, Denis is the newly appointed General Manager of RAW IT Services Ltd. He started his career as an IT Support Officer and System Administrator within the Taylor Smith Group, before moving to IT Manager within the same group. Driven by a mission of always being successful, Denis is best known for inspiring his staffs.

For most people, IT sector doesn't sound very interesting. For him, IT is a passion he has been chasing for years. This is what brought him to where he is in the position with RAW IT Services Ltd where he focused on what he does and how he does it. And he guesses you could say he is living the dream!

Last but not the least apart from IT, Denis dedicates his free time practicing martial arts – "The Traditional Jujitsu" where he is now proudly wears his Black Belt.

For him Titles does not mean anything until you do something good out of them.

"The man who has confidence in himself gains the confidence of others."

– Hasidic Proverb

"Creativity is intelligence having fun."

– Albert Einstein



DILESH SHARMA

Men Superachiever

Business & Entrepreneurship

Dilesh Sharma, 32 years old, is the founder of FOCUS EVENTS LTD which provides Audio-Visual & Event Management Services, and is also a Training Centre providing Photography and Videography Courses at Curepipe. At the very young age of 18 years old, Dilesh Sharma achieved The Gold Award for The Duke of Edinburgh International Award. After completing his secondary studies at John Kennedy College, Dilesh followed a Journalism Diploma and worked at a private radio station as a Radio Jockey and Journalist. His quest for photo and video brought him to Pune, India where Dilesh bags a Diploma in Creative Video Filming from Art Faculty of Symbiosis University. Dilesh is an active member of The Gold Award Holders Association and fulfilled the post of Secretary from 2013 to 2015. Participating at an international conference The Mosaic Of Peace in 2006 in Israel, Dilesh was awarded The Ambassador of Peace. As a cinematographer, Dilesh Sharma won an award from The Mauritius Film Development Corporation on July 2019 for his film - Aadha Pattharwa The Half Rock. Being an emerging micro company, Focus Events Ltd, under the leadership of Dilesh, was awarded Special Jury Award for SME Excellence Award 2019. Dilesh Sharma believes in youth and women empowerment for a better society of tomorrow.



GOVINDA CHINAPIEL

Men Superachiever

Education, Training, Research & Consultancy

Govindah Chinapiel is the Founder and Managing Director of Valdus. His career to date is made up of nearly 23 years in human resources management. He started his profession in South Africa and has been HR Director in Companies like Ceridian, Standard Bank, Bank One and South East Asian Bank. He has also been involved in national and international projects through the United Nations Development Programme and the World Youth Programme in Japan.

Govindah founded Valdus in the year 2010 with a vision to make the organizations in Mauritius get a proper structure for their businesses and their human resources leading them to succeed. He strived very

hard to achieve the organization's mission to enable its clients' growth through best HR practices. Today Valdus is made up of dedicated and experienced HR professional team and is now a pioneer in handling the HR Function Management and HR Consulting Services in the diverse field within it as well as Talent Acquisition (recruitment services) and Talent Transformation (Training / Coaching) services in Mauritius. We have handled HR Management projects with the modernized methods and best practices for our Local, National, Global Companies clients.

OUR STRATEGY

Valdus strongly believes in delivering quality. We have put in place robust processes to ensure quality with consistency in every assignment that we undertake. We exist as an organization to offer the right People Solutions at the right time and enable our clients to do better business every day. We build enduring relationships with our clients and candidates in a spirit of partnership and continuously seek insights through our work to deliver value. This approach empowers your people and enables your company to meet and exceed your business goals, as we commit

OUR VISION

“Enabling Human Resources”

OUR MISSION

We enable organizations to transform HR practices by providing effective solutions to manage people

OUR VALUES

Service with humility

Our practical and customized solutions for every HR need will assist the organization to get the maximum out of what they put in and help them to grow competitively. We analyze the organizational needs and accordingly design strategies and strive to achieve goals with respect to every design. For us, collaboration is the core of providing HR solutions through which our experts will work with our clients as a cohesive team.

OUR BUSINESS PARTNERS

We believe in talent management at work for helping the world to do business in the next century. We strongly believe and support the collaboration for organizations to sustain a business edge in the future. To our beliefs, we constantly make our undying spirit of collaborative ecosystem and partner with people who are like-minded and build synergies for a better world.

- Partnership for Growth
- Collaboration for Business Values
- Client value creation with complementing skills
- Open to build new partnerships

CLIENTS

We have both local and global presence in handling any specialized HR services. We came up with an advanced level of HR platform with unique HR solutions both for the companies. Our clients are spread over almost all areas in Mauritius and as well as in some foreign countries. All of our clients are from different fields and we have provided them a unique HR service.

TEAM

We are a pool of expertized HR professionals over more than 15 years of experience in this service. All our employees have adequate experience and specialization in handling a diverse range of HR services. We have come up with unique HR solutions for every HR challenge, whether it may be a lack of talent, high authority recruitment, handling of resources or performance management, etc. We have a high rate of client acceptance and appreciation for what we do and what we are and which is the result of our dedication towards work and our innovative way of providing HR solutions.

CUSTOMISED HR SOLUTIONS

We always follow a unique strategy that best suits the situation. There is no question in our service for which we can't provide a solution. Our team is well experienced in a diverse range of fields and we have worked on different scenarios to provide solutions for HR challenges. The field of human resources is one built around every organization's most important asset: its people. For many companies, undertaking the HR task can be incredibly daunting, particularly when they find out HR is more than simply signing payroll checks. With that said, every operation

needs some level of human resource management, but not all companies need the same level of human resource management.

Therein lies the difference. Just as each of your employees brings unique skills and individual characteristics to your company, your business has special needs as well. As such we recognize that no two businesses are alike — organizations operate under different cultures, communication styles, and of course, people. Because of these differences, we recognize that a customizable approach is the most effective solution for our clients. Our HR experts work collaboratively as a team for our clients, so instead of getting one top-notch professional, you get a whole team! Valdes unique approach is dedicated to learning about your business, and then designing a service package that is right for you.



“Practice Golden Rule Management in everything you do. Manage others the way you would like to be managed.”
- Brian Tracy



“Success is getting what you want, happiness is wanting what you get”
- W. P. Kinsella



“Failure is the condiment that gives success its flavor.”
- Truman Capote



“Leaders are anticipatory thinkers. They consider all consequences of their behaviors before they act.”
- Brian Tracy



“Happiness is when what you think, what you say, and what you do are in harmony.”
- Mahatma Gandhi



GURBAH HIMANSHU SHARMA

Men Superachiever

Beauty, Health & Quality of Life

A confident dental practitioner who can relate well to dental patients. Having a proven ability to ensure that dental practices in a surgery are continuously updated to provide first rate care to patients and their families. A zealous healthcare professional with a long track record of successfully diagnosing and treating patients. A dentist with a heart having conducted numerous dental camps around the island and giving his free dental services.

Education and Qualifications

Bachelor in Dental Surgery(BDS) with First Class Honours
Institution: Bhavnagar University
Year 2006-2011

Work experience

Royal Road, Bon Acceuil, Mauritius. October 2011- Present (8 years).

Achievements and Awards

- Finalist in Brain Trust Competition, June 2003, organised by Rotary Club of Port Louis, Mauritius.
- Winner in Elocution Contest organised in co-curricular activities, July 2003, in John Kennedy College.
- Winner in Elocution Contest at regional level in December 2003.
- Awarded Best Speaker in Debate Competition at regional level in December 2003.
- National Winner in Debate Competition, June 2004, organised by M.S.P.C.A, Mauritius.
- Winner in debate Competition organised by Ministry of Arts and Culture, July 2005.

Additional Knowledge and Skills

- Excellent oratory power and communication skills.
- Good organisational and time management skills.

Activities and Personal Interests

- Keen interest in badminton, football and reading.
- Enjoy socialising with people.
- Voluntarily help poor and needy people.

“Education is the basis of all achievements”, once I came across this quote when I was doing my school certificate and it got engraved in my mind for life. After university, I was always looking for new challenges and opportunities to upgrade my knowledge. We live in a competitive world and the sayings of Charles Darwin” survival of the fittest” rightly justify it. Dentistry is a wide science and not only extraction-filling as many people tends to describe dentists. Dentistry is now an integral part of forensic science and criminals are caught through dental marks. We have moved to dental implants over traditional dentures and mostly root canal treatment over extraction. I firmly believe that teeth is one asset that we get for free and we do not know its importance till we lose it.

In my clinic, I have been consulting patients with high end instruments so as to match the demands of the population. However, it is fundamental to educate the patients of the possibilities and treatment planning. Nevertheless I admit that Dentistry is costly at times but nothing is more important than your health. Dental health is part of general health so treasure your teeth till you can.

God gives you dentition twice in life, once as milk teeth and then permanent teeth and the third time you have to pay to the dentist to get them. Not because u get them for free you have to be harsh to them. Brush twice daily and enjoy good health.

Dr Gurbah Himanshu Sharma
Chirurgien Dentiste

au numéro 4 (Port-Louis Nord/Montagne Longue) par romantisme ou idéalisme révolutionnaires, diront ses camarades.

«C'est mon oncle paternel qui m'a initié à la politique à la fin des années 50 et durant les années 60. Mais c'est au MMM que j'ai tout appris. Le sens de la discipline, la rigueur et l'honnêteté intellectuelle. J'ai eu l'occasion de mieux connaître les gens, nos différentes cultures ancestrales, la Culture mauricienne, l'Histoire de Maurice, la solidarité régionale et internationale. Grâce au MMM, j'ai aussi eu l'occasion de m'insérer dans la mouvance culturelle de l'époque. J'ai été le co-fondateur du GROUP KILTIREL MORISYEN, une émanation du MMM. Je me souviens de ces grands concerts gratuits, et surtout de cette fête populaire à Port-Louis, en 1978, à la Place du Quai (présentement Port-Louis Waterfront), où devant des dizaines de milliers de personnes, Siven Chinien avait interprété pour la première fois un texte que j'avais écrit, intitulé ENN SEL LEPEP ENN SEL NASYON. Une véritable communion avec le peuple », se souvient le journaliste.

Habib Mosaheb est âgé de 73 ans. Il a fait ses études primaires à la Crève-Cœur Government School et à la Notre-Dame RCA ; et secondaires au Long Mountain College (Soondar Manrakhan) et au Bradley College de Montagne Longue qui a fermé ses portes il y a quelques années. « Une anecdote : au collège, alors que j'avais 13 ans, j'ai organisé et participé à ma première grève pour contester une décision administrative concernant la date des examens de fin d'année. À l'école catholique de Notre-Dame, j'ai eu l'opportunité de suivre des classes de catéchisme. En effet, pendant la classe de catéchisme animée par le curé du village, les non-catholiques faisaient du jardinage. Et comme j'avais des soucis de santé, je restais dans la salle de classe et suivais donc les cours de catéchisme. Au fait, c'est mon grand-père paternel qui a été mon premier Maître. Il m'a inculqué le sens de la justice et de l'équité ; le refus du communalisme et de l'intolérance ; la capacité d'accepter et de vénérer la différence. Un jour, quelqu'un à l'école a dit : « les païens au jardin ». Je suis allé demander à un aîné, qui était au collège, le sens de ce terme PAÏËN. Puis, j'ai tout raconté à mon grand-père. Il m'a répondu que je n'avais aucun souci à faire, car je n'étais pas païen ni idolâtre. Et m'a conseillé de continuer la classe de catéchisme. J'ai aussi appris à connaître les autres religions, en écoutant les discussions et explications de nos aînés et en lisant par la suite, le Bhagavat Gita, le Râmâyana et le Mahabharata. »

“*Respect is the key determinant of high-performance leadership. How much people respect you determines how well they perform.*”

- Brian Tracy

“*They say a person needs just three things to be truly happy in this world: someone to love, something to do, and something to hope for.*”

- Tom Bodett

“*Knowing yourself is the beginning of all wisdom.*”

- Aristotle

“*Be the change that you wish to see in the world.*”

- Mahatma Gandhi

“*Happiness is when what you think, what you say, and what you do are in harmony.*”

- Mahatma Gandhi

“*We are all in the gutter, but some of us are looking at the stars.*”

- Oscar Wilde, Lady Windermere's Fan

“*Yesterday is history, tomorrow is a mystery, today is a gift of God, which is why we call it the present.*”

- Bill Keane



HABIB MOSAHEB

Men Superachiever
Media & Communication

Depuis une quinzaine d'années, Habib Mosaheb anime des talkshows à la radio, notamment Cozé Do Mo Pep chaque dimanche sur Top FM. « J'aime bien cette émission. Cela me donne une idée de l'humeur de la population, même si une trentaine d'appels ne constituent pas un échantillon scientifique et représentatif...quoique bien repartis géographiquement. Mais ce que j'aime le plus, c'est cette interaction devenue au fil des années une relation affective entre les auditeurs/auditrices et l'animateur. Je n'ai jamais eu les yeux rivés sur les sondages. Je fais mon travail, et le reste ne compte pas. Je suis récompensé quand les gens m'arrêtent dans la rue, la foire, au supermarché et dans bien d'autres lieux, pour me saluer et m'encourager », dira Habib.

Habib Mosaheb a commencé sa carrière de journaliste en 1975 au quotidien LE MILITANT, organe de presse du MMM, avant de s'installer aux Seychelles avec son épouse, une enseignante. Il travaillera durant huit ans au quotidien trilingue (anglais, français et créole) Seychelles Nation, publié par le ministère de l'Information. Il collabore en

même temps à Radio Seychelles (une radio publique) et à l'Agence de presse seychelloise (SAP).

« C'est aux Seychelles que j'ai appris à connaître la radio, et à apprendre les techniques de base de la production et de l'écriture radiophoniques. Mon séjour dans cet archipel m'a surtout permis de connaître les gens de cultures, traditions et nationalités différentes. Des expats comme moi ! Une dizaine de nationalités vivent et travaillent sur Mahé (l'île principale de l'archipel, qui s'étend sur 150 km² --27 km de long par 8 de large). Forcément, on est amené à côtoyer ces expats pratiquement tous les jours et à tisser avec eux des relations durables. C'est aux Seychelles que j'ai eu l'occasion de découvrir la musique du monde, et à développer un intérêt profond pour ce qui se passe dans le monde. Car j'étais responsable de la rubrique World News/Nouvelles du monde au Seychelles Nation. Une belle aventure qui a duré huit ans. Et c'est à Mahé que sont nés mes deux fils ». À son retour à Maurice en 1988, Habib Mosaheb est recruté par le quotidien Le Mauricien et collabore en même temps à l'hebdomadaire WEEK-END. Il sera ensuite conseiller en communication durant une dizaine d'années au sein de plusieurs ministères (Travail, Tourisme et loisirs, Jeunesse et Sports), mais pas de manière continue. « Il faut souligner qu'au Tourisme, j'ai eu l'opportunité de travailler avec le département des Loisirs et de coorganiser les fameux ANOU ALLE, un week-end d'activités et de détente en famille. J'ai eu aussi la chance de m'occuper des relations avec la presse lors des Jeux des Iles 2003. Je dois dire qu'il est très difficile de travailler dans le service civil, en tant que contractuel et conseiller. Surtout de faire accepter des idées nouvelles, qui constituent souvent une rupture avec la façon traditionnelle et bien établie de travailler. Les gens se méfient généralement des conseillers contractuels, mais en même temps, ils savent que ces OUTSIDERS sont très proches du ministre. Et du coup, ils adoptent une certaine ambiguïté. Mais nous avons aussi rencontré et travaillé avec des gens très compétents qui commencent la seconde phase de leur journée après 16 heures, après les heures de fermeture de bureau. Une expérience très enrichissante », se souvient Habib Mosaheb.

Et à partir de 2005, Habib Mosaheb commence une nouvelle phase de sa carrière professionnelle quand il est embauché par Top FM Radio, comme journaliste/animateur. C'est ce qu'il continue de faire jusqu'à ce jour. Il a effectué une escale à Radio One (2009 --2016) avant de rentrer au bercail.

Habib Mosaheb a milité au MMM entre 1969/70 et 1980. Il a gravi les différents échelons pour occuper, même brièvement, le poste d'assistant secrétaire-général de ce parti. Aux législatives de 1976, il refuse une investiture



JEAN CLAUDE LE ROY

Men Superachiever
Media & Communication

The world belongs to the energetic.

- Ralph Waldo Emerson

What comes easy won't last. What lasts won't come easy.

- Unknown



JÉRÔME STÉPHANE APPAVOO

Men Superachiever
Business & Entrepreneurship

Jérôme Stéphane Appavoo, né le 25 février 1981 à Maurice, est un expert-comptable, chef d'entreprise et également fondateur de Holdem Group ayant 9 pôles d'activité et 20 filiales lancées en 2017 avec à ce jour un portefeuille d'actifs de plus de 2 milliards de roupies

ÉTUDE

Jérôme Appavoo a fait sa scolarité au Lycée de La Bourdonnais à Curepipe et obtient une bourse d'excellence en 1999 et se dirige en France pour des études supérieures à l'École Supérieure de Gestion « ESG ». Il entame une maîtrise à Paris et opte par la suite pour un Masters en Business Administration entre Paris et Boston aux États-Unis. Il obtient également un Masters en E-business à l'École supérieure de Génie informatique à Paris.

DISTINCTIONS

MBA en International Marketing
Maîtrise en E-business
Maîtrise en comptabilité et finance

PASSIONS & ACTIVITÉS

Jérôme Appavoo voue une réelle admiration et passion pour les activités sportives, l'athlétisme est sa discipline de prédilection, il excelle notamment en cours sur les parcours suivants: 100m et le 4x100m relais. Également amateur de berline luxueuse et de bolides de courses, il endosse la combinaison de course chez Ferrari en 2005 en tant que pilote d'essai à Roubaix en France. Sa passion ne s'arrête pas qu'au sport mécanique extrême il collectionne les voitures de luxe ainsi que les motos.

PARCOURS PROFESSIONNEL

En 2002, Jérôme Appavoo est stagiaire chez Price Water House Coopers en France, il gravit les échelons graduellement, il passe de stagiaire à auditeur sur le terrain pour finir en responsable d'audite. Il a pour responsabilité de gérer les comptes de grandes sociétés françaises réputées. De retour au pays après de longues études et de stages intensifs, il rejoint en 2006 HLB Appavoo, la société de son père Clensy Appavoo, directeur général d'Appavoo Group et membre fondateur et associé principal de HLB Appavoo & Associates.

Dans la société familiale, il travaille sur l'étude de projets et également sur la stratégie marketing de distributions de la viande de cerf et les palmistes Royal pour le Gouvernement de Maurice.

Il lance le logiciel « MERP » pour l'Employee Wellfair Fund qui dépend des ministères des finances de Maurice. En parallèle il crée un département qui offre des services de sous-traitance dans le domaine de la transcription médicale. Le chef d'entreprise participe en 2008 à un concours lancé par le National Computer Board « NCB » et remporte grâce à un système de do-motique nommé « DOMOTEC » le prix du « ICT Professional of the year ».

Il devient directeur financier en 2010 chez BPO Infinity Ltd et en 2012 l'entrepreneur aiguerie lance plusieurs centres d'appels notamment; Omega, Firstel, Maxicréa à Madagascar et Holdem BPO.

Cependant, durant ces années, Jérôme Appavoo travaille d'arrache-pied sur l'élaboration de Holdem qui en 2017 devient une entité juridique avec 9 pôles d'activité et 20 filiales actives.



LEKMANAND SHARMA DOORGAKANT

Men Superachiever
Charity, Voluntary & Humaitarian

My name is Avinash Sharma Doorgakant and I was born on the 8th September 1982. I became a firefighter at the age of 22. To be a firefighter, one needs not only bravery at facing horrifying scenes but also the detachment needed to act in problematic situations. There is this brilliant quote in the movie Schindler's List which I hold dear to me, "Whoever saves one life....saves the world entire." My duty comes first as I believe there is nothing more important than saving a life. I don't like sharing the different incidents in which I have intervned because I don't feel there is much glory in sharing stories which is impregnated with others' tragedy.

"We serve" is the motto of all Lions Club across the globe. I became a member of the Lions Club Curepipe in February 2015. As a firefighter, I serve the community by intervening in incidents. As a member of the Lions Club Curepipe, I had a wider outreach. Saving lives and serving the community is not only an additional responsibility for me but the very purpose of my existence. I was a very pro-active member when I joined the club in 2015. I was soon

handed the responsibility of presiding the Commission "Actions Communautaires et Culturelles" which takes care of mounting the majority of activities that cater for the community for two consecutive years, from July 2016-June 2018. I quickly understood how much our society is riddled with problems then; poverty, famine, homelessness, health issues, drug abuse, sexual abuse amongst others. When faced with such issues, I decided to help as much as I could whether through the club or at my own level.

In the year that I have been President, we mounted around 60 projects. In some months, we had as many as ten activities because I believed in reaching out as much as I could to help. One of the projects that I held to heart was a sensitisation campaign against child sexual abuse. Therefore, we organised, in collaboration with Pedostop, talks to sensitise the population to this sensitive issue. Our aim was to get people to realise the expanse of this issue and possibly find means to help victims as well as ensure the safety of their own children in the future. Another activity organised to celebrate Women's Day was a mini-seminar with the female members of our club as well as their relatives and friends, with its theme being the #MeToo Movement. We talked about how women face harassment at different levels and everyone shared their experiences and ideas as to how to go about remedying this evil.

I targeted in my year handicapped, abandoned children who had both mental as well as physical handicap. We worked in close collaboration with L'Association Pour Handicapes de Malherbes and Association Pour Jeunes Inadaptes de Curepipe (AJIC), mounting a book corner project. We designed and created a book corner that would encourage these youth who attended this day care centre to enjoy reading the adapted books provided as well as play the different games offered. Moreover, we started a project with APHDM to serve dinner a Friday night, once each month and this is an ongoing project. The objective was to ensure that the children who lived in that shelter were not only served a meal, but develop a bond with our members so they could feel valued and important as individuals as well. Another endeavour on our behalf to cater for children was the Creativity Workshop we collaborated on with Link to Life for their support programme for children who are patients of cancer. Hence, we organised a crafts workshop twice and catered for their lunch and entertainment for the usual programme.

As such, during the year that I have been President, we have conceptualised and given shape to numerous projects to serve the community in the manifold ways I felt we could be of help. I am now no more the President of the Club but I continue to be an active member of the Club, trying to find various ways that I can be of benefit to the community, whether it is via the Club or at an individual level.



MEHMOOD NUNKOO

Men Superachiever
Business & Entrepreneurship

Dr Mehmood Nunkoo is a professional para-psychology & Health Therapist, owning his own therapy centre in Mauritius since 1990. Mr Mehmood has been vested of a god gift power to cure people who are ill or suffering from incurable diseases. He has learnt it from his late father who was a Guru in psychic and spiritual field. Ever since then, Mr Mehmood has cured more than 300,000 people in Mauritius. Today, he is highly recognized in Mauritius for his psychic work to cure people of all communities. This includes a blend of his professional skills of yoga, acupressure and magnet therapy. Furthermore, Mr Mehmood has travelled more than 200 times abroad to cure his patients.

Moreover, he is also a professional Mathematics Educators, and holds a teaching license from PSSA. He reckons more than 16 years in the teaching sector. He has been the tutor of many students in Mauritius who were considered as the failures. He has moulded these rejected and failure children into bright academics. Today he is proud of seeing them doing high caliber jobs in either government or private sectors.

Mr Nunkoo has devoted more than 20 years to the

community service of the country. From his journey as an Active Citizen, this has made him achieve higher path in his social career as since the past 3 years, he forms part the Board of Directors of the Mahebourg Muslim Society. This NGO has given him the opportunity to actively participate in more Community Projects at both National and International Level. Along with his team, they provide charity funds to poor people, work towards the SDGs-sustainable development goals of the United Nations to alleviate poverty (sdg 1), stop famine (sdg 2), promote education system (sdg4), reducing inequalities (sdg10) and finally, to promote peace (sdg 17) among all the religion in the community. He has also joined hands with other NGOs of Mauritius like with JCI City Plus, for sponsorship of the project “I am differently Abled”, helping disabled kids go the extra miler, which was held on 20th of October 2018. Mr Nunkoo holds a big fight for women empowerment as he believes that the place of women is not in the feet of men but at their heart. He has as such along with his mother, helped battered women in the locality by guiding them to name & shame their domestic violence through the project of Stop Domestic violence. He also is a supporter of YALI Africa. Being a social worker, he serviced himself to giving the poor people of Mahebourg every month – for a maximum of Rs- 5000, out of his own cost food, basic necessities to the widowers, disabled kids, pensioners or those living in “Cite la chaux”.

He has not got any award through my life so far but the best awards people have given him, is when they are cured by his therapy and also upon seeing the poor people of Mahebourg thanking him for his generosity when they get the food and basic necessity which he provides to them. His motto in life is “*Stay simple, yet accomplish big things through high perseverance and hardwork towards myself and the community*”. He has learnt during this journey that to be “*a good human being*”, to always help without expectation and with all the heart, by remaining always humble whereby he can leave a legacy!

In year November 2018, Mr Nunkoo was given a very high international recognition – The Promising Indian African Awards for his devotion towards para-psychology and social activism work.

Dr. Mehmood Nunkoo is a god gifted multi-talented person. He is a para-psychologist and a dedicated business man with more than 30 years of solid experience in the quality health & service engineering sector. He is a yoga therapist, a magnet therapist and an acupressure expert since the past 20 years. He is an experienced Horse care and Stable Manager. He is the director of a health beauty parlor. He is also the director of a services engineering company. Moreover, he is simultaneously a Mathematics teacher. Moreover, he is simultaneously a Mathematics teacher.



MOUGAM PAREATUMBEE

Men Superachiever
Hospitality, Tourism & Culinary

Being a Chef in the International Hospitality and Culinary Industry for the past 40 years, Mougam Pareatumbée started at the lowest level in St Geran Hotel 1977 has now completed all the hierarchic levels achievable in a dream of a young Chef. A keen competitor himself, Mougam is the recipient of many gold, silver and bronze medals for his culinary prowess. Trained by Swiss teachers in Kenya Utalli College, from a Commis to Sous Chef and future Executive Chef.

MAURITIUS CHEF ASSOCIATION

Founder member and Secretary of Mauritius Chefs Association (1998 - 2010). Brought Mauritian cuisine to all continents – Canada, Hawaii, Africa, Australia, New Zealand, Japan, Korea, China, Singapore, India and all Asian countries. Created the Young Chefs challenge which is still running, hosted the WACS (World Association of Chefs societies) Asia Pacific Forum in Mauritius in 2003. Enable Mauritian chefs to participate in international culinary competitions in Australia, Japan and Singapore.

HOTEL CATERING TRAINING CENTRE LTD- created by Chef Mougam

FOR YOUTH AND BEGINNERS

Hotel Catering Training Centre Ltd was created to cater for academically weak youngsters, who were trained from scratch and today many of them are holding responsible positions like Executive Chefs in hotels in Mauritius and abroad.

FOR PROFESSIONALS IN THE INDUSTRY

Hotel Catering Training Centre Ltd flew in Professional International trainers to Mauritius for the following MQA

Approved courses :

- African foods - 2004
- Indian Food – 2006 - 2012
- Pan Asian - 2016
- Thai – 2007 and 2018
- SOUTH INDIAN CUISINE 2017
- Malaysian Nyonya Cuisine – 2019

Also worked on product development for IBL, Tuna Tropical, Australian Lamb, Frys products, Vache qui rit, Rimilda rice and Panzani.

- Famous for his weekly Television program and continuous appearances in local newspapers and his daily recipes on the famous national radio by his simplicity and availability to help people move forward.
- making people believe in themselves to succeed.

HEALTH AND FOOD

As Chef believes food is not only Taste and Presentation, but Health is the most important factor for food consumption. He started working and looking for the right Ayurvedic and Siddha doctor to find the right formula, attended several food and health conference in abroad until he met a unique doctor to explain in a practical way practical way:

- Why nutritious foods are not delicious?
- Why delicious foods are not healthy?
- What are the ingredients and combinations best for different body constitution?

Hence he puts aside 4 decades of culinary experience and now starts from scratch to learn about Delicious healthy food also called Healthy Astro Food, created by Dr. Madhu Kartheesh.

Chef Mougam is again a student and learning from this Great Doctor who is both a certified doctor and an initiated discipline of a great Guru T.S Renganathan specialised in pulse diagnosis.

Dr. Madhu is the only doctor I know so far who can diagnose your health issues, without patient mentioning a word, through pulse diagnosis.

What is food for if it's not for health? It is now possible to get people well with food, which I can conclude as objective achieved for a Chef.



NOORANEE ALLYBOCUS

Men Superachiever
Media & Communication

By the age of 18 years old, Nooranee Allybocus started his poultry farming business namely Nooranee Poultry Farm. By the year 1998, having only 10 chicks in his farm at the beginning, he quickly made it to 5000 in the year 2004 with much hard work, appetite for success, growth oriented mindset and resourcefulness. He surely knew it would be a hurdle but with his fearlessness, good judgment to identify viable business opportunity and figure out how it could be transformed into a high growth business model.

He persevered with an unyielding spirit and could foresee the high potentials of his business. He used his perspective power to dream and craft a vision that guided him through the rest of his entrepreneurial journey. He accumulated

much insightfulness and astuteness about his venture and developed his poultry business into a highly equipped poultry rearing.

In 2005, he saw another great opportunity which he did not let go of. He believed that he could build up his political career. At that time, being a firm supporter for the rights of low income and underprivileged people, he joined the PTR party and became the Executive Member of the PTR party. He is not necessarily the most articulate person in a public setting but he is still a very good communicator and very passionate about his vision. Good at connecting with people, he could easily build good rapport with them and find solutions to their problems.

In 2010, he was appointed Deputy Mayor whereby the following two years he occupied the post of Mayor of Municipal Council of Vacoas/Phoenix after being elected. During this period, he also followed a course on Foreign Studies from the Jiangxi College in China to widen his knowledge. He was also part of big projects in the locality such as the New Municipal Complex of Vacoas/Phoenix which has different facilities. He also contributed in creating gymnasiums and football grounds for the youth.

With the same perspective in his mind, he joined the MSM party in year 2018 when he observed that he no longer was in line with the previous party. Alongside, he has always been present for helping people and contributed a lot in the community such as organizing fundraising events.

Furthermore, he chose to diversify his business ventures after having served for 7 years in the Municipal Council. He launched his cleaning business namely Sparklean Ltd in 2013 with 3 employees. He even initiated another company name Elephant Security Ltd, dealing in the provision of security guards to both residential and commercial sites. Having had a grasp on these business opportunities, in 2016, he bought a sister company namely Optisense Ltd which dealt with installation of hi tech cameras. His current new venture is the wedding hall comprising of a highly ranked restaurant. According to Mr Allybocus his motto is perseverance commands success. He is all set to fuel his passion and foresee business ventures outside Mauritius. As said, he has already embarked on his project in Rodrigues where he is providing both cleaning and security guards services. Accordingly by the year 2019, he has made firm resolution through his journey, the total number of poultry rearing has already increased to 25 000. He also employs 250 staff offering outstanding services to all his clients.

Every time he gets to share his personal experience, he would always mention that he has seen life full of challenges. He considers that we have to face it, embrace it and celebrate it.



PRAVIN GOWTUM BANCHARAM

Men Superachiever
Hospitality, Tourism & Culinary

Pravin Bancharam is an International Master trainer, Certified Hospitality Educator, Certified Butler Trainer, facilitator, coach and consultant with a focus on Quality /learning and talent development, leadership and engagement, and management development. He has a solid experience in sharing his experience with highly successful local and International hotels across Mauritius, India, Seychelles, Cape Town/South Africa, Marrakech/Morocco, Australia and Malaysia. With a passion for helping people and organizations to learn, develop and achieve their strategic goals, Pravin has worked closely with senior management, HR and L&D teams in many 5-Star and luxury hotels and he has been one of the faculty of the Hotel School of Mauritius. He is a registered MQA trainer and shares his experience in at the Polytechnics Mauritius Limited and at the Flacq Leading hospitality and Tourism Training Centre.

He has shared his knowledge and training skills at the following properties (see below) and has also collaborated for 12 years with Taj Hotels Resorts & Palaces/International and won many awards, among the prestigious “The Leading Quality Assurance award from LHW ltd”.

- Royal Palm Hotel-Beachcomber
- Le Grand Gaube Hotel—Lux le Grand Gaube
- Berjaya Group of Hotels –Mauritius, Seychelles and Malaysia.
- Constance Group of Hotels (Le Prince Maurice as HRM, Belle Mare Plage Golf & resort, Lemuria resort of Praslin /Seychelles and Constance Hospitality Academy)
- Acajou resort of Praslin (Seychelles)
- Trained at the Luxury Taj Mahal Mumbai.Taj Mahal Delhi and Centre of Excellence Taj group of hotels.
- Ex- Taj Exotica resort & Spa Mauritius and Maradiva Villas resort & spa
- Sands Resort and Suites
- Intercontinental resort Mauritius, Balaclava
- Taj Cape Town/South Africa
- Vivanta by Taj, Rebak Island Langkawi/Malaysia
- Taj Palace Marrakech/Morocco
- Lindos Bar and Restaurant –Melbourne/Australia , etc... (18 hotels in total)

ACHIEVEMENTS 2018-2019

Have facilitated Training activities in many hotels in Mauritius and abroad. He is a moderator, assessor and visiting Auditor of Mauritius Examinations Syndicate for hotel courses.

Recently conducted Food and Beverage training and consultancy:

- Le Canonier Beachcomber
- Royal Kebab fast food
- Heritage Le Telfair, Bel Ombre
- Polytechnics Mauritius Ltd (now)
- Flacq Leading Hospitality and Tourism , etc...
- Wine tasting at Ambre, St-Geran, Trou aux Biches resort, Le Canonier , Four Seasons, The Oberoi, etc...
- Received the Bronze award from National Productivity and Quality Convention/NPCC in May 2019, after 2 months of operations, on the theme
- “ Developing People for a Better Tomorrow” in the category Small and medium Enterprises (SME)

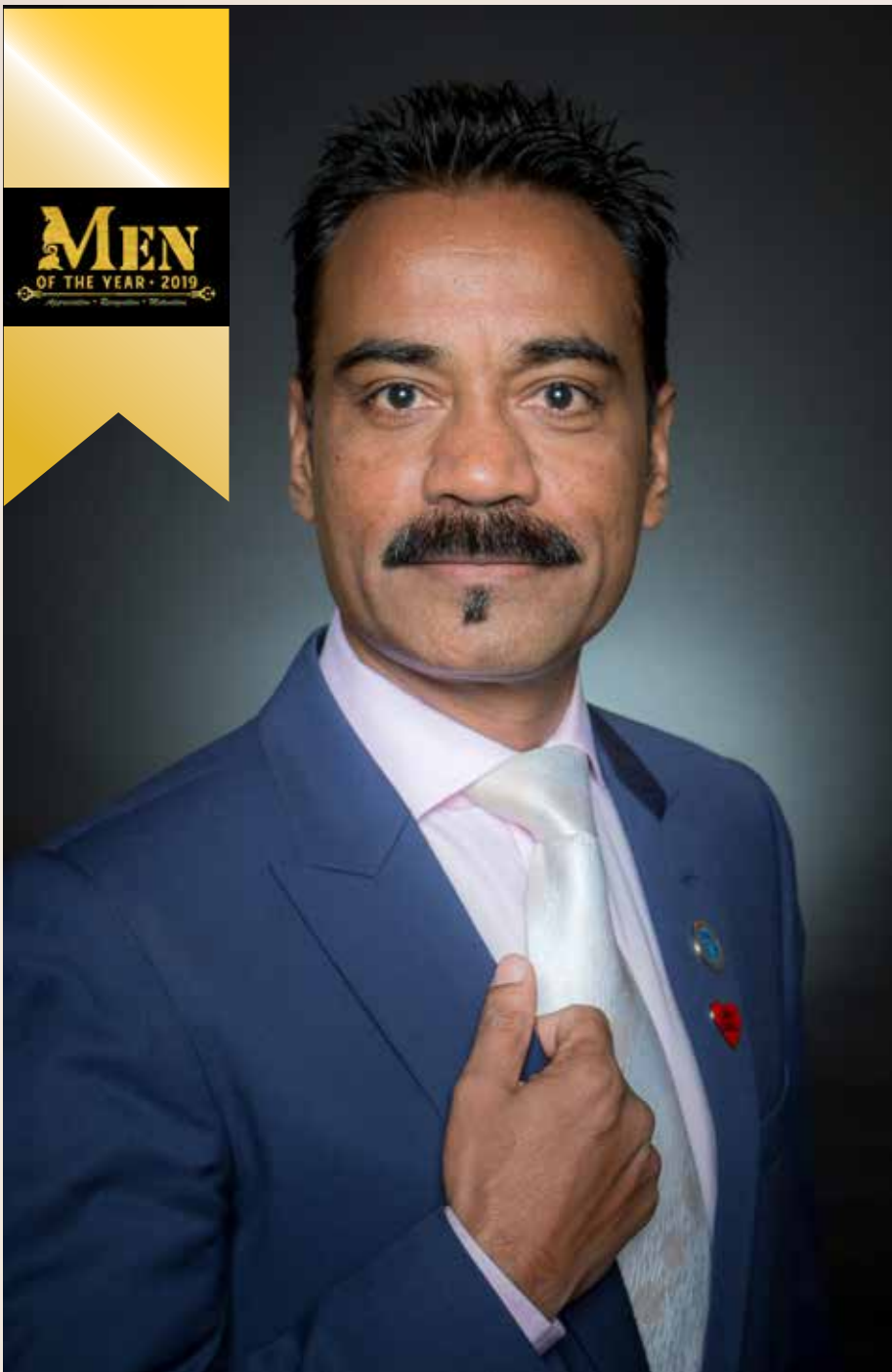
Received national coverage in L’express Business Magazine, Estpress , Le defimedia group.



“Develop an ‘Attitude of Gratitude’. Say thank you to everyone you meet for everything they do for you.”
 – Brian Tracy



“You are never too old to set another goal or to dream a new dream.”
 – C.S. Lewis



RAVIN SOUVENDRA PAPIAH

Men Superachiever
Business & Entrepreneurship

Ravin Souvendra Papiah started his life by being doomed by doctors of an early childhood death. Being born as a very weak child played into his favour whereby he was introduced to reading by a teacher while his friends were enjoying their recreational time outside the class, playing. He has defied the doctors and today, he stands as a father, reader, trainer, coach, public speaker, writer, politician and Influencer. He discovered that his purpose is to help others grow to their optimum self. Being an avid fan of personal growth and reading, he believes that it can transform a person and consequently, his life, thus he encourages others to do the same. He insists that every

person has the potential to become whom they want to become. The first step is to have faith in themselves and becoming more conscious of who they are now and who they can become. “When you are NOT aware, you are NOWHERE” has become the emblem of Ravin Papiah.

A 2-times Amazon No.1 Best Selling Author, Ravin Papiah is an Entrepreneur having achieved worldwide recognition with Forever Living Products. For 7 consecutive years, including 2019, he has been among the TOP 300 amongst 12 million Forever Business Owners in the world, racking up international Awards and Prizes as follows:

- 2011 – Qualified Leader Manager
- 2012 – Qualified Senior Manager, Eagle Manager, Chairman Bonus Manager
Won 3 World Rallies in Tunisia, Hawaii & Sardinia, Italy
- 2013 – Qualified Senior Eagle Manager, Chairman’s Bonus Manager, 100 Club, Car Plan
Won 2 World Rallies in London, UK and California, USA
- 2014 – Qualified Senior Eagle Manager, Chairman’s Bonus Manager, Car Plan
Won 2 World Rallies in Singapore, and Cancun, Mexico
- 2015 – Qualified Senior Eagle Manager, Chairman’s Bonus Manager, Car Plan
Won 2 World Rallies in South Africa, and Costa Navarino, Greece
- 2016 – Qualified Senior Eagle Manager, Chairman’s Bonus Manager, Car Plan
Won 2 World Rallies in Dubai, and Royal Caribbean Cruise to Monte Carlo, Rome & Barcelona
- 2017 – Qualified Senior Eagle Manager, Chairman’s Bonus Manager, Car Plan
Won 2 World Rallies in Dubai, and Phoenix, USA
- 2018 – Qualified Soaring Eagle Manager, Chairman’s Bonus Manager, Forever2Drive Level 2
Won 2 Rallies in Sweden and Dallas, USA

Recipient of 8 International Championships from World Book International and of the 2011-2012 Executive Professional of the Year Award, representing the Business Management

Industry, by Cambridge Who's Who, USA, Ravin Papiah, just completed his Master degree in Business administration (MBA - Leadership & Innovation) from Ducere Global Business School, Australia. He also holds a BSc (Hons) in Business Studies, an Advanced Certificate in Human Resource Management, a Diploma in Hotel Management from SHATEC, a Diploma in Management with specialisation in Marketing Management from the University of Mauritius, a Postgraduate Diploma in Marketing from the Chartered Institute of Marketing, and a Postgraduate Diploma in Training & Performance Management from the University of Leicester. He just graduated in 'Certificat de Formation au Management' from EMLYON Business School.

He is a Member of the Chartered Institute of Marketing (CIM, UK), a Member of the Institute of Directors (MloD, Mauritius), a Fellow of the Institute of Sales & Marketing Management (ISMM, UK) and a Fellow of the Chartered Management Institute, UK. He has been elevated to the rank of Chartered Marketer by the Chartered Institute of Marketing, UK. He has earned the Competent Communicator, Competent Leadership, Advanced Leadership Bronze and Advanced Communicator Bronze Awards, from Toastmasters International. Ravin has been the 2014-2015 President of Plateau Toastamsters Club, Mauritius

Ravin worked for 7 years in the Banking sector, and moved to Direct Selling within the Currimjee Group of Companies. As Divisional Sales Director, he earned several International Awards and recognition in personal selling, personal hiring and team management. He is the recipient of the coveted Superior Service Key from World Book International, USA, recognising outstanding achievements in the world of sales and sales management.

Ravin is currently an Executive Director, a Founder Partner and a Certified Coach, Speaker & Trainer of The John Maxwell Team, and a Corporate Trainer in Sales & Marketing, Leadership, Personal Growth, Customer Service and Customer Loyalty. He has conducted in-house training at various Corporate Bodies. He has founded the Maxwell Speakers Club International, Mauritius, and through this platform, he has encouraged and guided 25 Members to embark on the John Maxwell Certification program, bringing with him 17 of them to Orlando, USA in August 2019 to be certified as a JM Certified Coach, Trainer & Speaker.

Ravin Papiah is now Managing Director of the Mighty Champs Marketing Co. Ltd. and the Professional Leadership Centre Ltd.

Ravin has been the Best Speaker – National Champion at the National Toastmasters Convention in 2013, 2014 and 2015.

Ravin Papiah is grateful to each and every person who believed in him and who supported him by learning from him and growing themselves towards their greatest potential. Together with his new team of Influencers, he is aiming to lead the world to becoming a better place. They are starting at the source - with the children. They want to give free training in schools and start a new generation of Mauritians with an abundance mindset. That does not mean that it's too late for the elders. He believes that age is not a factor that would stop you from doing what you want. You just have to be open to it!

More information can be retrieved on his LinkedIn page, Facebook pages, and the following websites:

1. <http://www.johnmaxwellgroup.com/ravinsouvendrapapiah/>
2. <https://plcleadership.com>



I have no special talent. I am only passionately curious.
- Albert Einstein



Wisely, and slow. They stumble that run fast.
- William Shakespeare



If you judge people, you have no time to love them.
- Mother Teresa



All that we are is the result of what we have thought.
- Buddha



*The most courageous act is still to think for yourself.
Aloud.*
- Coco Chanel



SALEM AJMEER BAHADOOR

Men Superachiever

Business & Entrepreneurship

I am Salem Ajmeer Bahadoor and as the founder of Stone Art, I have the pleasure and privilege to share a few words with you.

I have introduced and developed the natural stone and timber business concept in Mauritius over the years and this enterprise has contributed to the economic growth of the country with innovative design concepts and architectural aesthetics for the market demand.

I am an energetic person who has developed a mature and responsible approach in the design and task that I undertake. Moreover, for any situation that I am challenged with, I always tackled it with a positive attitude and strive to achieve the highest standard possible.

I am also a creative, artistic and focussed on client needs with the ability to think outside the box and coming up with innovative ideas and designs.

I have continuously focussed on product innovation and designs through strong research and development by supporting clients, architects, interior designers and building contractors with their ever-growing needs for improved quality and consistency.

My vision is to keep our customers as our core partners and my mission is to fulfil their needs effectively.

My credit and recognition go to the unflinching support and untiring efforts of the dedicated staff members and work force of the company, as they have been the key factor behind holding high the flag of Stone Art.

Company profile

Stone Art was established in 2005 adopting a maximum flexibility approach in working with the customer, establishing a straightforward, personalized relationship that meet the requirements of diverse and highly ambitious projects. To ensure efficient and expert customer service, strong partnerships have been forged with the various stakeholders.

Based on a great passion for natural stones and timber, entrepreneurs dedicated to high quality works and precisions, we represent international companies and brand that offer exclusive and unique products to the market with very high quality of professional services in design and consultancy in managing of all phases of work.

Our timber adapts to extreme tropical conditions with a class 4 rating, offers weathering resistance, excellent mechanical properties, and great aesthetics. This product is used for constructions of timber-frame villas, pergolas, garages, decking etc requiring an impeccable finish.

Glamour definitely is the leitmotif of all our creations. Pioneer in natural stones distributions on the market

These are some of the features of our new creation, where imagination and natural energies blend into the solidity of natural stone and timber by means of exclusive design techniques.

THE IDENTITY

Our company is based on the key principles for quality of works, seriousness and professionalism, with due diligence for competences within human resources and the passion for the working of natural stones and timber.

Accurate and timely delivery for installation is one of our excellences, because we recognize how important punctuality is for the client, especially in major projects with particular deadline where customer requirements encounter design capability and the idea is then developed by a team of experts.

Starting from an initial concept, our company provides highly - performing solutions using evolved installation methods with technically advanced systems. Being able to handle any job flexibly has become an added advantage that has remained unchanged through the years and allows the company to supervise the entire process with care, skill and professionalism.

This operative line allows the company to answer to the needs of building contractors, planning offices, companies and private people.

OUR SERVICES INCLUDE:

- Natural stone cladding for interior and exterior walls.
- Customized water features and fish ponds.
- Timber works (Pergolas, floor decking, kiosk, gazebos, facades cladding, wooden huts and chalets).
- Wholesale and retail of structural timber, varnish and fittings
- Free site visit for estimate and 3D designs.
- Qualified and trained personnel with professional tools and state-of-the-art machinery.
- Warranty and after sales service.

REFERENCE

In over 15 years of business, our company is appreciated by professionals of the fields for the high quality of its materials and services in addition to our professionalism, advice and planning.

The constant search for technological innovation of products, state-of-the-art equipment, machinery and qualified human resources are our core strengths and are our stepping stone to make us your privileged partner in the successful delivery of important projects.



SATYAM JEEAWORK (RYAN TOP FM)

Men Superachiever
Media & Communication



SHAUN PAYEN

Men Superachiever

Education, Training, Research & Consultancy

This outstanding public speaker is an inspiration to the young generation. At the age of only 26, Shaun Payen, a legal professional, has achieved the level of Distinguished Toastmaster (DTM), the highest level achievable in the world of public speaking, the second youngest Mauritian to obtain this award and among the ten youngest in the southern hemisphere. Throughout his rich 11-year career as a public speaker, Shaun Payen DTM has won over 40 awards of best speaker, 20 awards of best impromptu speaker and 25 awards of best evaluator. In 2011, after being crowned national champion of the English Speaking Union Public Speaking Competition, he represented Mauritius at the International Public Speaking Competition in London, being the pride of his country both nationally and internationally. He has been the national champion of public speaking in 2013 in the humorous speech category and has recently been crowned best evaluator in Mauritius. In 2019 he was called upon to be the Master of Ceremony for the tenth edition of the Jeux des Iles de l'Océan Indien.

In January, after being awarded the title of Distinguished Toastmaster hence becoming the most decorated public

speaker in Mauritius, he decided to launch his own masterclasses on public speaking in a desire to share his decade long of expertise in the field of public speaking. He has 100 percent of positive reviews for his masterclasses after a full year. Shaun's candidates have noticed a metamorphosis in their communication skills by the end of their classes. Candidates from ranging from 18-75 years old, enrolling on this course enter as shy, introvert and nervous people lacking the confidence required to address a crowd. After 5 weeks, they are able to step out of their comfort zone, develop the confidence that gives them a cutting edge advantage compared to other people with the same qualifications as them.

Shaun believes that a lot of people may have fantastic degrees, mind-blowing qualifications and awards, but if one doesn't have the required communication skills to address, let alone move and inspire an audience, those qualifications do not serve much purpose. In January 2019, as Shaun embarked on his first year as an entrepreneur, his skills and competence were recognised and applauded to such an extent that his services were retained by CEOs of popular national banks as a personal coach to help in building confidence in business meetings and to be able to inspire a crowd. Shaun's services were also retained by a speaker for the world bank for an international conference in July. Besides the financial sector and despite having no particular political affiliations, Shaun's services were retained by various politicians for the general campaign, politicians coming from various political parties willing to enhance their public speaking skills in the 5-week masterclass.

Shaun Payen's dedication and his willingness to share his expertise has also taken an international scope. He was invited to deliver his masterclasses in Belgium at the Université Catholique de Louvain in Belgium in front of a cohort of PHD students for 4 consecutive days in March. In his international journey of 2019 he was also invited to Izmir, Turkey, at the IMSE Ismir Mutfak Sanatalari, Enstitüsü and in Bolu Turkey, to share his experience in the art of public speaking in April. Those international adventures have helped him to further his experience, broaden his expertise to enhance the quality of his masterclasses and is now considered as the master of his art in Mauritius.

Public speaking is the number one fear in the world, but with proper mentoring, one is able to overcome that fear very easily. In just a year, Shaun has awoken and unlocked the potential of a lot of high profile candidates and he prides himself of his awards and achievements obtained at such a young age, such that more experienced speakers have given him the trust to coach them on a personal level or by joining his Masterclasses. Shaun believes that everyone has a precious stone in his or her heart that only needs to be unleashed, chiselled and polished to be the gem that he or she wants to be.



SURAJ MAKOONA

Men Superachiever

Education, Training, Research & Consultancy

Suraj is an Alumni member of Bangalore University. He started his career as Engineer at Harel Mallac Technologies which is one of the top ranked IT Company on the island. In 2007, he moved to occupy a senior position at one of the fortune 500 company called Intelenet Global in Mauritius. Suraj then shifted to occupy a key position in one of the Financial offshore company called Superfund Asset Management in year 2010. In 2012, Suraj was called to occupy the position of Head of eLearning at one of the top training institution called Centosis. As part of his role he also look after the Business Development and headed the marketing and sales team at Centosis. Suraj brought renowned institution like Indian School of Business, RBL Group, South Africa Profile International and the Blue Ocean Strategist, Dr Robert Bong to deliver very high level seminars/workshops which have been attended by the high executives on the island. He has also acted as an independent consultant and business development manager of a training institution called Network and Security Consulting on the island. Now, Suraj is the Executive Director of Open Mind Consulting which is among the renowned Training Institutions in the country with unique affiliates such as ACI Financial Markets Association (ACIFMA), Prometric, Nextec and EduPristine.

“The future belongs to the competent. Get good, get better, be the best!”
– Brian Tracy

“For every reason it’s not possible, there are hundreds of people who have faced the same circumstances and succeeded.”
– Jack Canfield

“Things work out best for those who make the best of how things work out.”
– John Wooden

“I think goals should never be easy, they should force you to work, even if they are uncomfortable at the time.”
– Michael Phelps

“Today’s accomplishments were yesterday’s impossibilities.”
– Robert H. Schuller



YASHEEL AUKHOJEE

Men Superachiever
Beauty, Health & Quality of Life

Having grown up with elderlies in the family, Dr. Yasheel Aukhojee, 36, director of Médecin à domicile, brings his humility and kindness to the service of patients across the island. He is known for his philanthropy work specially for the old age people. His love for the public and his country, gives him that extra boost needed to improve the daily lives of others.

Dr. Yasheel Aukhojee, living at Ilot D'Épinay, comes from a family of three children; his brother Yashveer is a dentist also practicing in private while his sister Maneesha is a doctor in Public Sector.

Medicine for Aukhojee is a family affair. Dr Yasheel grew up among his cousins doctors. That's what inspired him to embrace this medical career. The doctor pays special tribute to his parents, Syamduth and Luxmi, who sacrificed a lot so that their children could achieve their goals in life.

'Having three children studying medicine around the same time was not easy financially for my parents. But that sacrifice bear the fruit today and I am grateful to my parents.' says Dr Aukhojee.

Dr. Aukhojee heads the company Médecin à domicile, which offers home-based 24 hour consultation and treatment across Mauritius to everyone. Also known as 'family doctors', they provide free care as well from time to time to the elderly and poor in society with Health days across the island.

"We care for our patients as our family members". That is the motto of our service. Having witnessed the positive change that we bring in someone's life with the 'service de proximité', we continuously work to improve and innovate even further.

Médecin à domicile company lead by Dr Aukhojee himself, have introduced early this year, an innovative health application (medecin.mu). This e-health app, allows one to store his medical records, update and monitor daily vitals like blood pressure, blood glucose etc and share it with doctors or family members.

The application has been the result of months of work and research. In Mauritius, there are so many people with chronic conditions (hypertension, diabetes, cholesterol etc) and need constant monitoring of health vitals so as to properly control and provide optimal treatment. Gone are the days, where medical dossiers are lost, or blood results cannot be found or writing vitals on a 'boute papier'. With this ground breaking app, everything has become so easy and effective. The cherry on the cake; the mobile app is available for free on Apple Store and Google Playstore.

Dr Aukhojee always give 200% in everything what he does. He is working on another innovative project, which will allow patients to connect to doctors from their phone itself (also know as the telemedicine), and it will be out early next year.

Dr. Aukhojee witnessed during the course of his career, many people in critical conditions where nothing can be done except bringing them some relief. That's what made him a more humble human being where he realised that nothing is more important than caring for others. This thought pushed him to do more and that is why he's aiming to build a clinic to better support the elderly and vulnerable and give them the care needed.

Dr. Aukhojee wanted to send a message to the youth, inviting them to create opportunities rather than to wait for one.

Personal thought:

Favourite quote : « *I want to be the pebble which will create the ripple of change* ». Best advise from parents : Ne Jamais baisser les bras, « *I can & I will* »



DURACO
sprayer

1000L

FREE

Rs8250

DURACO
sprayer

500L

Rs4995

DURACO
sprayer

780L

Rs6350

BM **QUINCAILLERIE**
BON MARCHÉ

CONTACT US

☎ 525 51799 • 5259 6047 • 6866198

☎ 58583474

📘 QBM

📍 Royal Road, Phoenix

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN

MEN
OF THE YEAR

PROMISING TALENT

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR



AKHIL TOOREE

Promising Talent

Fashion & Entertainment

Akhil Tooree's success impresses by his dazzling stamina, his hard work and his good humour... encounter!

Akhil Tooree's collections have the brightness of a stream of fresh water. They stand out in the lounges where fashion shows happen. There's no way to miss them. In fact, all eyes are on him. But his unwavering style is what makes him unique. Communicative, this style is above all appealing thanks to its joie de vivre. A kind of anti-bite medication, just like the one that triggers it. At only 25 years old, the Mauritian designer is a concentration of happiness. With him, anything is a reason for uniqueness and creativity.

Explosive outfits, rhinestones, sequins... From his first collection and the few following ones, we will naturally remember his perfectly crafted colour and pattern clashes that earned him the title of best designer at the Backstage Awards in 2018. Teacher at Dav College in Rose-belle, Akhil Tooree dedicates himself to fashion on a part-time basis. By applying his obsessions to dresses with very simple yet extravagant cuts from the very beginning, Akhil succeeded in tickling our retinas, but above all in making an impact on our minds. His name was quickly circulated among insiders before reaching the general public. Since then, his experiments have led him to focus on the work of cutting and proportions, introducing models and daring dark tones.

Entering Akhil Tooree's universe requires a little effort, as his exaggerated creativity is so striking in this era of minimalism. And yet, he quickly found his audience. To buy one of his creations is almost like investing in a work of art, to join a particular gang. With a Master's degree from the University of Mauritius in 2015 and recently graduated from a fashion design course, he has also worked on the collection of recycled materials and on the collection of top-of-the-line dresses. His main inspirations come from international designers. "I have had the opportunity to work with many people to represent Mauritius abroad. Some of them are Neeshi Beeharry, Beesika Bucktowar, Alissa Colas," he recounts. His latest collaboration is the fashion show with Sachin Sagar and El Mehsen, make-up artist at M.A.C Cosmetics as well as a fashion show at the Plaisance shopping centre as part of the Diwali festival. For him, hair and make-up are important elements to have a perfect picture. He remembers the difficulties encountered during his first year. "I didn't know how to sew properly. Throughout my journey, I have been working on my sewing technique," he says.

No doubt, the designer is indeed a young man of his time: always on the lookout for the latest trends. Every job is a challenge for him because the need to excel in this field is paramount. "Perfection in a job is the best service provided to clients," he says confidently. His best achievement so far is winning last year's Best Designer Award. This year, he was nominated in the Men of the Year 2019 category. "This year has been full of ups and downs, such as the great success of Hennessy Fashion Week and the loss of a best friend, Cindy Murdaymootoo,".

His vision for the future? Go even further and work tirelessly to make your dreams come true. Being part of an international fashion week is what he would really like to do. Through Newstyle magazine, Akhil hopes to progress towards greatness. "Newstyle is always there to help us bring Mauritius to a better hub".



ASHUTOSH KHEMRAZ

Promising Talent of the year
Fashion & Entertainment

I am Beemul Satyajeet Khemraz popularly known as Ashutosh Khemraz. Am a Graduate in Art and Design and Fine Arts.

Have been in the social work since I was 15 years old. Have always wanted to bring the change in the society and try to eradicate Poverty. Have Been organising various charity work in collaborations with various NGOs like JCI Jeunes Chambres International, Lions Club, Flame of Phoenix, I have been actively an executive member in many beauty pageants contests where I got the chance to do workshop with the participants and organise various activities.

After my graduation I joined an NGO called YUVA have been following their activities closely and always wanted to work with them one day and got that opportunity and when I joined YUVA I started as their Programme Coordinator and I handle the project Moral and Civic Education, where I give training in different colleges around the Island. I get to meet different age of students and from different backgrounds and teaching them moral values and civic education is very difficult. It was a challenge for me

as I believe: Only education can eradicate poverty and I applied that instead of doing charity I started educating the needy people through the NGO. I even give french remedial classes to weak students.

Meanwhile I am helping my mother in her business she is in the insurance field, am being a support to her to boost her business and make her rise as there are too many competitors.

ACHIEVEMENTS AND MILESTONES

Throughout my journey at YUVA I was chosen among a team of staff members where we had to travel to New Delhi, India to conducts meetings with various NGOs such as Smile Foundation, Haara Bhara India, Helpage India, IIT Delhi (Indian Institute of Technology Delhi, The British School New Delhi. This was my first work trip. It was a fruitful trip and this made me grow in terms of being a more responsible citizen and this change the mindset of seeing things and analysing things.

Assisted training on Leadership for Social change with Haara Bhara India members in New Delhi.

Besides I have organised and participated in many art exhibitions and have won many prizes regional and national and am working on a new theme for my next exhibition.

VISION AND FORECAST

My vision is to see more Youngsters involve in social works. This will change their mentality of thinking, there will be less greedy people and there will be sharing whether its food, clothes or education.

Educating the needy one instead of making them dependent on people, once they are educated, they will be able to get a respected job and will be able to run their house and will not need charity. They will lead a normal and a respectful life. This will also help them in having a guided life and this will give their life a meaning and will contribute to make our society more beautiful.

“As long as poverty, injustice and gross inequality exist in our world, none of us can truly rest.” — Nelson Mandela, Former President of South Africa

My forecast would be if I could make everyone apply this method of educating the beneficiaries and in a few years' time Mauritius will never face poverty again. For doing social work you do not need qualification and those who have still they can it is not something shameful to do infact those educated can use it as a weapon to make the needy one learns.



CHANDRA ASHVIN CHEEKHOORY

Promising Talent of The Year
Media & Communication

Having started my career as graphic designer and photojournalist in an advertising agency at a very young age, I gained raw field experience real quick of how professional work is done with methodology, discipline and passion.

At some point in life you need to take important decisions. Even if I was very young, I decided to build and create something for myself and the future of my family.

I come from a modest family with real passion for hard work, my father who is a business man in advertising, always worked 7 seven days a week, no sick, no leave, no excuses to give us the best life possible and he transmitted to me the same passion and philosophy of life. If you work hard, you play hard. There is no secret to success you have to work for it with no excuses.

At 18 years old only, I created C&C Graphics Co. Ltd. in 2011. I then decided to specialize in the sign making industry. Having no experience at the time i had a slow start and great difficulties. I learned the trade, studied the techniques

and machineries, keeping an eye on the competition, fierce competition in this field. I began to slowly make my place, with clients trusting me. We made signs for clients all around the country in different sectors whether it was restaurants, cloth shops, supermarkets, shopping malls, service sectors or offices.

I travelled to china, searching to introduce new technology and machinery to our production line, also looking for inspiration and experience from Chinese companies. I bought machines from all around china, north to south, making production of signs easier, making signs more beautiful, professional looking and more affordable for the Mauritian market. At C&C Graphics we create only masterpieces.

Today, we have above 100 clients, both local and international. Our range of products and services has expanded from signs to interior & exterior decoration of shops, offices and restaurants. I like to have direct contact with my clients therefore establishing trust and confidence, even becoming friends with them.

I learned business on the rough, with field work and direct approach to problems and that is the best way to do business in my opinion. Everyday dealing with a huge amount of problems in all sorts and form, from employees, machines, production line issues... the list goes on. All companies face difficulties, all directors deal with problems, its how it is. I always say just focus on what's important, delivery the goods, make your clients happy and the rest will follow.

I take pride in what I do, with passion and dedication to create masterpieces everyday.

secondary school sector in our Republic. I am the first who joined in December 2017. Forming part of the pioneers who have set up this Division, I have put into my own experience of pedagogy through my teaching and learning experience acquired in private secondary schools, state secondary school and star school. I am currently officiating as Quality Assurance Officer, having as main focus the pedagogy used by secondary school Educators in the teaching and learning of the learners of the Republic of Mauritius.

When I look back at the past years, I cannot help mentioning my contribution to the ICAC on a voluntary basis by providing my assistance as and when needed with regards to Integrity Clubs, my presentation during the English Language Teachers' Conference, acting as Mentor for the finalists of the Pan African Youth Leadership Programme whom I accompanied in the US and my nomination as The Outstanding Young Person by JCI these past years.

I am honoured to be nominated for the 'Men of the year 2019' event and I would like to show my gratitude to the organizing committee for having taken my career and achievements into consideration.



We don't want to tell our dreams. We want to show them.

-Cristiano Ronaldo



Impossible is just a big word thrown around by small men who find it easier to live in the world they've been given than to explore the power they have to change it. Impossible is not a fact. It's an opinion. Impossible is not a declaration. It's a dare. Impossible is potential. Impossible is temporary. Impossible is nothing.

- Muhammad Ali



Learn to value yourself, which means: to fight for your happiness.

- Ayn Rand



Better a diamond with a flaw than a pebble without.

- Confucius



DEEPAK MAUNTHROOA

Promising Talent of the year
Education, Training, Research & Consultancy

I am 40, married, and father of a daughter. From kindergarten to today, the Education, Training, Research & Consultancy field has never left my eyesight: whether it was as a student, Educator or Quality Assurance Officer.

Following my graduation, I joined the teaching profession - a profession which gradually became a passion. From my first cohort of Upper 6 (now Grade 13) in a private secondary school, through my batch of Form 5 (now Grade 11) in a star college, to my last batch of Grade 9 in a state secondary school, my life as an Educator and a Form Teacher has been as passionate as ever and I am sure that those having worked with me during those 15 years will testify to this.

From the PSSA to the PSC, then back to the PSEA and after working with 6 different School Leaders, it has dawned upon me that an Educator is more of a versatile stakeholder than a static one. We are still termed as the sole repository of knowledge but this is not enough for the technological era we live in. The attention of our 'smart'

learners cannot be captured if we base ourselves on traditional ways of teaching. Learning takes place only if the interest is there and this has to be kindled by Educators. The basics of pedagogy are the same but the pedagogical strategies need to be adapted to learners. It is only in this way that learners can acquire better reading, writing and comprehension skills.

Teaching only for the sake of teaching is not effective and many philosophers have already propounded upon this. If we go according to Paulo Freire's 'Teachers as cultural workers: letters to those who dare teach', it will become clear that Educators need to go the further mile if they wish to really empower their learners. Completing the syllabus can be effected in more than one ways and it is up to Educators to make their lessons more interesting. I was able to move onto that 'further mile' through my exposure to various variables that came onto my path and which I grabbed as they came around.

I joined the English Speaking Union-Mauritius as a member, volunteered in its activities such as the National Spelling Bee Competition and Public Speaking Competition to finally being the Secretary today. I am currently the Vice President (Membership) of the Port Louis Toastmasters Club, pioneer Toastmasters Club of Mauritius. I was previously the Vice President (Education) of the Club. Being part of the first batch to be trained as Award Leaders and Adventurous Journey Assessors by the Ministry of Youth & Sports for the Duke of Edinburgh's International Award-Mauritius has been a privilege and a much coveted honour for me. The Award Programme was launched with 140 students in the college I was back in 2012 and with 80 students in the college where I was in 2016.

My involvement in such 'side' activities has enabled me to grow, both at personal level and for others. I was empowered and more in the know about how to integrate these to my teachings. My lessons integrated both the academic and extra curricular aspects; my aim was always to make my learners benefit from what I acquire.

I even had a brief spell in the union of secondary Educators which I embraced with the usual passion I put in my teaching. This was when I learnt that fighting for Educators or their rights was not a piece of cake as I used to think when I was an Educator. However, as I started gathering the ABCDs of the union sphere, I got an offer which changed my career path.

This journey began 2 years back with the setting up of the Quality Assurance Division for Private Secondary Schools, which coincided with the major reforms taking place in the



DEVESH SEE GOLAM

Promising Talent of The Year
Charity, Voluntary & Humaitarian

I completed my HSC at Floreal SSS in 2015. In the following year, I started ACCA studies at the London College of Accountancy where I completed level 1 (F1, F2 and F3) and level 2 (F4, F5 and F6).

In March 2016 I joined the Cancer Association of Mauritius, a NGO that works on educating and informing the public about healthier lifestyle with focus on cancer awareness campaigns. In CANMA I was actively involved in all its events through which I had the opportunity to work with many professionals and social workers. This was an opportunity for me to learn more about cancer and cancer related problems. My journey in CANMA also help me to gain knowledge and skills about administrative work and in my personal development.

In addition to the field of cancer, my experience in CANMA allowed me to participate in the organisation of Miss India Worldwide Mauritius. I was responsible of coordinating girls' activities, sponsorship and related administrative tasks. In April 2016 I was appointed as the event coordinator of two projects under the aegis of CANMA Association.

The first one was the Hope Gala Dinner, which had the objective to assign the title of Miss Humanity Hope. The next project was the Talent Night to designate the Miss talent. After the success of the two events, I was also part of the organising committee and as a sponsor of Mr. India Worldwide Mauritius. However, I had to leave CANMA in August 2016 because of my studies.

I left LCA to join the SSR Medical College, located at Belle Rive. Finally, I have started to feel that was achieving my goals in life and it was to become a doctor in the future. Nevertheless, my ambition to do social work was still alive. In October 2017, I joined another NGO called Zeness Exprime Toi (ZET), a NGO where all the members are youngsters between 18 and 30 years old. I joined the NGO as a simple member and prove them my competencies by using my contacts and help the NGO to find sponsors like IBL and Rogers. In less than three months, I was elected as vice treasurer and an executive member in the health commission of the NGO. Our commission had organised five health events.

In November, I worked as Helpdesk Operator at ATOL LTD. I was responsible to coordinate technical problems to respective departments. Two months later, I was promoted to Terminal Maintenance Operator. In this position, my duty was to lead the technicians and to tackle every technical problem.

In January 2019, I brought an international project called OCTO Project. This project is for the pre mature babies where crocheted octopuses were given to them. I started to conduct awareness campaign in social welfare centres, started to meet private hospitals and finally I met the ministry of health and quality of life, Dr Answar Husnoo, who accepted my project without hesitation to be a introduced in all public hospital. I was designated at Ambassador of the Octo Project and the first person to get this title in the Indian Ocean. My name and the name of the NGO also appeared in the list of the holding association called The Danish Octo Project and Mynomad Home.

Till now, the first step of the project has completed which included – to employ women for the production of the crocheted octopuses, deal with Ciel Group for raw material, negotiate with dry cleaning at Floreal, etc. Our first octos will be given to 5 premature babies in Welkins Hospital in October 2019 and distribution to all premature babies in all hospitals will be held on the 27 November 2019 as it the World Premature Day.



“You don’t have to be great to start, but you have to start to be great.”
 – Zig Ziglar

Ever since I was little, I've always wanted to stick out from the crowd. I wanted to pave my own path, one that would suit who I am, one that would allow me to perform my best. I am grateful to have two wonderful persons, my mom and dad who allow me to be who I am, not imposing anything on me.

As a young Entrepreneur, I take great pride in paying attention to details; I would say that, my main strengths are good leader and good negotiator. I am able to take the toughest decision when needed, always striving for perfection. We are the sole distributor of this brand in Mauritius and soon we will start exporting the product in Madagascar, Reunion and Rodrigues islands.

I believe that for one to be successful in whatever they wish to accomplish, hard work, dedication and appropriate conduct and ethic is really important.



Knowing is not enough; we must apply. Willing is not enough; we must do.

- Bruce Lee



Often it isn't the mountains ahead that wear you out, it's the little pebble in your shoe.

- Muhammad Ali



Truth is like the sun. You can shut it out for a time, but it ain't goin' away.

- Elvis Presley



Behind every successful person lies a pack of haters.

- Eminem



Stand for something or you will fall for anything. Today's mighty oak is yesterday's nut that held its ground.

- Rosa Parks

NARESH RUNGLALL

Promising Talent of The Year Business & Entrepreneurship

Naresh Singh Runglall

Interior Designer, Aquascaper ,
Designin Studio / Otantika Nature Aquarium



His unrelentless passion for rivers, forests and nature has driven him to exciting career path to showcase his talents as Aquascaper and Interior Designer.

Naresh has gained particular reputation for making Nature Aquariums, Brand ambassador of premium aquarium products and also known for Interior design and furniture making.

Born in 1991, in the small village of La flora, he was fond of nature and forest landscapes since early age. He would ride his bike to be at his favorite spot around river banks where he would relish in mud and guppies as his 'toys'. Gradually what fuelled his interest was the cultivation of aquatic plants.

Although he failed at the first few attempts, he persevered.

Through research he started perfecting it and made a passionate hobby.

In 2016 he completed his studies in Interior Design and graduated from Charles Telfair Institute, Naresh started as a freelance designer proposing services to his owns while also taking care of his aquarium clients. In 2017 he launched his own furniture workshop to service both design and furniture.



WABI-SABI

Influenced by his Master Takashi Amano, Naresh also practices the Japanese art form Wabi-Sabi and takes part in international contests. The dynamic sensations of rocks in rivers and sea and the balance of colours made with varieties of plants. He describes as "Crafting perfections with imperfections, understanding growth and decay. . ."

WORLD RANKING - from 1668TH , 330TH, 549TH and 531TH at the IAPLC International Aquatic Plant Layout Contest.

Being ranked 330th worldwide among 2637 participants and 64 countries has been his biggest achievement so far, on top of spearheading the contest in Mauritius among 4 participants.

He yearly prepares for IAPLC and proudly adds that: "this has turned into a culture and always aim to rank higher giving better exposure to the country."



Preparing for contest IAPLC 2017, ranked 549th

DESIGNIN STUDIO est: 2017

The debut of manufacturing in 2017. He expanded his services to propose not only Design but the build as well, that is realization of his designed products. First products were elementary furniture, demand quickly increased. He then convinced his younger brother to join him in business. Naresh takes care of the all design creations with the latest trend. The production responsibility is delegated to his brother.

Designin provides functional interior design solutions and elementary furniture.

- Tailored Residential design and complete refurbishment
- Doors , Kitchen Cabinets, Storage units
- Commercial projects; Restaurant, Shops & outlets, Booth designs
- Design Products

OTANTIKA NATURE AQUARIUM

ONA saw light in 2018 with the ultimate goal to bring nature-inside and regenerate the aquarium hobby! ONA excels in complete Nature Aquarium display installations in corporate offices , reception lobbies and residential areas and;

- Design and installations
- Supplies aquascaping products
- Professional Consultation of Nature Aquariums

ONA has its own and unique Aquarium Gallery and is gradually influencing many passionate hobbyist with the ultimate goal - learn from nature, create nature,.

Naresh is devoted for both activities although the priorities fluctuate from time to time. One service is to fulfill the highest expectation of his clients and the other of being closer to nature - he describes this as a certain balance of life.



ROHAN KHEMRAZ

Promising Talent of The Year
Beauty, Health & Quality of Life

BACKGROUND:

Family:

I come from a family of 4 persons. My mother works as Confidential Secretary in a parastatal body and my father is self-employed. My younger brother is currently undertaking his tertiary education in Computer Science. My family is very loving and caring.

Educational:

I studied at Sir Abdool Razack Mohamed State Secondary School; currently I am studying ACCA at the London College of Accountancy. I have just completed my ACCA level 2.

Professional:

Right after high school I joined my dad's company, working alongside learning the craft. I quickly learned and soon I started investigating new business opportunities, I noticed that there was a lack of natural health and beauty products

in Mauritius, I started doing some research and found a reliable organic herbal company in India. My father and I decided to visit the company in India. We were amazed by the quality of the products, all of them are naturally produced and certified organic; it was a must to start this herbal brand in Mauritius name "Vaadi Organics".

"Vaadi Organics" is involved in very strategic procurement of a huge selection of organic ingredients for its entire range of personal care, spa, massage and aromatherapy applications. Organic ingredients are carefully selected for their quality and properties in skin, hair and complete beauty treatments. The range of ingredients source include therapeutic essential oils, berry seed oils, and some oils from the tropical rainforests of the Amazon. Majority of the herbs used are sourced from organic farms in tropical and subtropical regions of India, some parts of USA, New Zealand among other countries. Vaadi Herbal products have received an overwhelming response from all the countries to which they are exported. Vaadi Organics is present in about 18 countries in the world.

With intensive marketing in Mauritius, the product soon gained success, people are enjoying it and we are receiving lots of positive feedback. I believe that natural product is the way to go. Our Motto is "Enhance your Beauty Naturally". Today we have 3 shops across Mauritius, 15-20 employees and an online store and we are quickly expanding. By next year, we are planning to open two more new shops across Mauritius to be near our customer. Our company in Mauritius would each year deduct a percentage from profit figures to provide food, clothing for orphanage to help those that are less fortunate. With persistent dedication and hard work anything is possible. This is an amazing experience as a young person.

HOBBIES:

I enjoy going to the gym, going on trips and outdoor activities with loved ones to relax and have some enjoyable moments.

I also enjoy giving back to the community and I am particularly passionate for helping people in need.

MY ASPIRATIONS:

We live in a world where people have very limited time for achieving their dreams, and if one is not making the right decision at the right time, he/she may give up on his/her opportunities, as such if you have a person to guide you through can be really helpful. I am very lucky to have my dad as my role model to guide me through. I always believed that an investment in you pays the best interest.



ZAHEER JOOSUB

Promising Talent of The Year
Fashion & Entertainment

Two of my great passions in life are travel and photography. Through my photography, I seek to document my own personal experiences, to capture scenes and events as I see them and to share with others the beauty and diversity of the world I've seen. Born in 1989, I became fascinated with photography at an early age and this led to my first camera purchase in 2011. This eventually progressed to my better understanding of the photography world and all its different fields, Being a child of fashion boutique owners, I

became more attracted to fashion photography. But, Gradually after some time, my passion faded and I went back to college to study Information Technology and Management. Being a graduate, I started focusing more on the family business but unfortunately, all stories have an end, and with the incoming worldwide recession, we had to shut down all business activities.

Going through the dark unemployed phase, I finally rode my luck with a cruise photography job that came out of nowhere. After impressing my interviewer, I found myself on a plane, in 2014, flying to new horizons. I was about to join the Royal Caribbean Cruise Company for a contract of 8 months. Hard at first, with the lack of family contact, I gradually started adapting to my new life ahead. Learning and developing all new skills, I eventually started recapturing my passion for photography, Meeting people of different cultural diversity, has enabled me to express myself more through social interactions and knowledge sharing. With the beauty of the ocean all around me and the constant travelling from country to country, on both of these. By the end of my contract, I was a fully trained photographer with the highest commendations and enough to start my own business back in Mauritius.

Back to my motherland, WIZARDZ was born, specializing in wedding and portrait photography. Now why wedding and portrait photography? It allows me to explore my creativity while documenting significant moments in my clients' lives. I describe my photography as honest, sincere and intimate. During my five years in business I have honed my aesthetic sensibilities and technical skills. Seeing my work being published in the leading fashion magazine of Mauritius, has been the pinnacle of my photographic career. At every shoot, I have learned something about love, something about life of something about relationships.

WOMEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

WOMEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

WOMEN
OF THE YEAR

MEN
OF THE YEAR

WOMEN
OF THE YEAR

MEN
OF THE YEAR

WOMEN
OF THE YEAR

MEN
OF THE YEAR

WOMEN
OF THE YEAR

MEN
OF THE YEAR

LISTING

WOMEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

WOMEN
OF THE YEAR

WOMEN
OF THE YEAR

WOMEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

WOMEN
OF THE YEAR

WOMEN
OF THE YEAR

WOMEN
OF THE YEAR

MEN
OF THE YEAR

MEN
OF THE YEAR

LISTING – WOMEN OF THE YEAR

LADY SAROJINI JUGNAUTH WOMAN OF SUBSTANCE

MOST DECORATED

1. **Adillah Budullah:** Promising Indian African Awards and CEO Global PAN African Awards Africa’s Most Influential Women in Business and Government.
2. **Norina Sookmoulla:** 50 Most Impactful Healthcare Leaders, Femina Award, Pharma Excellence Award, Leadership Award, Promising Indian African Award, Pan African Brand Ambassador award.
3. **Rani Balloo: Mumbai:** Women Super Achiever in Health by World Quality Congress & Awards and Promising Indian African Society
4. **Sameera Chattun-Koyratty:** CEO Global PAN African Awards Africa’s Most Influential Women in Business and Government, Women of Wonders from Panache International, Women Super Achiever by World Quality Congress & Awards.
5. **Shireen Motala:** Women of Wonders from Panache International, Promising Indian African Awards, Africa's Women Leaders by World HRD Congress and Awards
6. **Vanisha Rajaysur:** CEO Global PAN African Awards “Most Influential Women in Africa in Government and Private”, Promising Indian African Awards, Women of Wonders from Panache International, “Women Personality of the Year 2019 Award”, “Young HR Professional of the Year – HR Excellence awards” by the World HRD Congress , Most outstanding Member of JCI at African and Middle East
7. **Vashinee Bheemul:** IT Women of the Year 2019 by British Computer Society, Promising Indian African Awards, Africa's Women Leaders, Women Super Achiever in Technology and Innovation by World Quality Congress & Awards

WOMEN SUPERACHIEVER

1. Adila Budullah	2. Anishta Babooram
3. Anna Shaheen Toraub	4. Anooradha Pooran
5. Anoucheka Gangabissoon	6. Artee Beegoo Madhun
7. Charon Potie - Joseph	8. Doris Chitson
9. Harshani Mahadoo	10. Kritilata Ram
11. Lalita Anousha Purbho - Junggee	12. Manisha Dookhony
13. Meera Khundoo	14. Nirusha Routho
15. Nishta Jooty	16. Noemi Alphonse
17. Norina Sookmoulla	18. Priya Deelchand
19. Rani Balloo	20. Roilya Ranaivosoa
21. Sameera Koyratty - Chattun	22. Shammima Isac Patel
23. Shashi Sewurn	24. Shireen Motala
25. Uma Sooben	26. Vashinee Bheemul
27. Vanisha Rajaysur	28. Zahirah Radha
29. Zulaika Sunthbocus	

LISTING – WOMEN OF THE YEAR

MOST INFLUENTIAL WOMEN

HALL OF FAME

(selected twice among the Most Influential Women for last 3 years)

1. Abeenaaz Janally	2. Ameegah Paul
3. Amlabye Sreeniband	4. Gayeetree Ramchurn Samboo
5. Lubna Gungah	6. Manjusha Faugoo
7. Marie Violet Moothia	8. Mehzabeen Caramtali
9. Nishi Singh	10. Nusrat Malik Munir
11. Prabha Devi Mootia	12. Preety Bhurtun
13. Priya Debedeen	14. Saivani Tejasvini Samboo
15. Shahnaz Peerbaye	16. Shalini Lara Ramful
17. Soolekha Jepaul Raddhoa	18. Tania Diolle
19. Veronique Labonte	20. Vidula Rahiman
21. Yasheena Raghoonundun – Naojee	

MOST INFLUENTIAL WOMEN

OTHER SECTORS

Alexandrine Belle Etoile
 Allet Aurelie
 Anne Murielle Ravina
 Banharally Soraya
 Benazir Mungloo
 Christine Makair
 Christine-Laurent Veronique
 Davina Ramsaran Durgadoo
 Deepwantee Bumma
 Geeneesha Mohun Kapoor
 Jennifer Catherine Prosper
 Jyotee Derochoonee
 Kalindi Jundoosing
 Kavita Ramchand
 Kobashini Pillay
 Kurslyne Seneque
 Lent Ketty
 Louis Estelle
 Maita Vellin
 Martine Fong
 Mashooda Cassim

Arts & Culture
 Sports & Image Ambassadors
 Sports & Image Ambassadors
 Business & Entrepreneurship
 Arts & Culture
 Fashion & Entertainment
 Arts & Culture
 Charity, Voluntary & Humanitarian
 Beauty, Health & Quality of Life
 Media & Communication
 Charity, Voluntary & Humanitarian
 Charity, Voluntary & Humanitarian
 Arts & Culture
 Business & Entrepreneurship
 Hospitality, Tourism & Culinary
 Business & Entrepreneurship
 Sports & Image Ambassadors
 Sports & Image Ambassadors
 Arts & Culture
 Media & Communication
 Fashion & Entertainment

LISTING - WOMEN OF THE YEAR

Melissa Chineegadoo	Arts & Culture
Meritess Jennyfer Beeharry	Business & Entrepreneurship
Moira Meo	Hospitality, Tourism & Culinary
Mokshda Pertaub	Politics, Legal Affairs, Public Services & Good Governance
Namlini Treebhoobun	Arts & Culture
Nasreen Asheek Banu	Arts & Culture
Natasha Beekoo	Agricultural & Environmental Developments
Neha Gunputh	Fashion & Entertainment
Noorie Teeluck	Sports & Image Ambassadors
Poonam Kalachand	Business & Entrepreneurship
Prasnee Poran Rampoorab	Business & Entrepreneurship
Prithee Ajoodha	Beauty, Health & Quality of Life
Priya Jeebaun	Hospitality, Tourism & Culinary
Prya Baummy-Rughoo	Business & Entrepreneurship
Roomila Roothoorodoo	Business & Entrepreneurship
Sabrina Patten	Media & Communication
Saiksha Samboo	Education, Training, Research & Consultancy
Shabnam Banon	Beauty, Health & Quality of Life
Sheinaz Joomun	Politics, Legal Affairs, Public Services & Good Governance
Shivagaami Lutchmanen Karupudayyan	Arts & Culture
Sunee Alison	Sports & Image Ambassadors
Telvave Ashley	Sports & Image Ambassadors
Urvashi Nullathemby Mauree	Charity, Voluntary & Humanitarian
Valaydon Shalinee	Sports & Image Ambassadors
Vanessa Mathews	Fashion & Entertainment
Veediasha Bekaroo	Beauty, Health & Quality of Life
Venisha Gooriah Jugnarain	Education, Training, Research & Consultancy
Yenusha Poligadu	Science, Technology & Innovation

CATEGORY: PROMISING TALENT

1. Anoosha Purlackee	2. Anuradha Hurree
3. Fakira Nabilah	4. Marie Glorine Maloupe - Luchoo
5. Nandini Tanya Lallmon	6. Niharika Hurree
7. Omeshna Rutty	8. Wendy Jugganadum
9. Yovanee Veerapen	

LISTING - MEN OF THE YEAR

LIFETIME ACHIEVEMENT

Preeyaduthsing Raghoonundun
Ramessurnauth Bheemul

Charity, Voluntary & Humanitarian
Politics, Legal Affairs, Public Services & Good Governance

MEN SUPERACHIEVER

Govinda Chinapiel
Abdul Raman Mohammad Shameer
Adjmal Houssayn Sunnooman
Ancharaz Preetam
Anwar Sohawon
Arshad Mohammad Joomun
Atish Bagolah
Chundoo Mohamad Yaassin
Clergy Joseph
Deeyeshsing Doolooa
Denis Desire Stephan Mourghen
Dilesh Sharma
Gurbah Himanshu Sharma
Habib Mosaheb
Jérôme Stéphane Appavoo
Lekmanand Sharma Doorgakant
Mehmood Nunkoo
Mougam Pareatumbee
Nooranee Allybocus
Pravin Gowtum Bancharam
Ravin Souvendra Papiiah
Salem Ajmeer Bahadoor
Shaun Payen
Suraj Makoona
Yasheel Aukhojee

Education, Training, Research & Consultancy
Fashion & Entertainment
Business & Entrepreneurship
Beauty, Health & Quality of Life
Business & Entrepreneurship
Charity, Voluntary & Humanitarian
Business & Entrepreneurship
Business & Entrepreneurship
Education, Training, Research & Consultancy
Business & Entrepreneurship
Science, Technology & Innovation
Business & Entrepreneurship
Beauty, Health & Quality of Life
Media & Communication
Business & Entrepreneurship
Charity, Voluntary & Humanitarian
Business & Entrepreneurship
Hospitality, Tourism & Culinary
Media & Communication
Education, Training, Research & Consultancy
Business & Entrepreneurship
Business & Entrepreneurship
Education, Training, Research & Consultancy
Education, Training, Research & Consultancy
Beauty, Health & Quality of Life

PROMISING TALENT

Akhil Tooree
Ashutosh Khemraz
Chandra Ashvin Cheekhoory
Deepak Maunthrooa
Devesh Seegolam
Rohan Khemraz
Zaheer Joosub

Fashion & Entertainment
Fashion & Entertainment
Media & Communication
Education, Training, Research & Consultancy
Charity, Voluntary & Humanitarian
Beauty, Health & Quality Of Life
Fashion & Entertainment



Train2Gain

MARKETING • ADVERTISING • DESIGN
SIGNAGE & PRINTING

Digital

- Email marketing
- SMS Marketing
- Graphic Design
- Facebook Maintenance (include Boosters)
- Website Design
- Digital Screen Displays
- Photography
- Video & Sound Recording & Editing
- Radio Spots
- TV Spots

Printing

- Business Cards
- Flyers & Brochures
- Magazines
- Bookmarks
- T-Shirts, Caps...
- Cups
- Office Stationaries (Pens, USB Sticks...)
- Corporate Gifts

.. & more



Large Format

- Billboard
- Bus Advert
- Signage (all types, including Luminous)
- Roll-Up Banner
- One way vision



Your Preferred
COMMUNICATION PARTNER



1 B, Ramnath Jeetah Trust Building, Suite 5, 3rd Floor,
Rue du Savoir,
Cyber-City, Ebène.

(230) 489 3202 • (230) 489 3612 • (230) 489 3581 • (230) 5967 4897 •
(230) 5842 1506 • (230) 5448 5080 • (230) 5719 5453

info@t2g-group.com • t2g.emarketing@gmail.com

Train 2 Gain Advertising

www.t2g-group.com