

Be honest and tell the truth

I'm learning to tell the difference between what is true and what isn't.



I may have an idea that something is **true** or that it's the **right** thing to do.

When I'm **honest**, I act the way I feel is **right** and **true**.

I can feel good about my choices.

I'm treating someone the way I want to be treated.



I can be **honest** with my words.

I can decide to always tell the **truth**.

I can look a person in the eye and **politely** say what I know.



I can find something **nice** to say.

I can decide how much to say and when to say it.

I can think about how the other person might **feel**.



Some things are private or meant to be a surprise.

I show **respect** for a person when I keep these things to myself.



I can **talk** to a grown-up I **trust** whenever I need help or I'm not sure what to do.



If I joke or pretend with someone, I can let the person know I'm just playing.

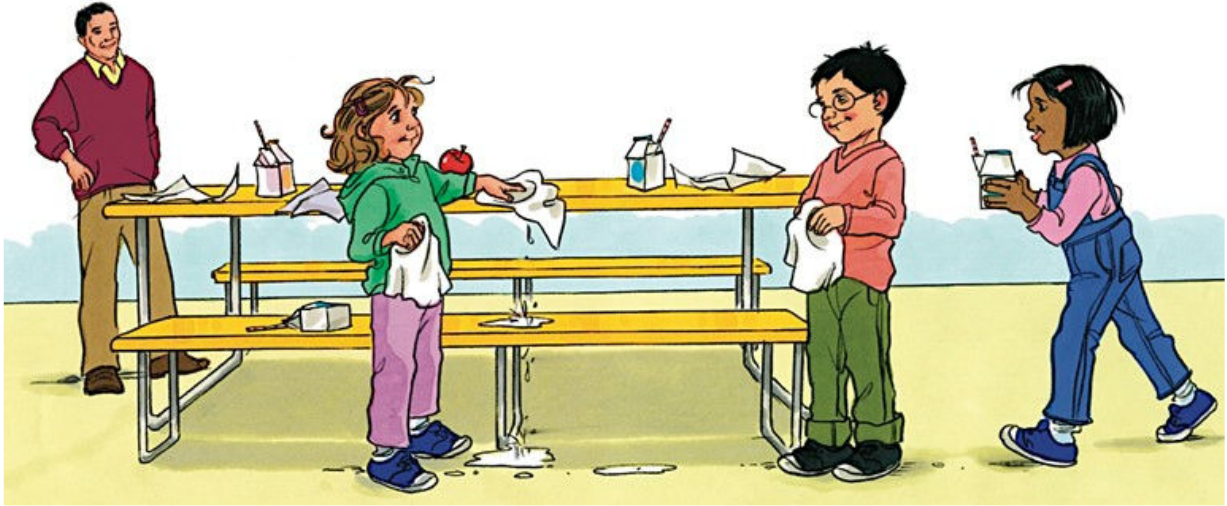
And I can **stop joking** if it **isn't fun** for everyone.



I can have courage and tell the **truth** when I make a mistake.

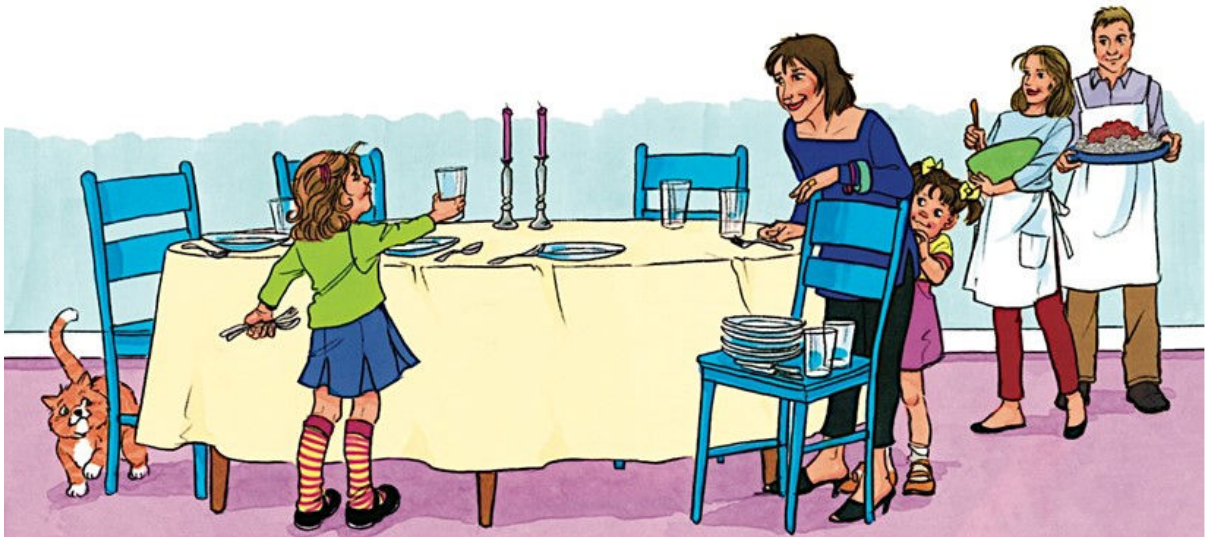
I won't blame someone else.

I might find a way to fix my mistake and make things better.



I can do my own work.

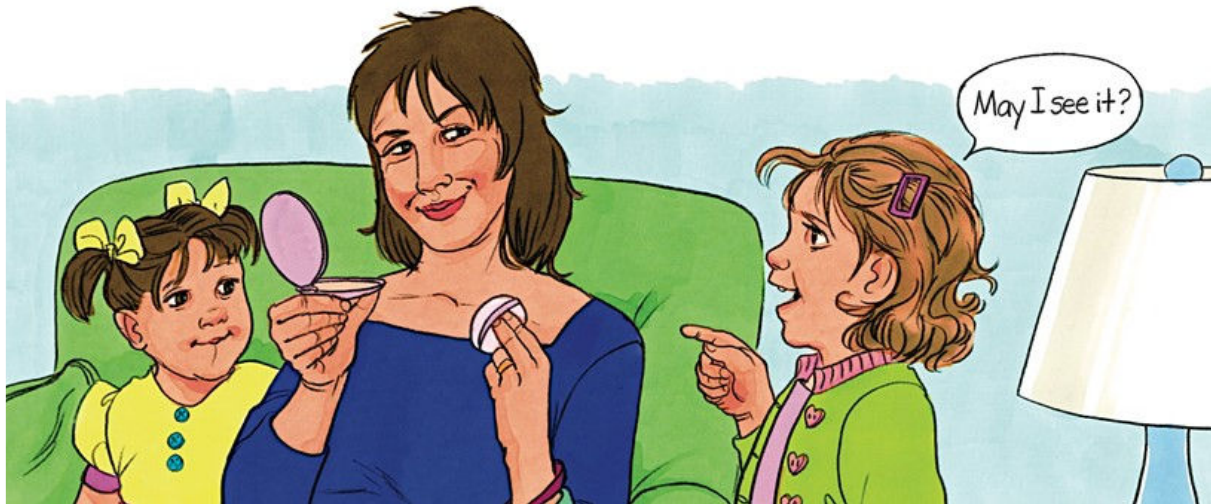
I can be **honest** even when no one else knows or sees.



I can keep my promises.

When I do what I say I will, I can make my words come **true**.

People can depend on me.



I can show **respect** for people and their things.

I won't touch something that isn't mine unless I get permission.

If I find something that doesn't belong to me, I can try to return it.

Being **honest** is worth more to me than having something that's not really mine.



I want to treat people **fairly** so that they can believe me and trust me.

When I'm **honest** and tell the **truth**, I feel good about myself.

I'm trying to be the **best** that I can be.



Be honest and tell the truth *teaches children about telling the truth and acting honestly even when tempted to be deceptive in order to avoid consequences. Honesty requires respect for oneself in others, personal responsibility and fairness to others. As they practice living honestly, children may develop character traits of courage, dependability and unselfishness.*

Cheri J. Meiners
Be Honest and Tell the Truth
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